

## MEDICAL / HEALTH RELATED

Ashtabula City Health Dept.....992-7122/7123

Asht. Co. Health Dept. ....576-6010...or...576-3023

Conneaut City Health Dept. ....593-3087

Blood Pressure Clinic; Immunizations/vaccines/shots; well-child physicals; health education for nutrition, tobacco. Bureau for children with medical handicaps (BCMh), TB testing, birth/death certificates.

Family Planning.....992-5953/1-888-891-4943

Annual exams/cancer screenings; birth control methods; testing/treatment for sexually transmitted infections/HIV; pregnancy testing, community education, counseling and referral; services. Teen walk-in clinic.

HIV/AIDS.....350-2464  
Testing.

Mya Center .....440-990-9107

Womens health clinic serving women with unplanned pregnancies; support for physical and emotional well being.

### \*\* SUPPORT GROUPS \*\*

Alzheimer's Association.....800-272-3900

Free education/support to families, caregivers facing Alzheimer's and other dementias.

Ashtabula Area Intergroup ..... 992-8383

24 hour support/referral information for AA, NarAnon, Celebrate Recovery, etc. Local meeting times/locations.

Ashtabula Co. Autism Support ..... 563-8758

Bringing together families affected by autism and other disabilities.

Ashtabula Co. Caregiver Support Group.....998-1811

Info sharing for individuals raising children of family members, friends. Child care & (pot luck) meal @ Signature Health, 1st Mon. of the month and at CSB the 3rd. Mon. of the month.

B.A.C.A. (Biker's Against Child Abuse).....440-413-4335

Empowering children, providing support & helping create a safer environment for abused children.

GRASP.....813-7642

Grief recovery after substance passing.

Heartbeat-Grief Support .....1-800-998-4210

Support for those who have lost a loved one through suicide.

Heart to Heart .....593-5835

A support group for those who have loved ones suffering from addiction.

Hopeline .....1-800-577-7849

24 Hour Crisis/Suicide Hotline. CRISIS TEXTLINE, Text 4 HOPE to 741741 free 24/7 text line for people in crisis.

NAMI .....440-606-6264

National Alliance on Mental Illness of Ohio; dedicated to eradication of mental illnesses and to the improvement of the quality of life for persons of all ages affected by mental illnesses.

Ohio CAN (Change Addiction now) .....789-7011

Embrace, Educate, Empower those whose lives have been impacted by substance abuse.

Rape Crisis Center ..... 440-354-7364/ 423-2020

Specialized services for survivors of rape/sexual abuse. Counseling; support groups; victims assistance.

# 2020 ASHTABULA COUNTY FAMILY GUIDE TO COMMUNITY RESOURCES

## DIAL 211

A 24-hour,  
free, multilingual,  
confidential telephone  
information service to  
**ANY**  
social, health, and  
human services programs  
and resources.  
[www.211ashtabula.org](http://www.211ashtabula.org)  
[211@accaa.org](mailto:211@accaa.org)  
or (1-800-874-8545)

### Funded by:

Ashtabula Co. Mental Health & Recovery  
Services Board  
Ashtabula County Educational Service Center

### Printed by:

BRAKERS Publ., Jefferson, Ohio, 576-0136