

AR

Moody Elementary School (White Hall School District)
700 Moody School Drive
White Hall AR 71602
8702474363

Health and Wellness School Improvement Priority

Section I: School Information

School Name: Moody Elementary

School LEA Number: 3510079

School Year: 20182019

Section II: Needs Assessment

School Health Index Assessment

Check box if completing the SHI Assessment online

Check box if the school completed the pdf version of the SHI Assessment, upload the Completed Overall Score Card and the School Health Improvement Plan to the Health & Wellness Folder.

If completing the SHI Assessment online you must provide a Reference Number.

Reference

Number:

Mood662176

Reviewer Comments:

Please ensure to complete the plan for improvement tab of the school health index for your 20182019 school

improvement priority. AEW 5/9/19

Body Mass Index (BMI)

The school can verify the analysis of the School Level Body Mass Index screening data conclusions.

Description/Conclusion

Kindergarten Students, Second Graders, and Fourth graders were included in the 201819

BMI

Assessment at Moody Elementary. BMI Classifications for students in these grades were as follows:

Healthy or Underweight (Males): K 60.5%,

Grade 2 58.1%,

Grade 4 61.1%

Overweight or Obese

Page 1 of 5

(Males): K 39.5%,

Grade 2 41.9%,

Grade 4 38.9%

Healthy or Underweight (Females): K 61.8%,

Grade 2 81.2%,

Grade 4 70%

Overweight or

Obese (Females): K 38.2%,

Grade 2 18.8%,

Grade 4 30%

BMI Classification for ALL students in Moody Elementary School (Grades K, 2, 4):

Healthy or Underweight (Males): 60% Overweight (Males):

18.2% Obese (Males): 21.8%

Healthy or Underweight (Females): 70.8% Overweight (Females):

14.2% Obese (Females): 15.1%

Overall, BMI classification results for Moody Elementary School show: Approximately 16.2% of all students measured were in the overweight category. Approximately 18.5% of all students measured were in the obese category.

Other health and wellness related data (Optional)

Description/Conclusion

Reviewer Comments:

Section III: Health and Wellness Goals

(Provide a detailed description of each required activity)

Indicate the LEA's compliance with the following Act 1220 requirements:

The LEA will coordinate with child nutrition personnel to ensure menus are reviewed quarterly by the district wellness committee.

The LEA will ensure that the district policy is in compliance with state and federal mandates.

Goal 1: How will the LEA provide coordination and support to create a healthy nutrition environment for students? {Requirements: see 1 required activity.}

Goal 1 Measurable Objective

To ensure a healthy nutrition environment for students:

The district health and wellness committee meets quarterly to review menus and nutritional standards to

ensure compliance with state and federal mandates as well as to address updates.

Student surveys are conducted to determine likes as well as dislikes.

Page 2 of 5

The schools participate in tastetesting to provide samples of new products.

The district has nine "free" food days where students can have other snacks. (one day/month)

Goal 1

Activity Person Responsible Timeline

Reviewing of menus and nutritional standards District wellness committee

1 time per nine week period

Reviewing of updates District wellness committee

1 time per nine week period

student surveys conducted Kirstie Creekmore,

Cafeteria Manager

tastetesting

Kirstie Creekmore,

Cafeteria Manager

ongoing

Nine "free" food days Beth Joslin, Principal 1 day per month

Reviewer Comments:

Goal 2: How will the LEA provide coordination and support to create an environment that promotes physical activity and provides quality physical education for students? {Requirements: see 2 required activities.}

Goal 2 Measurable Objective

Moody Elementary does the following to create an environment that promotes physical activity and provides

quality physical education for students:

Each classroom attends a physical education class two times per week (50 minutes each class period) which is

reflected in the school's activity schedule.

Each classroom teacher is responsible for providing an "organized" physical activity which is 10 minutes per

day reflected in classroom daily schedules.

Goal 2

Activity Person Responsible Timeline

Implementation of school's activity schedule Beth Joslin, Principal; Teri Smith, P.E. teacher

ongoing throughout the year

Implementation of "organized" physical activity Beth Joslin, Principal;

Classroom teachers

ongoing throughout the year

Reviewer Comments:

Page 3 of 5

Goal 3: How will the LEA provide professional development for school staff on nutrition and physical activity? {Requirements: see 1 required activity.}

Goal 3 Measurable Objective

The White Hall School District provides the following for school staff to address nutrition and physical activity:

Blue Cross/Blue Shield Health

Advantage insurance which includes an online survey. Based on your online survey, an individualized health plan is provided addressing nutrition, exercise, and access to a 24hour nurse.

Staff members who have insurance with Blue Cross/Blue Shield Health

Advantage are given the opportunity

for an insurance discount when they get yearly physicals.

Moody Elementary provides all staff members to participate in a weight loss challenge. Each participant

weighs in three times per nine week period.

Goal 3

Activity Person Responsible Timeline

Blue Cross/Blue Shield Health

Advantage online

surveys

staff members yearly

Blue Cross/Blue Shield yearly

physicals staff members yearly

weight loss challenge Kelly Andrews, school

nurse; staff members

yearly

Reviewer Comments:

Goal 4: (*Optional*) How does the school address other health disparities trending among students identified from the Needs Assessment?

Goal 4 Measurable Objective

Moody Elementary offers the following to address other health disparities:

Flu clinic yearly to all students Monitor active

flu cases during flu season as well as other viruses throughout the year Screenings which include hearing, vision, scoliosis, dental, and BMI

Goal 4

Activity Person Responsible Timeline

setting up and implementing flu clinic Kelly Andrews, school

nurse

Fall

monitoring active flu cases and other viruses Kelly Andrews, school

nurse

ongoing throughout the

school year

setting up and implementing screenings Kelly Andrews, school

nurse

Dental screenings March

All other screenings **Page**

4 of 4

October

Reviewer Comments:

Reviewer Response:

ADE Reviewed

Reviewer Comments:

Please review the comments in section II and use for future references. If you have any questions, contact Ashley

Williams, Act 1220 Coordinator, at (501) 6833604.