

Guided Reading Lesson Plan (Levels A-L)

Title: Taking Care of Myself Level: I ISBN: 978-0-17-648944-1 Publisher: Learning Media Limited

Familiar Read: (3 min.)	
Familiar Writing: (3 min.) 1. their 2. your 3. many	4. these 5. know 6. from
Word Building (3 min.) ing: feeling-washing-eating-wearing-getting sh digraph: wash, brush, shape, show	
Before Reading: (5-7 min.)	
<ul style="list-style-type: none"> Book Introduction: (include meaning, structure, visual) This book is called <u>Taking Care of Myself</u>. It shows us how to take care of ourselves. What do you think that means, taking care of yourself? What do you do to take care of yourself? What do you do at home? What do you do at school that might be different? Turn to page 2. On page two we see four pictures that each show a different way to take care of yourself. What do you notice? We see children washing their hands, making food, playing, and crossing the street. Those are things that you all do to take care of yourself too. Turn to page 9. On page 9 we see a blue text box. I want you to pay attention to these blue boxes and think about why the author wrote that part of the book. Difficult Words/Vocabulary themselves pg 2, healthy pg 3, bacteria pg 8, cavities pg 10, balanced pg 10, exercise pg 12 understanding pg 14 Suggested Teaching Point: (refer to Behaviors to Notice and Support) Readers use text features to help them understand nonfiction. 	
During Reading: (5-10 min.) *Revisit the teaching point as needed. Prompts to Support readers: <i>Does it match? Does it sound right? Does it make sense?</i>	
After Reading: (5-7 min.)	
<ul style="list-style-type: none"> Discuss the story <ul style="list-style-type: none"> What were some of the ways the boys and girls in the book help to take care of themselves? Were any of these the ones you talked about before we read the book? Now that you know what taking care of yourselves means, can you come up with any other ways you take care of yourself that the book didn't talk about? At school do you take care of yourselves in ways that are different from at home? What is something that you still need help with from an adult that you cannot do by yourself? Do you think the way adults take care of themselves is different from the way children take care of themselves? Now turn to a page that has a blue text box. Why do you think the author included this in the book? It gives us more information about why it is important to take care of ourselves in that way. On page 11, the author told us why we should take care of ourselves by eating a healthy lunch. Return to Teaching Point Comprehension Strategy Focus: connections, questions, inferences, visualizing, summarizing, synthesizing, determining importance 	
Writing Connection: (5 min.) How do you take care of yourself at home or at school?	