

JR/SR High Menu May 16-20

Monday

Breakfast

PANCAKES (2)
CEREAL
POPTART
MIXED FRUIT
FRUIT JUICE
MILK

Cold Lunch Opt

Cold Main

BUFFALO CKN SALAD
FRENCH ROLL
FRUIT

Cold Alt.

ITALIAN HOAGIE
LAYS CHIPS
FRUIT
CARROTS W/RANCH

Hot Lunch

TOASTED CHEESE SAND
TOMATO SOUP
GARDEN SALAD
AST WHOLE FRUIT
MILK

Tuesday

Breakfast

EGG & HASHBROWN
ENGLISH MUFFIN
CEREAL
CHEESE & CRACKERS
AST WHOLE FRUIT
MILK

Cold Lunch Opt

Cold Main

CHEF SALAD
BREAS STICKS
FRUIT

Cold Alt.

HAM SUB
PRETZEL FISH
FRUIT
CELERY W/RANCH

Hot Lunch

NACHO BOAT
BABY CARROTS
AST WHOLE FRUIT
FRUIT SNACKS
MILK

Wednesday

Breakfast

SAUSAGE BISCUIT
CEREAL
POPTART
GRAPEFRUIT
FRUIT JUICE
MILK

Cold Lunch Opt

Cold Main

TUNA GARDEN SALAD
FRENCH ROLL
FRUIT

Cold Alt.

TURKEY SUB
ANIMAL CRACKERS
FRUIT
GARDEN SALAD CUP

Hot Lunch

CHICKEN & BISCUIT BAKE
CARROTS & CELERY
PEARS
MILK

Thursday

Breakfast

BAGEL & CR CHEESE
CEREAL
CHEESE & CRACKERS
PEARS
AST WHOLE FRUIT
MILK

Cold Lunch Opt

Cold Main

TACO SALAD
TORTILLA CHIPS
FRUIT

Cold Alt.

TUNA SUB
FRITOS
FRUIT
CUCUMBER SLICES

Hot Lunch

CHICKEN FAJITA
REFRIED BEANS
FIESTA CORN
AST WHOLE FRUIT
MILK

Friday

Breakfast

MUFFIN & YOGURT
CEREAL
POPTART
KIWI
FRUIT JUICE
MILK

Cold Lunch Opt

Cold Main

ITALIAN CHOP SALAD
FRENCH ROLL
FRUIT

Cold Alt.

UNCRUSTABLE
DORITOS
FRUIT
CARROTS W/RANCH

Hot Lunch

WAFFLE
EGG
HASHBROWN
SAUSAGE
ORANGE WEDGES
MILK