

# **Perry County School Dist. No. 32 and Missouri State High School Activities Association**



## **Activities Manual**

### **A Guide for Students and Parents**

Board approved 2010  
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# Introduction

Welcome to the Perry County School District No. 32 sports activities program. The privileges and responsibilities of participation should enhance your enjoyment of school life. Good experiences will result if the primary purpose of education is a strong academic experience. We hope you participate in a variety of our activity offerings.

## Perry County School District No. 32 Sports

### High School

Football  
Volleyball  
Softball  
Boys Soccer

Cheerleading  
Boys Basketball  
Girls Basketball  
Girls Swimming

Girls Soccer  
Golf  
Track  
Baseball

### Middle School

Football  
Boys Basketball

Volleyball  
Track

Girls Basketball  
Cheerleading

## Sports Manual

Perry County School District No. 32 is a member of the Jefferson County Activities Association made up of the following schools: Crystal City, DeSoto, Festus, Grandview, Herculaneum, Hillsboro, Perryville, St. Pius, St. Vincent, and Windsor. Perry County School District No. 32 is also a member of the Missouri State High School Activities Association. As a member, Perry County School District No. 32 is committed to adhere to the rules and regulations of the Association.

### Philosophy

We believe that interscholastic activities are an important supplement to the middle school and secondary curricular program and as such, become a vital part of a student's total educational experience. These experiences contribute to the development of learning skills and emotional patterns that enable the student to make maximum use of his/her education.

Student participation in any part of our activities is a **privilege** which carries with it responsibilities to the school, to the activity, to the student body, to the community, and to the student himself/herself. This participation will help to develop the student physically, mentally, socially, and emotionally.

### Goal Statement

Student activities and athletics are an integral part of the total middle school and secondary educational program which provides experiences not otherwise provided and will help students

to acquire additional knowledge, skills, and emotional patterns necessary as attributes of good citizenship.

## **Responsibilities**

As a student participant, you are in school to secure the best secondary education you are capable of achieving. Deciding to take advantage of THE OTHER HALF OF EDUCATION plays a significant part in your total educational development. However, with this decision also come certain responsibilities:

1. Striving to achieve sound citizenship and desirable social traits, including emotional control, honesty, cooperation, dependability, and respect for others and their abilities.
2. Maintaining academic and eligibility standards as established by the Missouri State High School Activities Association (MSHSAA) and Perry County School District No.32.
3. Learning the spirit of hard work and sacrifice.
4. Learning to attain physical fitness through good health habits.
5. Desiring to excel to the limits of your potential.
6. Showing respect for both authority and property.
7. Willing to accept the leadership role that is instilled through the activities program.
8. Social awareness.

Keep in mind that you are in the public eye and your personal conduct always must be above reproach. You have an obligation to create a favorable image and gain the respect of our teammates, your student body, and the community.

## **Physical Exams and Insurance Requirements**

Athletic By-Law 309 (a) in the Missouri State High School Activities Association Handbook states: “The school shall require of each student participating in athletics a certificate of an issued physical signed and authorized by a physician, stating that he or she is physically able to participate in athletic practices and contests of his or her school. A student shall not be permitted to practice or compete for a school until a complete, signed certificate is on file at the school. The medical certificate is valid for the purpose of this rule if issued on or after February 1<sup>st</sup> of the previous school year.”

Athletic By-Law 309 (b) in the Missouri State High School Activities Association Handbook states: “A student shall not be permitted to practice or compete for a school until it has verification that he or she has basic athletic insurance coverage.”

## **Care of Equipment**

In order to give the student a sense of responsibility and an appreciation of his/her equipment, each will be held accountable for the abuse or loss of it. **ANY EQUIPMENT LOST OR STOLEN MUST BE PAID FOR BY THE STUDENT IN WHOSE NAME IT WAS CHECKED OUT.**

The following guidelines, if adhered to, will reduce the chances for lost or stolen equipment:

1. Do not exchange or loan any of the equipment checked out to you to another teammate. If exchange is warranted, clear it on your checkout card by having the coach make the adjustments.
2. Except when you are in visual contact, keep your locker closed and LOCKED at all times. This includes when you are in the shower. School and personal equipment and belongings should be locked up at all times.
3. Any loss of equipment should be reported immediately to the head coach rather than waiting until the end of the season.
4. It is against the Missouri State High School Activities Association regulations to sell or rent any equipment to individuals. Therefore, any equipment you may see out of the school environment not belonging to the individual(s) should be reported to a coach or the athletic director. By doing so, you are not only helping the athletic department, but also the individual who must pay for the stolen item.

### **Basic Guidelines for Participation**

1. Students are free to make their own selections as to activities in which they wish to participate. It is Perry County School District No. 32's policy that when students face a conflict between two school-sponsored activities, the coaches/sponsors of the activities shall meet to determine a resolution with the best interest of the student in mind. Certain school activities (to be determined by the administrators) will have priority. Students are not to be penalized by the activity not attended.

2. A student who has gone out for a sport but quits of his own accord will not be eligible to start practicing, or pre-season conditioning for another sport before the end of the completion in the sport that was dropped. Unless the head coach (of the sport that was dropped) signs a release form and the head coach of the new sport involved accepts the athlete. **EVERY ATHLETE SHOULD UNDERSTAND THIS POLICY.**

3. Transportation Policy for Away Events:

All school trips must be made with **school-approved transportation** (e.g. school bus or rental van). All students participating in school sponsored activities are expected to ride the school-approved transportation to games or interschool activities with the following exceptions:

- A. Students may secure permission to return from interschool contest:
    1. With their parents, providing that the parent requests such permission from the coach/sponsor or athletic director.
    2. With their coach/sponsor in the case of unusual circumstances (e.g. injury or need to attend another school event).
  - B. For very small groups, a coach/sponsor may transport students in his/her personal vehicle with administrative approval.
4. If it is necessary to be absent from practice, the student is expected to obtain permission from the head coach prior to the scheduled practice.

5. **Students must be in attendance at school a full day to participate in any activity scheduled for that day. Exceptions are granted with administrative approval only.**
6. In the event that an out of school suspension of a student takes place, the student will not be eligible for participation until he/she has fulfilled the disciplinary requirements established by the school administration.  
  
*\*\*In the event that in school suspension or after school detention is assigned to the student. A meeting will be set up with the student, coach, and athletic director or principal to determine a penalty. The penalties may range from a reprimand to temporary or permanent restriction from representing the school in interscholastic activities.*
7. The use of alcohol, tobacco, or nonprescription drugs is known to be detrimental to the individual, as well as the team he/she represents. Therefore, disciplinary action will be taken, which may result in his/her removal from the team, should he/she choose to use any of the above mentioned. (This is more clearly defined in the following section.)

### **Perry County School District's Position on Chemical Abuse for Athletes**

Perry County School District No. 32 recognizes the use of mood-altering chemicals as a significant health problem for many adolescents, resulting in negative effects on behavior, learning, and the total development of each individual. The use of tobacco and mood-altering chemicals such as alcohol, drugs, marijuana, etc. by adolescents affects extra-curricular participation and the development of related skills.

Perry County School District No. 32 also recognizes that, at a time when young people need to learn how to deal with adult problems, drugs can give the student a false means of sidestepping those problems.

The close contact in school district activities of advisors and coaches provides them with a unique opportunity to observe, confront, and assist young people.

1. Purpose:
  - A. To recognize and elevate the physical and emotional potential of students in a positive manner and encourage the growth of these students in an atmosphere of responsible citizenship.
  - B. To emphasize the school's concern for maintaining and improving the health and safety of students while participating in activities.
  - C. To promote students' awareness of the long-term physical and emotional affects of chemical use on his/her health.
  - D. To promote equality and a sense of order and discipline among students.
  - E. To confirm and support existing state laws which restrict high standards of conduct for those students.
  - F. To establish and promote high standards of conduct for those students who are leaders and standard-bearers among their peers.

- G. To assist students who desire to resist peer pressure.
- H. To provide prevention guidelines for chemical abuse in the activity programs for students/sponsors of Perry County School District No.32.
- I. To demonstrate creditable citizenship at all times. Non-creditable citizenship could result in disciplinary action or removal from participation.

2. Objective:

- A. To establish a prevention program by adopting penalty guidelines for violations of chemical use by students who participate in school activities.
- B. To ensure that the fairest treatment is received for the action, the following must occur:
  - 1. Certainty – enforcement of consequences will follow the violation.
  - 2. Severity – fair penalty for the act.
  - 3. Celerity – promptness of the process; must be immediately.

3. Consequences of Chemical Abuse:

During the school year or during the season of practice, regardless of the quantity, a student shall not have in possession or use a beverage containing alcohol, have in possession or use tobacco, or use or consume, have in possession, buy, sell or give away marijuana or any substance defined by law as an illegal drug. It is not a violation for a student to be in possession of a legally defined drug specifically prescribed for the student's own use by his/her doctor. However, it is a violation to use any drug for purpose other than its prescribed use. The following are only minimum guidelines and are applicable to all non- curricular related activities such as interscholastic athletics, cheerleading, music performance groups, speech and debate, etc.

***\*\* Perry County District #32 will be dividing the physical year into two periods. One period is Out of Season which begins after the last activity sponsored by MSHSAA is completed (first weekend in June) until the first day of fall practice in August. The second period is In Season which begins the first day of fall practice in August and ends on the last day an activity sponsored by MSHSSA is completed (first weekend in June).***

***A conference will take place for all violation with the parents, student, coach involved and athletic director.***

**A. Tobacco:**

***Out of season:***

***First violation: Parents will be contacted and student athlete will be counseled by coach and Athletic Director.***

***Second violation: Student will miss 10% of next sport in which they will play.***

***Third violation: Student will miss 50% of the next sport in which they have already played.***

*In season:*

**First violation:** *Student will miss 10% of contests in current sport or next sport they are participating in.*

**Second violation:** *Student will miss 50% of contests in current activity or next activity they are participating in.*

**Third violation:** *Student will be ineligible for all activities for the next 365 days.*

**B. Alcohol**

*Out of season:*

**First violation:** *Parents will be contacted and student athlete will be counseled by coach and Athletic Director.*

**Second violation:** *Student will miss 20% of next activity in which they are participating in.*

**Third violation:** *Student will miss the next activity in which they have already played.*

*In season:*

**First violation:** *If the student is not playing a sport they will miss 30% of contests in the next activity they will participate.*

*\* Student that is playing will lose the eligibility for the remainder of that sports season.*

**Second violation:** *Student will lose eligibility in the next sport they will play.*

**Third violation:** *Student will be ineligible for all activities for the next 365 days*

*Punishments will carry over from one school year to the next school year. If a student is serving a punishment in a sport they must complete the sport for their disciplinary action to be credited.*

**After the first violation with tobacco/alcohol, the student will be put on probation for 365 days from the violation. If the student has no other offense of this nature, the administration will review the student's record and all violations will be dropped. The next incident will then be their first violation. If a second tobacco/alcohol violation occurs within the probationary period, this will be considered as the second violation.**

Before a student becomes eligible, a student must be a creditable citizen. (See Administration on what the student must do to become eligible.)

Any student that violates this policy cannot be Male/Female Athlete of the Year.

**Mood-Altering Chemicals:**

**First Violation Penalty:** The student shall lose eligibility for a minimum of 365 days beginning from the date of the violation.

Second Violation Penalty: The student shall lose eligibility for the remainder of high school career.

## **Hazing Policy**

Perry County School District No. 32 prohibits any form of hazing, including but not limited to, initiation rituals and harassment. Hazing is unacceptable conduct and can result in disciplinary action. Disciplinary action may include, but is not limited to, a student's dismissal from team, and/or expulsion from school. Students who have been subjected to or witnessed hazing are instructed to promptly report such incidents to a school official.

## **Cell Phones**

Coaches for each program will set forth the guidelines and punishment for the use of cell phones during practice and game situations. Any inappropriate use of cell phones while a student is at a school event will be subject to disciplinary action. Disciplinary action may include, but not limited to, a student's suspension or expulsion from school.

## **Protect Your Eligibility**

The Missouri State High School Activities Association, of which Perry County School District No. 32 is a member, is a voluntary, nonprofit, educational association of junior and senior high schools established for the purpose of working cooperatively in adopting standards for supervising and regulating interscholastic activities and contests.

One of the primary functions of the Missouri State High School Activities Association is to establish eligibility standards that must be met by all students to attain the privilege of representing their school in interscholastic activities.

Eligibility is a PRIVILEGE to be granted by the school to a student, which allows that student to participate in interscholastic activities. Eligibility is NOT a student's RIGHT BY LAW. Precedent-setting legal cases have determined that eligibility is a privilege to be granted only if the student meets all standards adopted by the school, which enables the school to grant the student such a privilege.

Listed next is some information to acquaint you with the major rules and regulations you must follow in order to protect your eligibility:

### **1. Citizenship:**

To participate in extracurricular activities is a privilege – not an inherent right – granted if you meet the eligibility standards as set forth by the Board of Education and MSHSAA. According to the Board of Education's eligibility standards, students must be good citizens in their school and community. More specifically, any student who represents his/her school in extracurricular activities must be a creditable citizen and be judged so by the proper school authority certifying the list of students for participation. A student whose character or conduct is such as to reflect discredits upon himself/herself or his/her school is not considered a creditable citizen. His/her

conduct shall be satisfactory in accordance with the standards of good discipline. Visit [www.mshsaa.org](http://www.mshsaa.org) and refer to citizenship guidelines set forth by activity association.

2. Academics:

- A. You must be enrolled in courses offering 3.0 units of credit. (This is normally six courses.)
- B. You must have earned 3.0 units of credit the preceding semester. Credits earned or completed after the close of the semester will not fulfill the provision. Summer school courses for academic eligibility may count, provided the course is **necessary for graduation or promotion** and it is placed on the school transcript. No more than one credit in summer school shall be counted toward eligibility.
- C. **Middle School Students:** In order for athletes to remain eligible, they must have earned 80% of class credits the preceding quarter. A student will be ineligible if obtaining two or more F's at the end of any quarter. Quarterly grades will be reviewed to determine eligibility; student has less than 2 F's they will be eligible at that time.

**High Students:** A student will be ineligible if obtaining a GPA below a C average. Grades will be checked at the end of each quarter. A student will be ineligible for two weeks to participate in contests until grades are reviewed. If a C average is obtained after two weeks, the student will become eligible. If grades have not improved, the student will be ineligible until a C average is obtained.

3. Transferring Schools:

- A. If you transfer school, and your parents do not move to your new school district, you will be ineligible for 365 days unless you meet one of the exceptions to the transfer or promotion rules. (See your athletic director or principal.)
- B. If you move with your parents to your new school district, you will be eligible immediately, provided you were eligible in all other respects at your former school.
- C. If a student athlete does not finish one sport, he/she cannot participate in another school sport unless he obtains permission from the coach or sponsor of the sport he quit and the administration.

4. Participation Limits:

- A. You are eligible to participate in any sport for a maximum of four consecutive seasons. Any part of a game played during a season counts as a season of participation.
- B. Your eligibility to participate in high school activities begins when you first enter the ninth grade and lasts for the first eight semesters that you are

- enrolled in high school. Your eighth semester must immediately follow your seventh semester.
- C. If a student athlete does not finish one sport, he/she cannot participate in another school sport unless he obtains permission from the coach or sponsor of the sport he quit and the administration.
5. You must enter school within the first 11 days of the semester to be eligible.
6. Awards Standards:
- A. You may not receive cash, merchandise, or gift certificates for participating in an athletic/academic contest over \$100 in value.
- B. You may accept awards that are symbolic in nature, such as medals, trophies, ribbons, plaques, etc., for participating in a school athletic/academic program. These awards may be received only from your school, from a school hosting an event, or from the MSHSAA.
- C. You may accept awards for participating in non-school sponsored academic/athletic competition only if the awards are symbolic in nature, such as medals, trophies, ribbons, plaques, etc.
7. If you reach the age of 19 prior to July 1, you will be ineligible for interscholastic competition the next school year.
8. Non-School Competition:
- A. You may not participate in any organized non-school athletic competition and your school team **IN THE SAME SPORT** during the same season.
- B. You may participate on a school team and a non-school team in different sports during the same season; however, you may not practice or compete in non-school organized athletic competition **ON THE SAME DAY** that you practice or compete with your school team without approval of the school administration.
- C. Before you join any non-school team or enter any non-school competition involving athletics, check with your activities administrator to make certain these standards are being met.
9. You may participate in an “audition” or “try-out” for a college team only after you have completed with your last season of eligibility in the sport for which you wish to tryout.
10. Sports Camps/Clinics:
- A. You may attend a non-school sponsored summer specialized sports camp for as long as you wish, where you do not receive instruction or coaching from a member of your school’s coaching staff.
- B. You may attend a specialized athletic camp outside the school sport season during the school year.
- C. You may attend a camp or clinic where your school’s coaching staff instructs or coaches for a period no longer than two weeks in duration.

## 11. Lettering Policy:

Perryville High School students may earn letters in extracurricular activities. A student may receive a letter only once. These students must be active participants and positive role models. Perryville High School awards the varsity letter for athletes who:

- A. Participate in at least 75% of all varsity contests.
- B. Complete the season.
- C. May be chosen by the coach with the athletic director's approval.

Exceptions to the requirements will be determined by the athletic director and the principal.

A student may also letter in academics if they have a 3.667 or greater GPA after four semesters.

**REMINDER:** Any questions pertaining to eligibility that is not answered above should be brought to the attention of your athletic director.

## Playing Time

It is a privilege, not a right, to participate on an athletic team at Perry County School District #32. Student athletes earn the privilege of increased playing time in each contest. At the discretion of the coach, student athletes who have not attended practice consistently or whose efforts in practice are detrimental to the team dynamics may not receive playing time.

### **Expectations at each level:**

Seventh and Eighth grade: At the middle school, the athletic department will provide an opportunity for all students on the roster to participate in each contest unless there are disciplinary circumstances that may affect playing time.

Freshman: At the freshman level, the athletic department and the coaches **HOPE** to provide an opportunity for all students on the roster to participate in each contest.

Junior Varsity: At the junior varsity level, the main objective is to prepare athletes for the varsity level. Skill development is a priority. Membership on the team does not guarantee equal playing time or any playing time.

Varsity: At the varsity level, the team is selected based on fitness, playing ability, attitude, work ethic, knowledge of sports fundamental, and commitment to the team. At the coach's discretion, the student-athletes who are performing the best and can contribute the most to the team's ability may play as much as required in an attempt to excel as a team. The coach's goal is that each team member will have a role on the team.

## Sportsmanship

As a participant representing Perry County School District No. 32, you have the responsibility for exhibiting good sportsmanship at all times. The moment you put on that school uniform, you

become a representative of your student body, your school, and your community. You will receive the ingredients of good sportsmanship through the teaching, coaching, and examples of the coaching staff. So, be sure to exhibit what you learn.

A very important lesson we learn through interscholastic activities/athletics is that by hard work and dedication, we can improve. In America, we recognize we can take the ability given us and through hard work and dedication become anything we want to be. No one can tell you what you must be. If you are willing to recognize the ability you possess and work hard, you can achieve success in activities/athletics.

Attitude is one of the principal requisites in becoming a champion in any sport and, of course, is best defined by how you act and how you feel and think in showing your disposition. The desire to excel, to win, and to pay the price, are all positive points or attributes of attitude that contribute to a winning philosophy.

Yes, winning philosophies are important, but realize the importance of how the game is played as well as viewed. Simple acts and gestures of respect, such as displaying good conduct, cooperating with officials, shaking hands with opponents before and after the contest, showing self-control at all times, accepting decisions and abiding by them, accepting both victory and defeat with pride and compassion, and never being boastful or bitter, will aid you. The individual, as well as your team, should exemplify the standards of sportsmanship expected of athletes/participants in Perry County School District No. 32.

Actually, interscholastic activities/athletics are much like everyday life. America thrives on competition that has made the country as great as it is today. You might say it is the backbone of our great nation. Regardless of your plans in later life whether to be in labor, management, sales, or professions, you must realize there will be competition. There are and will be disappointments in all of life's activities. It's how you react to these disappointments that will measure what values you have learned through activity participation.

### **Parent/Coach Communications**

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefits to students. As parents, when your student becomes involved in our program, you have a right to understand what expectations are placed on your student. This begins with clear communication from the coach of your student's program.

If you have a concern to discuss with a coach, the following procedure should be followed:

1. Call to set up an appointment with the coach and Athletic Director to discuss the situation.
2. Please do not attempt to confront a coach before or after a contest or practice. A parent should not enter a team locker room before or after a contest or practice unless their student athlete has been injured. These can be emotional times for both the parent and the coach. Meetings of this nature usually do not promote resolution.

### **Communication Coaches Expect from Parents:**

1. Concerns expressed directly to the coach.
2. Notification of any schedule conflicts well in advance.
3. Specific concern in regard to a coach's philosophy and/or expectations.

As your student becomes involved in the programs in the Perry County School District No. 32, they will experience some of the rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your student wishes. At these times, discussion with the coach is encouraged.

### **Communication You Should Expect From a Coach:**

1. Philosophy of the coach.
2. Expectations the coach has for your student and the players on the team.
3. Location and times of all practices and contests.
4. Team requirements, i.e. fees, special equipment, off-season conditioning.
5. Procedure should your student be injured during participation.
6. Discipline action that results in the denial of your student's participation.

### **Appropriate Concerns to Discuss with Coaches:**

1. The treatment of your student mentally and physically.
2. Ways to help your student improve.
3. Concerns about your student's behavior.

It is very difficult to accept your student not playing as much as you may hope. Coaches are professionals. They make judgments and decisions based on what they believe to be best for all students involved. As you have seen from the prior list, certain things can be and should be discussed with your student's coach. Other things, such as those listed next, must be left to the discretion of the coach.

### **Issues Not Appropriate to Discuss with Coaches:**

1. Playing time.
2. Team strategy.
3. Play calling.
4. Other student-athletes/participants.

Since research indicates a student involved in co-curricular activities has a greater chance of success during adulthood, these programs have been established. Many of the character traits required to be successful participants are exactly those that will promote a successful life after high school. We hope the information provided within this handbook makes both your student and your experience with the Perry County School District No. 32 Athletic Program less stressful and more enjoyable.

## **Special Awards**

### **Scholar Athlete Award:**

The Scholar Athlete Award is given on a yearly basis in an effort to recognize a male and female athlete who has not only been an active participant in sports but has also exercised the academic self-discipline to maintain a high cumulative GPA. The purpose of the award is to exemplify the embodiment importance of broad educational development.

In order to be selected as the male/female Scholar Athlete, the individual must meet the following criteria:

1. Earn a varsity letter in athletics during the student's senior year.
2. Be considered to be a creditable citizen by the school administration and coaching staff.
3. Have the highest cumulative GPA at the end of the seventh semester of high school of all the students meeting the above criteria.

### **Athlete of the Year (Coach Pickle Award/Coach Frentzel Award):**

The athletes most revered in the early Olympics were those who participated in the pentathlon, which consisted of five different tests of strength and skill. These early athletes had to be creditable citizens and had to be free from civil or personal dishonor. They had to take oaths that they would use good sportsmanship while competing. It was believed that through hard work, dedication, and discipline, these athletes would be of sound mind and body. It was also believed that the athletes would be leaders due to the dedication and discipline that they exerted over mind and body.

It is with these traits in mind that Perry County School District No. 32 will recognize a male and female athlete of the year.

1. The award will be presented to one senior male and one senior female.
2. There will be no ties.
3. To be eligible, an athlete must have participated in at least two sports in each of the four years of high school.
4. The athlete must be a creditable citizen and abide by all handbook rules for their entire four years.
5. The athlete must have demonstrated leadership qualities, to be voted on by coaches.

A four-year record of athletic participation will be kept for each athlete. A list of students will be composed and then a vote via the head coaches will determine the winner.

This athlete will then be eligible to compete for the P.A.C. Athletic Scholarship.

**JCAA Athletic-Academic Certificate Award:** Any athlete who participates for the entire season is eligible for the JCAA Athletic-Academic Certificate Award. Athletes must maintain a 3.33 GPA on a 4.0 scale for each of the first three-quarters of the school year.

## **A Guide for College Bound Students/Athletes and Their Parents**

### **NCAA ELIGIBILITY REGULATIONS:**

To practice and play as a freshman at an NCAA Division I or II College, the student/athlete must satisfy the requirement of NCAA Bylaw 14.3, commonly known as Proposition 48. A student/athlete must:

1. Graduate from high school.
2. Attain a grade point average of 2.00 in a successfully completed coed curriculum of at least eleven academic courses.
3. Achieve a minimum SAT combined score of 700 or a minimum 19 composite on the ACT.

### **DEFINITIONS:**

SAT - SCHOLASTIC APTITUDE TEST commonly called College Boards, should be taken during the junior and senior years.

ACT - AMERICAN COLLEGE TEST used by schools in the west, midwest and southwest. Most colleges accept the ACT or SAT.

PLAN - Preliminary ACT taken early in the sophomore year as practice and as a guideline for early application and college potential.

Core Course - The following are the core-course criteria adopted by the NCAA effective August 1, 2000:

1. A course must be a recognized course and qualify for high school graduation in one or a combination of these areas: English, math, natural/physical science, social science, foreign language, computer science, or non-doctrinal religion/philosophy.
2. A course must be considered college preparatory by the high school.
3. A math course must be at the level of Algebra I or higher.
4. A course must be taught by a qualified instructor as defined by the appropriate academic authority.
5. A course must be taught at or above the high school's regular academic level (i.e., remedial, special education, or compensatory courses not considered).

### **NAIA ELIGIBILITY REGULATIONS:**

To be eligible to participate at an NAIA college, a freshman must meet two of the following three entry level requirements:

1. Score 18 on the ACT or 700 on the SAT, or
2. Achieve an overall high school GPA of 2.00, or
3. Graduate in the top half of his/her school graduating class

## Rules Interpretations (Questions and Answers)

*Question #1: Will students be able to count summer school credit toward meeting the academic eligibility requirements for the first semester?*

Response: Yes. MSHSAA By-Law 213 provides students may count up to one unit of credit from summer school toward establishing their eligibility for the fall semester. Only classes which are **required for graduation** from the local school may be counted toward meeting the academic requirement.

*Question #2: If a student needs one unit of credit in physical education and has earned that credit by the end of the sophomore year, may the student take physical education during the summer after the junior year as an elective and count this credit toward re-establishing his/her academic eligibility?*

Response: No. Only classes **required for graduation** may be counted in summer school. Electives would not count toward regaining eligibility.

*Question #3: What is meant by team obligation?*

Response: Team obligations are defined by the coach/sponsor of the activity.

*Question #4: Do the rules cover summer vacations?*

Response: Yes. The rules include the school year and any portion of a fall or spring sport season, which overlaps into the summer vacation period. Creditable citizenship is a year round responsibility.

*Question #5: What is the meaning of the phrase: "Next consecutive interscholastic event"?*

Response: Following confirmation of the violation, the student would lose eligibility to participate in the next event(s), which occur in a consecutive chronological sequence. The contest(s) cannot be selected.

*Question #6: What solution is created by specifying loss of events as a penalty for all violations?*

Response: Without loss of events as a penalty, a student could time an offense to occur over an open season, not lose eligibility for any activities, and regain eligibility by the next season. Under the current rules, a violation can be held over to the next season and ensures the certainty of the penalty.

*Question #7: Does loss of eligibility carry over from one season to the next?*

Response: Loss of eligibility carries over to the next season in which a student participates. Example: If a student commits a violation during the last contest of the season, he loses eligibility (as per the consequence of the category involved) in the next season of participation. Thus, there is a percentage carryover from one season to the next.

*Question #8: If a student commits two simultaneous violations, such as the use of tobacco and alcohol, what is the penalty?*

Response: Simultaneous violations would be considered as one violation with the violation being categorized in the category carrying the greater of the consequences.

*Question #9: Are steroids considered an illegal substance?*

Response: Yes, unless the steroid is prescribed by a doctor for a specific medical problem.

# Perry County School District No. #32 Athletic Commitment Form

\_\_\_\_\_  
Student's Name (Print)

\_\_\_\_\_  
School Year

Prior to participating in any practice or tryout sessions for any interscholastic sport, each athlete must:

1. Successfully pass a physical examination by a physician and the copy of such examination must be on file in the office of the athletic director. A physical exam is valid if issued on or after February 1 of previous school year.
2. Provide proof of personal health insurance.
3. Return this athletic commitment form properly signed.

As a school's student-athlete participating voluntarily in interscholastic athletics, I understand that:

1. I have read this booklet and understand what Perry County School District No. 32 expects from me in regards to sportsmanship, citizenship, scholastics, and staying free from drug/alcohol/tobacco use while enrolled in this school. I understand the consequences for breaking school policy and I will not do so while a Perry County School District No. 32 student participant. I understand that this is a year round commitment.
2. I will be responsible for all athletic equipment issued to me throughout the season, will return such equipment at the conclusion of the season, and will pay the current replacement cost for any of the equipment not accounted for me at the end of the season.
3. I, along with my parents, have read and understand all of the school district athletic policies in the athletic handbook. In order to be eligible for participation, I understand I must comply with all requirements listed.

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_