

The Hawkswood School - Lunch

July 13 - July 31

***ESY BEGINS MONDAY,
JULY 13th, 2020 ***

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		SUMMER VACATION	SUMMER VACATION	SUMMER VACATION
6	7	8	9	10
SUMMER VACATION	SUMMER VACATION	SUMMER VACATION	SUMMER VACATION	SUMMER VACATION
13	14	15	16	17
Teriyaki Chicken Fillet on a Whole Wheat Bun-1 Broccoli Floretts -1 c. Diced Pear Cup-1/2 c. 1% White Milk-8 oz.	Swedish Turkey Meatballs-3 oz. Mashed Potatoes-1 c. Whole Wheat Dinner Roll Fresh Orange-1 1% White Milk-8 oz.	Turkey Ham and Swiss Cheese on a Sub Roll-1 Cauliflower-1 c. Applesauce Cup-1/2 c. 1% White Milk-8 oz.	Baked Ziti-5 oz. Soft Carrots-1 c. Whole Grain Bread Fresh Plum-1 1% White Milk-8 oz.	All Beef Hamburger on a Bun-1 French Fries-1 c. Pineapple Cup-1/2 c. 1% White Milk-8 oz.
20	21	22	23	24
Grilled Chicken Bites-5 Cauliflower-1 c. Whole Wheat Dinner Roll Mandarin Orange Cup-1/2 c. 1% White Milk-8 oz.	Stuffed Cheese Rigatoni with Meat Sauce-5 oz. Diced Carrots-1 c. Fresh Peach-1 Whole Grain Bread 1% White Milk-8 oz.	All Beef Hamburger on a Whole Wheat Bun-1 Mixed Vegetables-1 c. Fresh Banana-1 1% White Milk-8 oz.	Popcorn Chicken-5 oz. Mashed Potatoes-1 c. Whole Grain Bread Peach Applesauce Cup-1/2 c. 1% White Milk-8 oz.	Beef Meatballs w/ Sauce on a W/G Mini Sub Roll-1 Broccoli Floretts-1 c. Mixed Fruit Cup-1/2 c. 1% White Milk-8 oz.
27	28	29	30	31
BBQ Chicken Fillet on a Whole Wheat Bun-1 Cauliflower-1 c. Diced Peach Cup-1/2 c. 1% White Milk-8 oz.	Turkey and Cheese on a Whole Grain Kaiser Roll-1 Refried Beans-1 c. Fresh Banana-1 1% White Milk-8 oz.	Spaghetti and Meatballs-6 oz. Spinach-2 c. Fresh Apple-1 Whole Wheat Dinner Roll 1% White Milk-8 oz.	Beef Salisbury Steak with Gravy-3 oz. Roasted Potato Medley-1 c. Whole Grain Bread Diced Pear Cup-1/2 c. 1% White Milk-8 oz.	All Beef Hamburger on a Bun-1 French Fries -1 c. Applesauce Cup-1/2 c. 1% White Milk-8 oz.