

Ware Shoals High Varsity Cheerleaders Demerit System 2020-2021

<u>Infraction</u>	<u>Demerits</u>
Insubordination to coaches	10
Receiving OSS	10
Poor sportsmanship, attitude, and commitment to the team	10
Unexcused absence from a cheerleading practice, game or other cheer function	8
Misconduct at practice, games, any cheer function (one verbal warning)	5
Tardy to practice and/or game	5
Inappropriate language or behavior in uniform/dress	5
Receiving ISS	5
Improper dress at practice and/or game	2
Improper hair at practice or game	2
Inappropriate nails	2
Jewelry of any kind at practice or games	2
Chewing gum at practice or games	2
Cell phone out during games or practice	2

1. If a cheerleader receives 10 or more demerits in a season the following will be imposed:
 - The cheerleader will have to sit out the next **half** of a game in uniform with coach
 - This will reflect on the cheerleader being considered for Varsity the following year

2. If a cheerleader receives 15 or more demerits in a season the following can be imposed:
 - The cheerleader will have to sit out the next **whole** game in uniform with coach
 - This will reflect on the cheerleader being considered for Varsity the following year

3. If a cheerleader receives 20 or more demerits in a season the following will be imposed:
 - Removal from the squad

4. In School Suspension (ISS):
 - Any cheerleader that receives ISS will receive 5 demerits

5. Out of School Suspension (OSS):
 - Any cheerleader that receives OSS will not be allowed to attend or participate at practice or cheer at a game while serving the suspension.
 - 10 demerits will be given and result in running

6. Smoking, fighting, improper language, disrespect to coaches or team members, etc. may result in suspension or dismissal from the team at the discretion of the coaches and administration.

7. Use of alcoholic beverages, drugs, etc. is strictly prohibited and will result in dismissal from the team.

8. Any cheerleader charged with a Level III violation (Criminal Conduct) of the school handbook that results in a disciplinary school referral, charged with a misdemeanor, or charged with a felony will result in the immediate dismissal from the team. *See Student Athlete Handbook*
9. Cheerleaders will refrain from participating in, commenting on, or posting inappropriate content or references to smoking, drinking, drug use, inappropriate pictures of any type, profanity, cyber-bullying, and criminal mischief on social networking, photo and video-sharing applications and website.
10. Absences policy: No more than 2 excused and/or unexcused absences are allowed. No more than 2 excused and/or unexcused tardies are allowed. On the third occasion, a Cheerleader must meet with the coaching staff to discuss their commitment to the team. The cheerleader may be removed at this time. Any cheerleader who is absent, needs to notify the coach **BEFORE** missing any cheerleading event, such as practice or game, by text, email, or phone call. Demerits will be given if the coach is not notified at least one hour before the missed cheerleading event.

Cheerleader Signature

Parent Signature

Date:_____

Date:_____

***Please return one signed copy to the coach and keep the other copy at home for your reference.**

Demerit system rules will begin on our first day of camp and continue throughout football and basketball season.