

16

NTI DAY

11-20



Harrison County Schools

Name: _____

Grade: 1st

Teacher: _____

Complete within 2 weeks of returning to school.

NTI Day # 16

Reading

1. Today's writing continues with our story from last week. Read the pages that it gives and answer the questions about the characters. This paper is front and back. Be sure to complete both sides and use neatest handwriting.
 2. Today there is another compound words sheet. Combine the two words that are given to make a new word. Go back and neatly color the pictures that go along with the words.
 3. Go to storyonline.net and listen to any book of your choice. If you do not have access to the internet, choose any book to read. Write the title of the book below
-

Name _____ Date _____



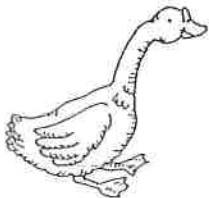
Little Rabbit's Tale

Goose and Beaver Tell the Tale

It is time for Goose and Beaver to tell the story!

Read pages 164–169. Tell this part of the story the way Goose would tell it. Tell how Goose feels and what happens.

A large, rounded rectangular writing area with a dashed midline for each line, designed for students to write their response.



Name _____ Date _____

Little Rabbit's Tale
Independent Reading

Read pages 174–179. Tell the end of the story like Beaver would tell it. Why is Beaver unhappy at Little Rabbit's house? What happens next?

A large, rounded rectangular writing area with horizontal lines and dashed midlines for handwriting practice.



Name _____

Compound Words

Little Rabbit's Tale
Phonics: Compound Words

 Listen to the small words. Read along.

Write the name of the picture.

1.



bath + tub

2.



bed + room

3.



book + case

4.



snow + man

5.



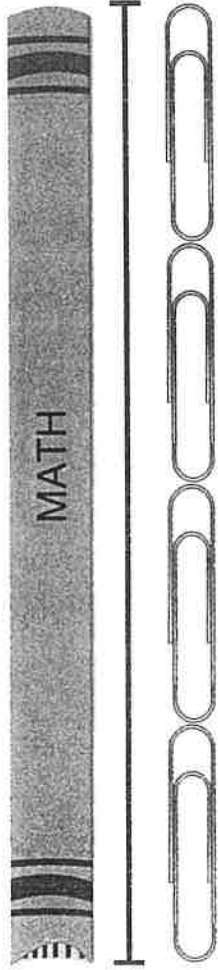
base + ball

& Practice 12-3

Use Units to Measure Length

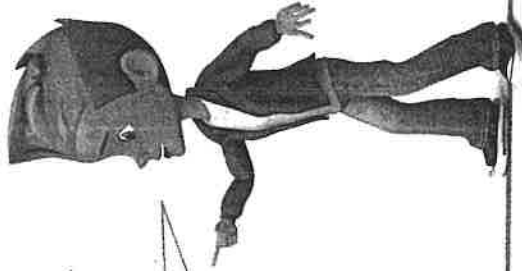
Another Look! You can use smaller objects to measure the length of longer objects. The smaller object will be the length unit.

Use paper clips to measure the length of the book.



Measure: 4

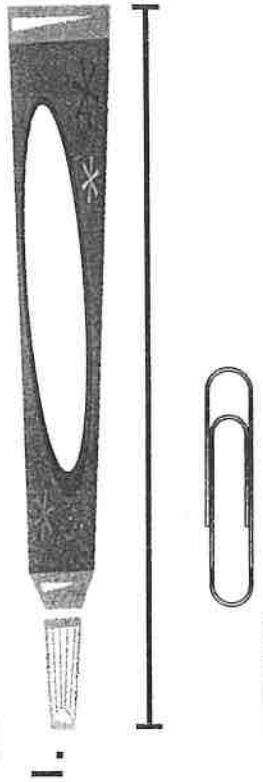
Use paper clips that are all the same length. Make sure there are no gaps or overlaps!



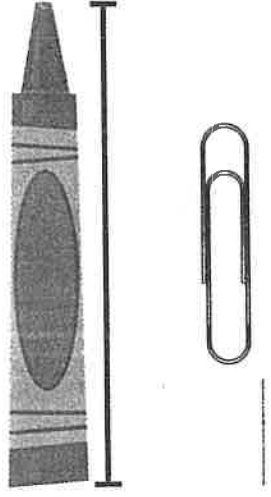
HOME ACTIVITY Have your child measure the lengths of several small objects. Use paper clips, or other same-size items, as the length unit.



Use paper clips to measure the length.



1.



2.



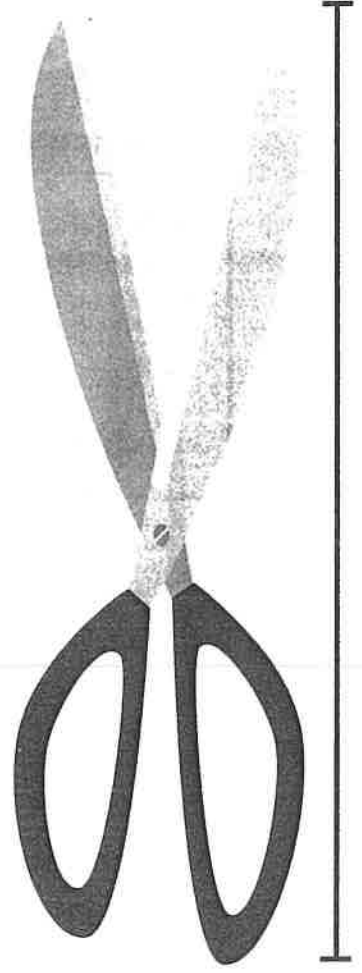
5. **Higher Order Thinking** Draw a picture to solve. Clara's pencil is 5 cubes long. About how long would the pencil be if Clara measured it with paper clips? Explain your answer.



Clara's pencil is about _____.

6. **Assessment** Which is **NOT** the correct length of the scissors? Choose all that apply.

- 10
- 6
- 4
- 2



NTI DAY #16

PHONICS/FUNDATIONS

Dear Parents/Guardians,

You will work with your student in learning a new sound which will help in reading, spelling, and writing. Your focus is on sounds and making sure your student hears all the sounds in each word.

Parent says	<i>Today, we will be focusing on the long o sound. This sound can be made by the vowel team -ow. When you see this vowel team in a word, it will say /o/, like in snow, mow, and show.</i>
Parent says	<i>I will say the letters, then key word, and then sound. You will repeat it back to me.</i>
Parent says	<i>ow, snow, /o/.</i>
Student repeats	<i>-ow, snow, /o/.</i>

You will use the Dictation Page for the following practice.

Parent says	<i>Now, we are going to practice writing words using the vowel team -ow. I will say the words and you will repeat it back to me before writing it. Say it slow so you can hear all the sounds. You may tap out the word before writing it.</i>
Parent says	<i>1. mow</i>
Student repeats	<i>/m/-/o/</i>

You will continue to dictate words 1-5 in this manner. Supporting your student to write -ow when the long o sound is heard.

1. mow 2. glow 3. blow 4. show 5. grow

Now, you will dictate a sentence for your student to write. Support your student by counting the number of words in the sentence. Then have your student repeat the sentence back to you before beginning to write.

Parent says	The snow will blow on the road.
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Have your student practice reading the words on the Words To Practice page.

Words to Practice

low	crow	own
row	snow	bow
mow	throw	thrown
show	bowl	growth
blow	blown	yellow
flow	grown	pillow
grow	flown	window

NTI #16 DICTATION PAGE

1.

2.

3.

4.

5.

Sentence Dictation

NTI Day 16

PE/Health

As part of NTi Day 11, PE and Health has been designated as your special, for today. For today's lesson, students will be performing various physical/health related activities.

ALL GRADE LEVELS

PE Bingo - Students will complete various activities listed on the BINGO card, in order to complete a BINGO line. They must complete 1 line vertically, 1 line horizontally, and 1 line diagonally. Parents please initial each box, as it is completed, for verification.

How Many Can You Do in 100 Seconds - This worksheet has a list of exercise activities for the students to perform. Each activity will be timed for 100 seconds, to see how many of each exercise they can do.

PE Fitness Calendar - Please continue to perform the designated movement that is listed on the calendar for each day, 3 times each day.

Physical Education BINGO

Name: _____ Teacher: _____

While at home please work to complete these different activities in order to make a BINGO! Write an answer or initial on the line when you complete the box. Turn in your BINGO card upon your return to school.

B Be ready for an adventure	I Indoor activities	N Need for Speed	G Getting off the couch	O Outdoor Activities
How many stairs are in your house? _____	Balance on 1 foot longer than your family members. _____	How fast can you skip from room to room. _____	Have a family plank contest. _____	See how far you can jump in 5 tries. _____
Take a nature hike in your yard. _____	Do a jumping jack for every letter of the alphabet. _____	How fast can you run a lap around your house? _____	Teach your family your favorite tag game. _____	Hop from your car to your house. _____
How many steps does it take to walk around your house? _____	Jump in and out of a room in your house while counting to 10 _____	FREE SPACE	Do jumping jacks for 3 different commercials. _____	Run 1 lap around your house for every letter in your name. _____
Do push ups during one commercial set _____	Jog in place for 30 seconds in every room of your house. _____	Have a race to find the fastest person in your family. _____	Dance to your favorite song. _____	Do 3 different animal laps around your house. _____
Take a walk around your neighborhood _____	Toss a ball to yourself or someone else and catch it 20 times. _____	How fast can you clean up your toys? _____	Do jumping jacks for 3 different commercials. _____	Coordinate a 2 minute dance using fortnite moves _____

NAME: _____

Home Room Teacher: _____

How many can
you do in
100 seconds?



Jumping Jacks



Sit-Ups



Hops



Toe Touches



Push-Ups



Step-Ups

























Jump Rope

Physical Education Fitness Calendar

Directions: Complete each fitness challenge for each day of the month. When you are finished, pass it in to your Physical Education teacher.

Note: if you miss a day, that's ok. Just make up that day on the next day. The idea is to do something active everyday!!!

March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>Hold onto a chair and stand on your tiptoe for 1 minute.</p> 	<p>2</p> <p>Lift one leg and balance without putting your other foot down for 30 seconds. Repeat with the other leg.</p> 	<p>3</p> <p>Jog in place for 30 seconds in every room of your home.</p> 	<p>4</p> <p>Do 25 back leg kicks per leg.</p> 	<p>5</p> <p>Hold the Suphero pose while you say the alphabet backwards. Repeat 3 times.</p> 	<p>6</p> <p>Rest Day</p>	<p>7</p> <p>Do bicycle legs with a family member or friend for 60 seconds.</p> 
<p>8</p> <p>Do 15 push-ups with a family member or friend.</p> 	<p>9</p> <p>Do a side plank for 30 seconds each arm.</p> 	<p>10</p> <p>Do side lunges 30 times per leg.</p> 	<p>11</p> <p>In the Suphero pose lift a book off the ground and read one entire page.</p> 	<p>12</p> <p>Rest Day</p>	<p>13</p> <p>Hold the Bird Dog position for 45 seconds per side.</p> 	<p>14</p> <p>Do 50 Jumping Jacks with a family member or friend.</p> 
<p>15</p> <p>Do 25 front lunges per leg with a family member or friend.</p> 	<p>16</p> <p>Put your feet under the couch and do 20 curl-ups.</p> 	<p>17</p> <p>Hold onto your toes while balancing on your bottom for 30 seconds.</p> 	<p>18</p> <p>Rest Day</p>	<p>19</p> <p>Do side leg lifts 30 times per leg.</p> 	<p>20</p> <p>Do high knees while singing the school song.</p> 	<p>21</p> <p>Hold hands with a family member or friend and do 25 squats together.</p> 
<p>22</p> <p>Challenge a family member or friend to a "balance on one foot with eyes closed without losing balance" contest.</p> 	<p>23</p> <p>Challenge a family member or friend to a "plank without laughing" competition.</p> 	<p>24</p> <p>Rest Day</p>	<p>25</p> <p>Do 30 Wall push-ups.</p> 	<p>26</p> <p>See how many push-ups you can do in 30 seconds.</p> 	<p>27</p> <p>Put your toes under the couch and do 15 curl-ups.</p> 	<p>28</p> <p>Challenge a family member or friend to a "y balance" competition.</p> 
<p>29</p> <p>Make up your own fitness challenge and draw it on the back of this paper.</p>	<p>30</p> <p>Rest Day</p>	<p>31</p> <p>Pick One Of Your Favorite Days And Do it Again!!!</p>	<p>Student Name:</p>	<p>Parent Signature:</p>	<p>Check off (✓) when you finish each day</p>	