

District Wellness Committee Meeting  
Thursday, Jan. 24, 2019 8:45

Todd G  
Janal J

Jeff Jones  
Kaden Adams

Hannah Kirby

Sheela Jester

Lindsey Stokes

Cassie Kirby

Jan Fenley

Health and Wellness Committee Agenda  
1/24/19

1. Introductions

Sign-in sheet indicates members who were present.

2. Statement of Purpose

Mr. Finley explained the purpose was to review the menus and the process used to create them.

3. Sheila Jester- Review of School Menus

- Ms. Jester went over handouts which included the menus, child nutrition guidelines for breakfast and lunch at all grades plus pre-K. She explained why the food served is chosen.
- Ms. Jester addressed the crossover of 6-8 and 9-12 guidelines conflicting with the high school's lunch periods. Child Nutrition was notified, and district will not be penalized.
- A lot of food is discarded by students at both campuses. Elementary is not allowed any vending items - ice cream, cookies.
- No reimbursement is given unless student tray has the required items.
- By law meal can be denied if student charges over \$5, but our cafeteria does not deny meal. Program is currently USDA funded only and is self-sufficient. F/R is currently 69% for district; 75% is cut-off required for other funding. If other were earned, the school would have to cover cost for paid meals.
- Students and staff discussed menus. Ms. Jester said corn dogs and mini corn dogs have been served close together on occasion due to error when scheduling. School has waiver to not have to serve whole grain biscuits based on statistics of students not eating them.
- Mr. Finley explained disparity of student portions compared with nutritional guidelines they learn in health.

- Ms. Kirby questioned the different lines offered at high school and what is served on them. Ms. Jester explained the F&R required options must be served and taken on both.
- Educational requirements of directors and staff were briefly covered.
- Ms. Jester explained commodities and why they are regularly served.

#### 4. Discussion of committee purpose

- Mr. Finley talked with the other areas of focus of the committee and how input from students on menus and other topics will be vital to committee's success.
- The next meeting will be before the review. We will look at the rest of our plan at that time.

#### 5. Adjournment