

Richmond Burton Virtual Cheer Tryouts 2020

Hello! I hope everyone is doing well and staying safe, but yet enjoying the summer! Below is all the information you need for *virtual tryouts* for the fall football sideline season. *Please bear with me as I've never done this before and I'm sure there will be some kinks to work out, so please be patient during this process.*

1. All athletes will have to submit a video of their performances for team placement. The video should be recorded in a well lit area and free from other noises so the judges can hear you and see what you're doing.
2. All athletes trying out will need to click on the link below and fill out the form. This form must be completed in order to be considered for tryouts. This link is where you will provide links to your try out videos for submission.
 - a. https://docs.google.com/forms/d/1OGB1-29indl5qihzc5-K_w7xoPBbuuXLyONYgnqlhvw/edit
3. Athletes will be provided a Youtube link to learn the following
 - a. cheer chant
 - b. A 30 second dance. You can view it as many times as you would like.
 - c. Athletes will also need to show a toe touch, left and right hurdler and a 2, 3 or 4 jump combination. The jump combination can be any jumps you choose.
 - d. The links for the material are below, see #6.
4. **The videos of your jumps, cheer and dance are due on July 9th by 6 pm. No videos will be accepted after July 9th. Athletes may submit videos early before July 9th, but not after. The Google form will close at 6:01 p.m on July 9th so no more forms can be submitted to turn in your tryout links. Please be aware of the date.** Responsibility and time management is important in sports, please respect the time frame. The judges are NCA judges and they will be judging the material on July 10th. Results will not be posted until Monday, July 13th or Tuesday, July 14th at the earliest. It all depends on when the judges finish and send me their scores and then I can tally everything and officially post the results. I will post the results to the *Events Entrance* door at the School tentatively Tuesday night around 7 pm. Again, I don't know the timing of when the judges will finish so please be patient and I am hoping they are finished and posted on Tuesday.
5. **This is VERY important:**
 - a. Each video you make should be a separate file to upload jumps, cheer and dance. If you can tumble, please say in the video what tumbling skill you

have currently. NOT what you've done before, tell me what you can do right now. **YOU ARE NOT REQUIRED TO TUMBLE FOR VIRTUAL TRYOUTS.** Your safety is my number one concern and priority, so please don't tumble on a hard surface unless you feel comfortable doing so. Tumble will not affect your score for football season. You will do a toe touch, right or left hurdler and a jump combo, then put that link in the google form. Then record yourself doing the cheer and upload. Lastly, record yourself performing the dance and post the link in the google form. **To clarify: You should not have one consistent video.**

- b. You will be judged on the following:
 - i. Spirit and enthusiasm
 - ii. Motion technique
 - iii. Voice and projection
 - iv. Jumps
 - v. Overall impression
6. Here are the links for the material
 - a. Cheer Front View: [Cheer front view](#)
 - b. Cheer Back View: [Cheer back view](#)
 - c. Dance Front View: [Dance back view](#)
 - d. Dance Back View: [Dance back view](#)
 - e. Music for dance You will need to copy and paste this into a URL most likely.
[http://nca.s3.varsity.com.s3.amazonaws.com/Files/Coaches/Tryouts/NCA_Tryout_Dance_\(Short\)_19-20.mp3](http://nca.s3.varsity.com.s3.amazonaws.com/Files/Coaches/Tryouts/NCA_Tryout_Dance_(Short)_19-20.mp3)
7. **For the cheer, replace *Central* with *Richmond* and replace *Tigers* with *Rockets*.**
8. Here is a link to help you upload your video to youtube so you can get the link to copy/paste in the google form. This upload will be uploaded as an unlisted video.
 - a. <https://vimeo.com/398069349>
9. Please wear a plain white shirt with black shorts with your hair tied back. Your shirt can be turned inside out if you don't have a plain white shirt.
10. When you start your videos please say your name. For example, "Hello, my name is Ms. Johnson, these are my jumps."

Once the teams are posted, there will be information on work outs, conditioning times and when practice can start per IHSA guidelines and school district guidelines. We are all in this together and I promise to do my best to make it a great season.

Any questions please reach out to my email, sjohnson@rbchs.com. Good luck!