

JR/SR High Menu May 9-13

Monday

Breakfast

WAFFLES
CEREAL
POPTART
MIXED FRUIT
FRUIT JUICE
MILK

Cold Lunch Opt

Cold Main

BBQ CKN SALAD
TEA ROLL
FRUIT

Cold Alt.

ITALIAN HOAGIE
LAYS CHIPS
FRUIT
CARROTS W/RANCH

Hot Lunch

FISH STICKS
FRENCH FRIES
GARDEN SALAD
AST WHOLE FRUIT
MILK

Tuesday

Breakfast

MUFFIN & YOGURT
CEREAL
CHEESE & CRACKERS
PEACHES
AST WHOLE FRUIT
MILK

Cold Lunch Opt

Cold Main

CHEF SALAD
BREAS STICKS
FRUIT

Cold Alt.

HAM SUB
PRETZEL FISH
FRUIT
CELERY W/RANCH

Hot Lunch

HOTDOG
BAKED BEANS
BABY CARROTS
AST WHOLE FRUIT
FRUIT SNACKS
MILK

Wednesday

Breakfast

SAUSAGE BISCUIT
CEREAL
POPTART
GRAPEFRUIT
FRUIT JUICE
MILK

Cold Lunch Opt

Cold Main

GARDEN SALAD
VEGTABLE CRACKERS
FRUIT

Cold Alt.

TURKEY SUB
ANIMAL CRACKERS
FRUIT
GARDEN SALAD CUP

Hot Lunch

BBQ PORK SAND
POTATO SALAD
CARROTS & RANCH
ASST WHOLE FRUIT
MILK

Thursday

Breakfast

BAGEL & CR CHEESE
CEREAL
CHEESE & CRACKERS
PEARS
AST WHOLE FRUIT
MILK

Cold Lunch Opt

Cold Main

TACO SALAD
TORTILLA CHIPS
FRUIT

Cold Alt.

UNCRUSTABLE
FRITOS
APPLE
CUCUMBER SLICES

Hot Lunch

ORANGE CHICKEN
RICE
STIR FRY VEGGIES
PINEAPPLE
MILK

Friday

Breakfast

FRENCH TOAST STICKS
CEREAL
POPTART
KIWI
FRUIT JUICE
MILK

Cold Lunch Opt

Cold Main

ITALIAN CHOP SALAD
TEA ROLL
FRUIT

Cold Alt.

PRETZEL RODS
PEANUTBUTTER CUP
FRUIT
VEGGIE DIPPER

Hot Lunch

WPK BOWL
BREADSTICKS
AST WHOLE FRUIT
MILK