

Parent/Guardian Information

Pre-meet Information:

Mondays notification will be sent via e-mail to let you know details about times of departure for away competitions, any schedule changing information, or special activities that will take place during events for the following week.

Post-meet Arrangements:

In the event your athlete will not be riding the game bus home from an athletic activity, please make sure you sign them off the student roster before you leave. The bus driver usually has the roster. If someone other than a parent/guardian is to take your student from the activity, please let the school know in writing prior to the activity.

If your student does ride the activity bus home from a competition, please have them call you when the bus leaves the activity or place the bus has stopped for a meal; and let you know about when the bus will arrive back at the school. This will help all involved get home sooner after an event.

Sportsmanship:

"Sporting activities are not life and death endeavors conducted for one group to show its supremacy over another. Interscholastic sports are for fun, character development, physical well being and to provide a vital part in a child's learning how to become a contributing member of society. As a result, participants, coaches and fans need to learn and indeed, demand that winning be handled with grace and humility; losing should be handled with dignity and with the respect given to an opponent who was ahead at the end of the contest. In interscholastic competition, both winning and losing should be a great learning experience."

--Paul Angelico, CHSAA Commissioner

(Please cut here and return bottom portion.)

Monday Updates~

Parent/Guardian Contact Information

Name _____ Name _____

E-mail _____ E-mail _____

Cell # _____ Cell # _____

Does this cell # receive e-mail? _____ Does this cell # receive e-mail? _____

Student Name _____

**If you need to add any other names and contact information, please write on the back.

WARNING TO STUDENTS AND PARENTS

SERIOUS, CATASTROPHIC AND PERHAPS FATAL INJURY MAY RESULT FROM ATHLETIC PARTICIPATION.

By its very nature, competitive athletics may put students in situations in which SERIOUS, CATASTROPHIC and perhaps, FATAL ACCIDENTS may occur.

Many forms of athletic competition result in violent physical contact among players, the use of equipment which may result in accidents, strenuous physical exertion, and numerous other exposures to risk of injury.

Students and parents must assess the risks involved in such participation and make their choice to participate in spite of those risks. No amount of instruction, precaution, or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choice of risk; athletic participation by high school students also may be inherently dangerous. The obligation of parents and students in making this choice to participate cannot be over-stated. There have been accidents resulting in death, paraplegia, quadriplegia, and other very serious permanent physical impairment as a result of athletic competition.

By granting permission for your student to participate in athletic competition, you, the parent or guardian, acknowledge that such risk exists.

By choosing to participate, you, the student, acknowledge that such risk exists.

Students will be instructed in proper techniques to be used in athletic competition and in the proper utilization of all equipment worn or used in practice and competition. Students must adhere to that instruction and utilization and must refrain from improper uses and techniques.

As previously stated, no amount of instruction, precaution, and supervision will totally eliminate all risk of serious, catastrophic, or even fatal injury.

If any of the foregoing is not completely understood, please contact your school principal for further information.

Instruction: Sign both copies, retain one for your records, and return the other to your school.

Student's Name _____ Sport(s) _____

This will acknowledge that we have read and understand the material contained in the NOTICE TO ATHLETES AND PARENTS OR GUARDIANS.

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Signed _____ Date _____
Parent or Guardian

Signed _____ Date _____
Student

Athletic Substance Abuse Contract

Revised 7/2020

The statement of code of ethics of the Colorado High School Activities Association (CHSAA) recognizes the important goal of promoting the physical, mental, emotional, moral, and social well-being of participants in sanctioned activities. The School District's Code of Ethics and Code of Conduct recognizes students who use alcohol, tobacco, and drugs jeopardize the morale, reputation, and success of teams and organizations. Students who participate in athletics and other sanctioned activities are highly visible school representatives who function as role models for other students.

The CHSAA Code of Ethics places a duty on activity participants, their parents and activity coaches and sponsors to ensure adherence to the prohibition of the use of chemicals, alcohol, steroids, tobacco and all mood-altering substances. Board of Education policy JICH prohibits the use of controlled substances by student-athletes. Violation of Policy JICH is cause for suspension and/or expulsion.

In addition to the prohibitions of Policy JICH, students who are participants in CHSAA sanctioned activities are prohibited from using, possessing or distributing chemicals, including alcohol, tobacco, steroids, mood-altering substances, e-cigarettes, vaping devices, or any hard drug at any time during the CHSAA activity season.

Substance Violation and Consequences	
Substance A:	Substance B:
Alcohol, tobacco, vaping, e-cigarettes, cigars, nicotine products, marijuana, unprescribed medication, performance drugs, etc.	Narcotics (excluding marijuana): Cocaine, Heroin, Meth, Ecstasy etc.
First violation of a Substance A:	First violation of a Substance B or Second Violation of Substance A:
Suspension from participation and involvement of any kind for 25% of allowable CHSAA-sanctioned contests of the current sport. If fewer than 25% of the contests remain in the sports season in which the violation occurs, the suspension will carry over to the next sports season in which the student participates. The only participation privilege the student does not lose is the privilege to practice. In addition to the participation suspension, the student must take a substance abuse class/program approved by	Suspension from CHSAA athletics (including practice) for 365 days. The player will then be evaluated after the suspension is served, based on conduct during the suspension period at which time a decision will be made for future activity participation by administration/AD. The student may be able to begin practice in the sports season in which they return. The student will complete 20 hours of substance abuse class/program approved by administration/ AD (paid by the parent/student) before returning.

administration/ AD (paid by the parent/student) (8 hours of content minimum) before returning.	
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If a student does not have a second violation of Substance A or the first violation of Substance B within a school year, the student will start with a clean slate at the beginning of the next school year. The student will have to serve the 25% suspension if it was not served in the school year in which the suspension occurred. The contract will reset at the beginning of each school year if only one offense of Substance A happens during a school year. If the 2nd offense happens, the punishment will not reset until the punishment has been served (365 days from the 2nd offense).

Examples:

- Student A uses tobacco during basketball freshman year and serves his/her punishment and has no more offenses during the freshman year. This contract resets in August. Student A is vaping during the sophomore football season, he/she will be back at first offense for substance A.
- Student B drinks during volleyball/football and serves his/her punishment and drinks again during track on May 1, 2020- Student B cannot participate in a sports competition or event until May 1 of 2021. Student B can, however, begin track practice in the 2021 season in preparation for competition on May 1st.

I have read and understood the Codes of Ethics in the Prairie Student Handbook, Athletic Substance Abuse Contract, and the consequences in this contract. In consideration of the privilege in participating in CHSAA-sanctioned activities, I agree to abide by the Code of Ethics, the Athletic Substance Abuse Contract, Policies JICH and JIC and their accompanying regulations for students and to cooperate in investigations regarding suspected violations.

Student Signature

Date

Parents Signature

Date

This contract must be signed and returned to the athletic/activity director prior to participation in any CHSAA- sanctioned practice or contest.