

## 700 Columbine St., Sterling, CO 80751 - (970) 522-3741 - (877) 795-0646 - www.nchd.org

Dear School Counseling Professionals,

Enclosed please find information about the Northeast Colorado Health Department's LifeSource Project, a resource for youth at risk of suicide. This program provides funding for up to 6 sessions with a mental health provider that is contracted to provide services at a reduced rate for NCHD referrals. More sessions can be requested if deemed necessary by the provider and approved by the NCHD program staff.

The process is a stream-lined referral system so the child receives services quickly and the mental health provider receives timely payments.

Here is the process for referring a student to the LifeSource program:

- 1. You identify a student at risk for suicide. Once you have followed your schools procedures and the student's safety is ensured, you may call the LifeSource phone at (970) 520-5207. The LifeSource phone line is answered when staff is in the office for immediate referral service. Should staff not be available, an email referral is possible at <a href="mailto:sherriv@nchd.org">sherriv@nchd.org</a>.
- The information NCHD needs for referral is the child's name, age, school district attending, county,
  whether the parents have been notified, insurance status (private insurance under-insured/not insured or
  Medicaid) ethnicity, language spoken and elevated risk of suicide.
- 3. NCHD will provide a referral number for billing and identification of the case file. It has four letters followed by at least 3 numbers. The letters stand for Northeast Colorado; NECO and the numbers reflect the number of children referred since the program began.
- 4. You can either assist the student and/or their guardian to call one of the listed providers or you can let them make the call themselves. This list of providers is theirs to keep. The student will take the completed referral letter with the referral number to their provider at their first appointment.
- 5. There are no forms that need to be submitted to NCHD, all enclosed forms are for the use of the referring agent, the student, and for the providers' records.

If you have any questions after reviewing the information and forms, please call me at (970) 522-3741 x. 1242.

Thank you for your work and awareness of the need to care for the youth in your communities and schools. Feel free to forward any material, forms and information to others who work with youth and may have a need to use this resource.

Sincerely,

Sherri Yahn Health Integration Manager