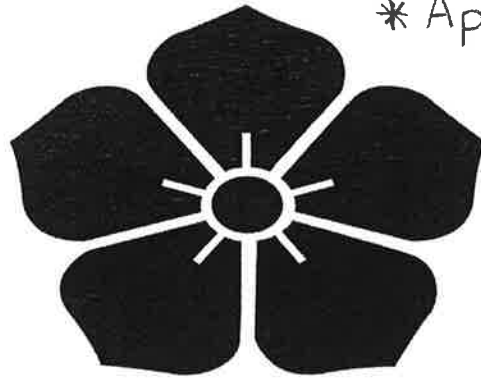


# NTI DAY 21

\* April 13, 2020



Harrison County Schools

Name: \_\_\_\_\_

Grade: 5

Teacher: \_\_\_\_\_

**Complete within 2 weeks of returning to school.**

# First Grade NTI Day #21

## Reading/Writing

### *Frog and Toad Together Again*

This week we are going to be reading the *Frog and Toad Together Again*. Please keep this booklet to use with NTI 21-25 packets.

1. Read the story with your student. Discuss Essential Questions found on the story pages.
2. Circle the vocabulary words in the story.
3. Complete the writing prompt. Be sure to use your neatest handwriting and check for capital letters and punctuation.

## Phonics/Fundations

Complete the lesson with your student. Afterward, have your student practice reading words from the **Words to Practice** page.

## Math- 2 Dimensional (2D) Shapes

Complete the lesson with your student. Afterward, your student should be able to complete the practice page.

Name \_\_\_\_\_

**The Garden**  
Vocabulary Word Cards

<b>few</b>	<b>shall</b>
<b>loudly</b>	<b>story</b>
<b>night</b>	<b>window</b>
<b>noise</b>	<b>world</b>

Who are the characters in this story and what is the setting?

What words on page 16 tell you about these characters?



# NTI DAY #21

# PHONICS/FUNDATIONS

Dear Parents/Guardians,

You will work with your student in learning a new sound which will help in reading, spelling, and writing. Your focus will be on sounds and making sure your student hears all the sounds in each word.

Parent says	<i>Today, we will be focusing on the Bossy R. When R follows a vowel it will change the vowel sound. Together the -ar make the sound like what a pirate would say. For example in the word cat, the vowel makes a short vowel sound. If an -r is added after the vowel -a, then the -ar together says /ar/. (Make pirate sound)</i>
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Parent says	<i>I will say the letters, then key word, and then sound. You will repeat it back to me.</i>
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Parent says	<i>-ar, car,/ar/.</i>
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Student repeats	<i>-ar, car,/ar/.</i>
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**You will use the Dictation Page for the following practice.**

Parent says	<i>Now, we are going to practice writing words using the -ar. I will say the words and you will repeat it back to me before writing it. Say it slow so you can hear all the sounds.</i>
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Parent says	<i>1. farm</i>
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Student repeats	<i>/f/-/ar/-/m/</i>
-----------------	---------------------

**You will continue to dictate words 1-5 in this manner. Supporting your student to write -ar the sound is heard.**

- 1. farm 2. star 3. yard 4. jar 5. art**

**Now, you will dictate a sentence for your student to write. Support your student by counting the number of words in the sentence. Then have your student repeat the sentence back to you before beginning to write.**

Parent says	<i>He can park the car in the barn.</i>
-------------	---

**Have your student practice reading the words on the Words to Practice page.**

## NTI #21 DICTATION PAGE

1.

2.

3.

4.

5.

### Sentence Dictation

## Words to Practice

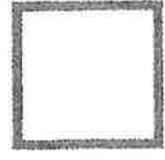
farm	yard	harm
art	mart	smart
bark	shark	dark
yarn	hard	sharp
jar	star	park
card	arm	harp
bar	part	snarl
tart	scars	spark
**garden	**market	**party
**carpet	**marching	**apart

**\*\*Challenge words**



Name \_\_\_\_\_

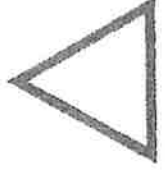
Draw an object from your home that matches each shape below. How do you know that the shape you drew is the same as the one on the page?



Square



Circle



Triangle



Rectangle



Hexagon



I can ...

use attributes to match shapes.

© Content Standard 1.G.A.1  
Mathematical Practices MP.6,  
MP.7, MP.8



Solve





triangle



circle



rectangle



square



Two-dimensional, or 2-D shapes, are plane shapes. You can define 2-D shapes by how they look.

Some 2-D shapes have straight **sides** and some 2-D shapes do not.

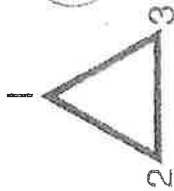


3 straight sides



0 straight sides

Some 2-D shapes have corners called **vertices** and some 2-D shapes do not.



3 vertices



0 vertices

2-D shapes are closed. Their sides are all connected.

This is not a triangle. It is not a closed shape with 3 sides.



### Do You Understand?

Show Me! Look at the

~~green~~ triangle above. How would you define it by how it looks?

### ☆ Guided Practice

For each shape, tell how many straight sides or vertices, and if it is closed or not.



How many straight sides? 4

Closed? Yes



How many vertices? \_\_\_\_\_

Closed? \_\_\_\_\_








How many straight sides? \_\_\_\_\_

Closed? \_\_\_\_\_

# 2D Shapes Practice Page

<p>Draw a closed shape with 3 vertices.</p>	<p>Draw a closed shape with 0 straight sides.</p>	<p>Draw a closed shape with more than 3 vertices.</p>
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SHAPE	How Many SIDES	How Many VERTICES
		
		
		
		
		

PE/Health NTI Day 21

All Grades:

PE Fitness Calendar: Check off each day as you complete the task on the calendar. Do each task 3 times per day.

Choose a Tabata Workout and complete it 3 times today. You can choose the same one each time or switch. Use a stopwatch, clock, timer app, or microwave as your timing device.

Grades 3, 4, & 5:

Create your own game and play with your family. Use the worksheet provided to explain your game. Please be clear when describing the rules and instructions. Be sure to include what equipment or other things you used to play.

Please put the time you completed each workout and have a parent/guardian sign below.

Tabata workout 1:

Time completed: \_\_\_\_\_ Signature: \_\_\_\_\_

Tabata workout 2:

Time completed: \_\_\_\_\_ Signature: \_\_\_\_\_

Tabata workout 3:




















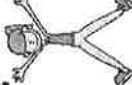

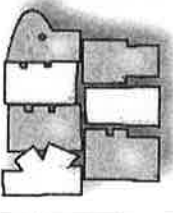
Time completed: \_\_\_\_\_ Signature: \_\_\_\_\_

# Physical Education Fitness Calendar

**Directions:** Complete each fitness challenge for each day of the month. When you are finished, pass it in to your Physical Education teacher.

**Note:** if you miss a day, that's ok. Just make up that day on the next day. The idea is to do something active everyday!!!

## April 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Student Name:</b> _____</p> <p><b>Classroom Teacher:</b> _____</p>	<p><b>Parent Signature:</b> _____</p>					
<p>5 Get some cans of food and do arm curls while a family member or friend counts to 100. Use both arms!</p> 	<p>6 Keep your legs straight while you bend relaxed at the waist. Breathe in and out slowly making your hands reach for the floor.</p> 	<p>7 Do the butterfly stretch while saying out loud to words that begin with the letter "J".</p> 	<p>8 Reach up off the floor 15 times.</p> 	<p>9 Do squats while watching 3 commercials on T.V.</p> 	<p>10 Crab Walk from the kitchen to your bedroom (Even if it's up or down the stairs!)</p> 	<p>11 Balance on one foot while a family member or friend sings the ABC song 3 times.</p> 
<p>2 Challenge a family member or friend to a "Mountain Climber To 50" Race.</p> 	<p>13 Pretend to hula hoop while saying the alphabet forwards then backwards. If you have a hula hoop, use it!</p> 	<p>14 Dance to one of your favorite songs.</p> 	<p>15 Do 60 seconds of arm circles.</p> 	<p>16 Rest Day</p>	<p>17 Grab one foot and stretch your thigh for 30 seconds. Use the other leg. Then try it with your eyes closed.</p> 	<p>18 Hold a push-ups position while giving a high five to a family member or friend 25 times.</p> 
<p>19 Stand in front of a mirror and flex or move every muscle you can think of.</p> 	<p>20 Get some cans of food and do lunges while a family member or friend sings you THEIR favorite song.</p> 	<p>21 Spell your full name while you jump in the air for each letter.</p> 	<p>22 Rest Day</p>	<p>23 Reach and touch your toes while counting to 30. Go slow! Repeat 3 times.</p> 	<p>24 Do 50 side bends. While doing them sing your favorite song out loud.</p> 	<p>25 Challenge a family member or friend to a jumping jack race to 50" contest.</p> 
<p>26 Do 100 jumping Jacks.</p> 	<p>27 With your back flat against the wall, do the Wall Sit for 60 seconds.</p> 	<p>28 Rest Day</p>	<p>29 Make up your own fitness challenge and draw it on the back of this paper.</p>	<p>30 Pick One Of Your Favorite Days And Do It Again!!!</p>		<div style="border: 1px solid black; padding: 5px;"> <p>Check off (✓) when you finish each day</p> </div>



# TABATA



## 1. MOUNTAIN CLIMBERS



10 SEC REST

20 SEC MOVE



## 2. SQUATS



10 SEC REST

20 SEC MOVE



## 3. SIT-UPS



10 SEC REST

20 SEC MOVE



## 4. ARM CIRCLES

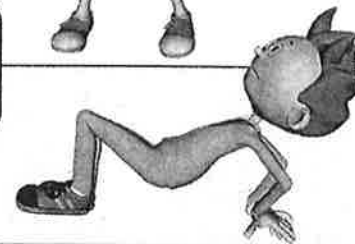


10 SEC REST

20 SEC MOVE



## 5. GROUND DIPS



10 SEC REST

20 SEC MOVE



## 6. WALL SIT



10 SEC REST

20 SEC MOVE



# 2

## HIGH INTENSITY INTERVAL TRAINING





# TABATA



## 1. JUMPING JACKS



10 SEC REST

20 SEC MOVE

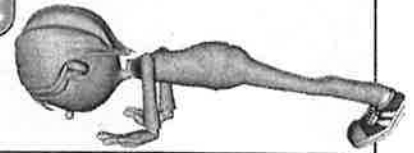


## 2. PUSH-UPS



10 SEC REST

20 SEC MOVE

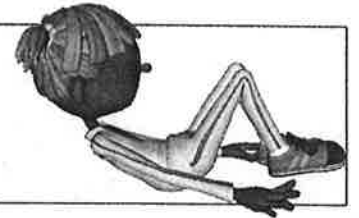


## 3. CRUNCHES



10 SEC REST

20 SEC MOVE

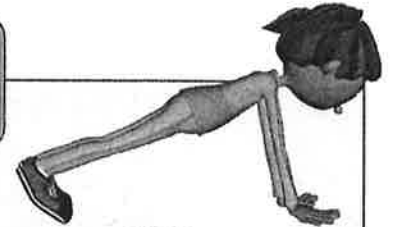


## 4. BURPEES



10 SEC REST

20 SEC MOVE

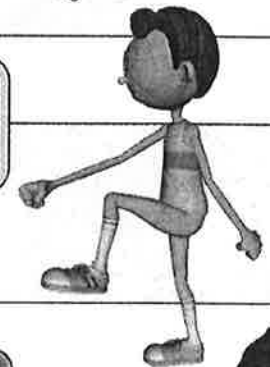


## 5. HIGH KNEES



10 SEC REST

20 SEC MOVE



## 6. JOG IN PLACE



10 SEC REST

20 SEC MOVE



# 1

## HIGH INTENSITY INTERVAL TRAINING