

JANUARY 2023

White Pass School District Elementary

BREAKFAST



Breakfast and Lunch Meals are no charge to Students.

All Menu items are subject to change based on product availability, and may change at any time.

This institution is an equal opportunity provider.



Nutrition Tip: Happy New Year! If you made a food resolution turn it into a real solution by teaming up with a friend and celebrating your success along the way.

Reference: USDA MyPlate

MONDAY

No School

2

TUESDAY

Muffin
Yogurt
Whole Orange
Juice and Milk

3

WEDNESDAY

Cereal
½ Toasted English
Muffin & Jam
Berry Cup
Juice and Milk

4

THURSDAY

Biscuit Sandwich
Apple Sauce
Juice and Milk

5

FRIDAY

Bagel & Cream Cheese
Assorted Whole Fruit
Juice and Milk

6

Cereal
Goldfish Graham
Banana
Juice and Milk

9

Pancake on a Stick
Strawberry Cup
Juice and Milk

10

National Milk Day
Muffin
Yogurt
Whole Tangerine
Juice and Milk

11

Waffles
Apple Sauce
Juice and Milk

12

Cereal
String Cheese
Whole Apple
Juice and Milk

13

No School

16

Martin Luther King Jr.
"I have a Dream"

Bagel & Cream Cheese
Diced Peaches
Juice and Milk

17

Biscuit Sandwich
Mixed Berry Cup
Juice and Milk

18

Cereal
1 Slice Toast
Apple Sauce
Juice and Milk

19

Pop tart
Yogurt
Whole Orange
Juice and Milk

20

Donut Stick
String Cheese
Sliced Pears
Juice and Milk

23

National Compliment Day
Pancakes
Apple Sauce
Juice & Milk

24

Egg & Cheese Muffin
Banana
Juice and Milk

25

French Toast Sticks
Mixed Fruit
Juice and Milk

26

Bagel & Cream Cheese
Whole Apple
Juice and Milk

27

Cereal
Goldfish Cracker
Whole Orange
Juice and Milk

30

Pancake on a stick
Berry Cup
Juice and Milk

31

