## Dale Street School Lunch September 2023 Monday August 28th Tuesday August 29th Wednesday August 30th Thursday August 31st Friday 1st **Homemade Pizza Day! Hot Diggity Dog** Early Release Day BACK TO SCHOOL Your choice of Cheese or No Lunch All Beef Hot Dog on a Pepperoni Pizza Whole Grain Roll Served with a Freshly Tossed Served with Smartfood Popcorn Garden Salad with Italian Dressing Cool Tropics Frozen Juice Fresh Green Grapes Garden Salad + Applesauce **Bell Pepper Strips** Tuesday 5th Monday 4th Wednesday 6th Thursday 7th Friday 8th No School Hamburger on a Bun Pizza Day! **Chicken Tacos** Fun Bag Lunch! Charbroiled Beef Patty Anytimer's Pepperoni Pizza Kit Two Hard Shell Tacos with Turkey + Cheese Wrap on a Whole Grain Bun Build-Your-Own Pizza Cheese and Taco Seasoned Chicken with Baked Lays Chips Lettuce, Tomato and Cheese on Served with Pasta Salad Shredded Lettuce, Salsa and Mayo and Mustard on the Side the Side Sour Cream on the Side Fresh Cut Pineapple Served with Crispy Potato Puffs Raisins Mixed Fruit Cup Chilled Pears + Corn Chick Pea Salad **Cucumber Wheels** Celery Sticks with Dip Monday 11th Thursday 14th Tuesday 12th Wednesday 13th Friday 15th Breakfast for Lunch! Black Bean + Corn Quesadilla Homemade Pizza Dav! **American Chop Suev Grilled Cheese Sandwich** Homemade American Chop Suey Mini Maple Eggo Waffles Melted Mexican Blend Cheese. Your choice of Cheese or Ciabatta Grilled Cheese Served with Sausage Links Seasoned Black Beans and Corn Veggie Pizza Served with Freshly Baked Served with Pasta Salad in a Whole Grain Tortilla Garlic Knot and Jell-O Cup Served with Freshly Tossed Blueberries + Cream Served with Baked Tostitos + Salsa Lemony Kale Salad and Roasted Vegetables Mixed Fruit Cup + Kale Chips Kale Salad + Craisins Broccoli Bites + Apple Slices Black Bean + Corn Salad Baby Carrots Snack Pack Monday 18th Tuesday 19th Wednesday 20th Thursday 21st Friday 22nd **Breakfast for Lunch! Beef Nachos** Stuffed Crust Pizza **Mandarin Orange Chicken Charcuterie Power Pack** Maple Glazed French Toast Sticks Tortilla Chips topped w/ Shredded The MAX Stuffed Crust Cheese Crispy Breaded Chicken Ham, Pepperoni, Cheese Cubes Served with Scrambled Eggs Cheese and Taco Seasoned Beef Pizza tossed in a zesty Orange Sauce and Crackers Whole Grain Chocolate Mini Yogurt Parfait Toppings on the Side: Salsa, Served with Pretzels + Hummus Served Over Not So Fried Rice Sour Cream, Shredded Lettuce Fortune Cookie Chip Cookie Frozen Berry Cup Cinnamon Apple Slices **Dried Cherries** Clementine Fresh Strawberries Red Bell Pepper Strips Hummus + Veggies Zucchini + Summer Squash Sticks **Parsnips** Black Bean Dip with Veggies Monday Sept 25th Wednesday Sept 27th Friday 29th Tuesday Sept 26th Thursday 28th No School **Breakfast for Lunch! Homemade Pizza Day!** Macaroni + Cheese **Chicken Tenders + Fries** Crispy Chicken Tenders Yom Kippur Bacon, Egg and Cheese Your choice of Cheese or Mac + Cheese made with Breakfast Sandwich on a Biscuit Whole Grain Noodles Served with Smiley Face Fries Veggie Pizza Served with a Hash Brown Patty Served with Freshly Tossed Served w/ lightly steamed Broccoli Steamed Green Peas Caesar Salad **Orange Juice Cup Diced Peaches** Strawberry Cup Fresh Banana **Baby Carrots** Caesar Salad **Broccoli Bites** Sweet Green Peas

## **Daily Options**

## Weekly Cold Sandwich Options

Week 1 + 2: Caesar Wrap Week 3: Turkey & Cheese Roll Up Week 4: Ham & Cheese Sub Week 5: Caprese Pesto Sandwich In addition to the Main Meal, we will have 3 other meal options that will be offered daily.

1) Whole Grain Breaded Chicken Patty on a Bun

2) Garden Salad with Sunflower Seeds, Pita Bread & Italian Dressing

3) Sun Butter & Jelly Uncrustable with String Cheese, Fruit, Vegetable + Milk

Questions / Comments
Contact the Foodservice Dept. at
cfahy@email.medfield.net or
508-242-8897

This Institute is an Equal Opportunity Provider.