

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

3

100% Mozzarella Cheese or  
Pepperoni Pizza  
Mac & Cheese  
Handmade  
Baked Chicken  
Chimichanga

4

Spaghetti w/Meat Sauce  
Wrapped Turkey  
Hot Dog  
Handmade  
Bean & Cheese  
Burrito

5

100% Mozzarella Cheese or  
Pepperoni Pizza  
Baked  
Chicken Nuggets  
Grilled Cheese  
Sandwich

6

Meatloaf w/  
Mashed Potatoes & Gravy  
Hot Cheese  
Breadsticks  
American Sub  
Sandwich

7

Spring Break

10

Spring Break

11

Spring Break

12

Spring Break

13

Spring Break

14

Spring Break

17

100% Mozzarella Cheese or  
Pepperoni Cheese  
Mac & Cheese  
Handmade  
Baked Chicken  
Chimichanga

18

Breakfast for Lunch  
Chicken  
Corn Dog

19

Crispy Chicken  
Sandwich  
Teriyaki Beef Dippers  
w/Rice  
Handmade  
Bean & Cheese  
Burrito

20

100% Mozzarella Cheese or  
Pepperoni Pizza  
Italian Pasta Bake  
Turkey & Cheddar  
Sandwich

21

Cheeseburger  
Pasta Alfredo  
w/ Chicken & Roll  
Peanut Butter & Jelly  
Sandwich

24

100% Mozzarella Cheese or  
Pepperoni Pizza  
Mac & Cheese  
Handmade  
Baked Chicken  
Chimichanga

25

Spaghetti w/ Meat Sauce  
Wrapped Turkey  
Hot Dog  
Handmade  
Bean & Cheese  
Burrito

26

100% Mozzarella Cheese or  
Pepperoni Pizza  
Baked  
Chicken Nuggets  
Grilled Cheese  
Sandwich

27

Meatloaf w/  
Mashed Potatoes & Gravy  
Hot Cheese  
Breadsticks  
American Sub  
Sandwich

28

Bean & Cheese  
Nachos  
Chicken Tenders w/Roll  
Peanut Butter & Jelly  
Sandwich

## Mathematics Awareness Month

April is Mathematics and Statistics Awareness Month. Since the start of Mathematics Awareness Week back in 1986, the aim has been to increase the level of interest in the study of mathematics and increase the level of public understanding and appreciation for the wide range of applications for mathematics in fields as diverse as manufacturing, business and medicine. However, sometimes we overlook a daily activity that can help students not only advance their math skills but also establish

life skills. That activity is cooking. Cooking with recipes engages reading skills, comprehension and math. Recipes might include fractions, measuring and portioning many of the basic skills students need to excel in math. Consider encouraging your child to select a few recipes he or she would like to make. Then, take some extra time to have fun and appreciate together the opportunity cooking brings to build a greater understanding and appreciation for mathematics.



Mathematics Awareness Month is a national effort to increase public understanding and appreciation of the role of mathematics in our lives.

[www.liftoffsplayground.com](http://www.liftoffsplayground.com)

## BREAKFAST

**MONDAY:** Pan Dulce or Pancake & Sausage Link

**TUESDAY:** Cinnamon Bun or Egg & Cheese Biscuit

**WEDNESDAY:** Muffin & String Cheese or French Toast Sticks

**THURSDAY:** Pizza or Flavored Sweet Bread

**FRIDAY:** Benefit Bar or Bagel w/Cream Cheese

Assorted Cereals Offered Daily Served w/ Graham Crackers, String Cheese or Seeds

We Offer a variety of milk with your meal

Adult Breakfast \$2.50 Adult Lunch \$4.25

### Fresh Pick Recipe

#### APPLE AND CARROT SAUTÉ

- 1 1/2 Tbsp olive oil
- 1/4 onion (small dice)
- 1/2 c celery (sliced thin)
- 2 c carrots (1" slices)
- 1 c plus 2 Tbsp water (added)
- 1 1/2 c apples (unpeeled & large dice)
- 1 Tbsp honey
- 2 Tbsp orange juice
- 1 Tbsp cornstarch
- salt and pepper to taste
- 2 Tbsp parsley (sliced)

1. Prepare ingredients as directed.
2. In medium sauté pan sauté onions and celery in the olive oil for 2 minutes until tender.
3. Add 1 C water and the carrots to the pan and simmer until carrots are crisp but tender.
4. Drain any remaining water. Add apples, honey and orange juice to the carrots and sauté for 5 minutes.
5. Combine the cornstarch with the remaining 2 T water and add to the pan.
6. Add salt and pepper to taste.
7. Bring to a medium boil and then simmer for 2 minutes. Garnish with parsley and serve.



Monday: Caesar Salad, Roasted Chickpeas & Carrots  
Tuesday: Mixed Garden Vegetables & Celery Sticks  
Wednesday: Carrots, Seasoned Corn & Green Beans  
Thursday: Mixed Garden Vegetables & Broccoli  
Friday: Caesar Salad, Kidney Beans & Carrots

Assorted Fresh & Canned Fruit offered with both Breakfast & Lunch!

Nutrition Information is available upon request.