**REQUIRED STUDENT HEALTH EXAMS**

Now is the time when parents of first-time students, along with those returning for 6th & 9th grades, should begin thinking about physical exams for their children in each of the public school districts in Effingham County: Altamont Unit 10, Beecher City Unit 20, Dieterich Unit 30, Effingham Unit 40 and Teutopolis Unit 50 and Sacred Heart and Altamont Inter-Parish School.

**Physical Exam**: All students entering Preschool, Kindergarten, 6th and 9th grade and any student new to the State of Illinois in any of the five public school districts in Effingham County will need physicals before the beginning of the new school year (contact your individual district for specific information). Sports physicals do not qualify for a school physical. Without proof, a child may be kept from attending classes.

**Immunizations**: Immunizations must be up to date.

Pre-K: up to date including HIB (haemophilus influenza B) & Hepatitis B and Pneumococcal Vaccine

Kindergarten: Dtap, Polio, two MMR, and two Varicella vaccines

Grade 6: Up to date including Tdap, two Varicella, Meningitis

Grade 9: Physical and Up-to-date Immunizations

Grade 12: Meningitis vaccine after age 16

**Dental Exam**: Dental exams are required for all students entering Kindergarten, 2nd 6th and 9th grades this fall.

**Vision Exam**: All Kindergarten students and any student enrolling for the first time must have a vision exam.

**Lead Screening**: A lead assessment is required for Preschool or Kindergarten students when they first enter school.

Any out-of-state students attending Illinois schools for the first time must have a physical examination and proof of up-to-date immunizations prior to enrolling.