

## Grade 7: Family Letter

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Dear Family,

We want your child to be as successful as possible at school. Success in school is not just about reading and math. It is also about knowing how to learn and get along with others. We will be using the *Second Step* program in your child's classroom to teach these critical skills.

The *Second Step* program teaches skills in the following areas:

- 1. Empathy and communication**
- 2. Bullying prevention**
- 3. Emotion management and coping**
- 4. Problem solving, goal setting, and decision making**

Your child will be learning a lot this year – and he/she will need your help! Throughout the year, we will be sharing activities you can do with your child at home that go with the *Second Step* lessons. These activities are simple and fun for you and your child to complete together. They are a great way for you to understand what your child is learning and for your child to show you what he or she knows.

If you have any questions about the *Second Step* program, please do not hesitate to contact me for more information. Thank you for supporting your child in learning the skills that lead to success in school and in life.

Sincerely,



Stephanie Church

Counselor

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P.S. Make sure to join [www.secondstep.org](http://www.secondstep.org) with the activation key **SSP5 FAMI LY75** to watch videos about the *Second Step* program and get information about what your student is learning.

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