

5th Grade Physical Education
Fall 2018

Course Description: This course is designed to improve health-related fitness and build healthy relationships with peers, adults, and others in the community through physical activity.

Big Ideas:

I will apply fundamental and specialized skills in a game situation.

I will explain why it is important to be physically active every day.

Essential Learning Outcomes:

ELO # 1: The student will be able to demonstrate and explain the safety in all activities and exercise. (PA2A6)

ELO #2: The student will apply self-control in a physical activity setting and differentiate between appropriate behaviors. (PA2A5)

ELO #3: The student will demonstrate developmentally appropriate sport-specific skills in games and sports activities. (MP1C5)

ELO #4: The student will participate in various skills activities designed to allow application of control, force and accuracy. (MP1E5)

ELO #5: The student will participate in fitness activities and assessments. (PA1A5)