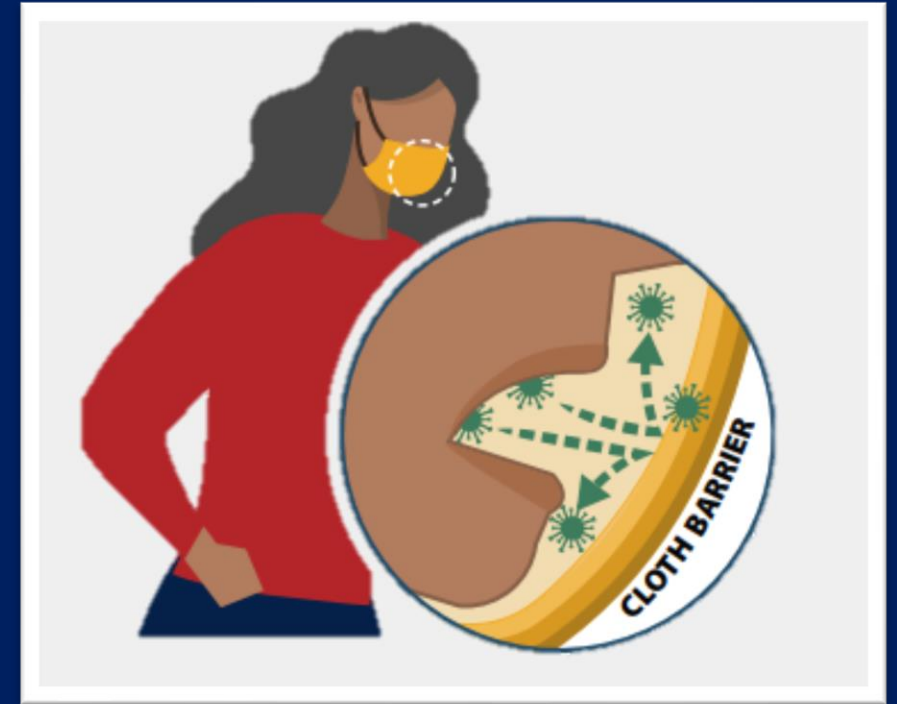


Use the Face Covering to Help Protect Others

- Wear a face covering to help protect others in case you're infected but don't have symptoms
- Cloth coverings prevent respiratory droplets from talking, sneezing or coughing from spreading in public
- Keep the covering on your face the entire time you're in public
- Don't put the covering around your neck or on your forehead
- Don't touch the face covering, and, if you do, clean your hands



Follow Everyday Health Habits

- Stay at least 6 feet away from others
- Avoid contact with people who are sick
- Wash your hands often, with soap and water, for at least 20 seconds each time
- Use hand sanitizer if soap and water are not available

