

APRIL 2020

John Simatovich Elementary



Lunch Prices
Daily - \$2.00
Weekly - \$10.00
Milk - \$.40
Cookies - \$.75

Milk & Fruit Choices Daily

Ice Cream - \$.75



Fitness Tip: Ways to Increase Physical Activity:

- Play a sport like basketball, softball, or soccer
- Walk, skate, or cycle more
- Do stretches, exercises, or pedal a stationary bike while watching TV

Monday

6 Chicken Fries
Smiley's Peas
Applesauce
OR - Bologna Sandwich

13 Nachos & Cheese
Corn
Strawberries
OR - PB&J Jamwich

20 Chicken Tenders
Twister Fries
Carrots
Peaches
OR - Turkey Sandwich

27 Hot Pocket
Corn
Applesauce
OR - Ham Sandwich

Tuesday

7 French Toast Sticks
Sausage
Hashbrown
Sliced Apples
OR - Bologna Sandwich

14 Taco
Refried Beans
Salad
Peaches
Goldfish
OR - PB&J Jamwich

21 Mini Pancakes
Sausage
Hashbrown
Sliced Apples
OR - Turkey Sandwich

28 Chicken Patty on Bun
Smiley's
Baked Beans
Peaches
OR - Ham Sandwich

Wednesday

1 Mini Waffles
Sausage
Hashbrown
Peaches
OR - PB&J Jamwich

8 Mac & Cheese
Broccoli
Peaches
Goldfish
OR - Bologna Sandwich

15 Chicken Noodle Soup
Bosco Stick
Carrots
Mixed Fruit
OR - PB&J Jamwich

22 Hot Dog on Bun
Fries
Baked Beans
Mixed Fruit
OR - Turkey Sandwich

29 Mini Waffles
Sausage
Hashbrown
Strawberries
OR - Ham Sandwich

Thursday

2 **PET DAY**
Corny Dogs
Cat Tails
Rabbit Treats
Bluebird Berries
OR - PB&J Jamwich

9 Cheesy Bread
Corn
Strawberries
OR - Bologna Sandwich

16 Hamburger on Bun
Fries
Green Beans
Blueberries
OR - PB&J Jamwich

23 Salisbury Steak
Mashed Potatoes
Corn
Applesauce
Dinner Roll
OR - Turkey Sandwich

30 Spaghetti with Meat Sauce
Garlic Toast
Peas
Mixed Fruit
OR - Ham Sandwich

Friday

3 Cheese Pizza - OR
Pretzel with Cheese
Green Beans
Mixed Fruit
OR - PB&J Jamwich

10 No School

17 Pepperoni Pizza - OR
Pretzel with Cheese
Mixed Veggies
Applesauce
OR - PB&J Jamwich

24 Cheese Pizza - OR
Pretzel with Cheese
Broccoli
Strawberries
OR - Turkey Sandwich

