Wellness Policy Review

SY 2014-2015

Wilcox County Schools adopted their Wellness Policy in June of 2006. Revisions were made in June 2013 to meet the Healthy Hunger Free Kids Act (HHFKA) of 2010. Each school was reviewed in May 2015 to make sure the Wellness Policy is being implemented and enforced in all of Wilcox County schools.

Upon review, it was found that all schools provide and make available to all students the National School Lunch Program and follow the USDA guidelines for the program. The school system has chosen to participate in the Community Eligibility Program (CEP) allowing all students to eat at no charge, thus providing an affordable breakfast and lunch for all students.

Breakfast is promoted and encouraged for every student. Alternative service for breakfast has been implemented in grades 7-12 to encourage participation. Camden School of Art & Technology (grades 7-8) continues to participate in Breakfast in the Classroom. By serving breakfast in the classroom, almost 100% of the students participate in the breakfast program at this school. Wilcox Central High School (grades 9-12) has increased its breakfast participation by providing breakfast after 1st period. By serving breakfast after 1st period, more students are on campus during the breakfast time thus significantly increasing breakfast participation.

As per the Wellness Policy, the review showed no competitive food sales were occurring during the lunch and breakfast time periods. All snacks sold after lunch comply with guidelines set forth by the USDA.

All of the Wilcox County Schools have fundraising activities during the school year. All fund raising activities noted are compliant with the Wellness Policy. Some of the fund raisers included fruit sales, sweet potato sales, Ham and Turkey sales, cookie dough sales, fall festivals and dances.

            Nutrition Education is being implemented through the Fresh Fruit and Vegetable Program at the elementary schools. The Wilcox County Cooperative Extension also provides nutrition education to students through their Nutrition Education Program (NEP). Extension leaders visit elementary campuses on a regular basis providing instruction and resources for the students and their parents.

            Daily participation in physical activity is provided to the Elementary School along with Physical Education classes being mandatory for grades K-9.