

NTI DAY 1



Harrison County Schools

Name: _____

Grade: 1

Teacher: _____

Complete within 2 weeks of returning to school.

Student Name: _____

First Grade

Day 1 Checklist

___ Read - 15 minutes

adult signature to verify reading time

___ Practice Sight Word List - 5 minutes

___ Reading Lesson - 40 minutes

OR

___ EXACT PATH (reading)*

___ Math Lesson - Word Problems - 45 minutes

OR

___ EXACT PATH (math)*

___ Fact Fluency - 15 minutes

___ Specials Activities - 45 minutes

: Health/PE

Students have the option of logging into their EXACT PATH account and completing activities. Although this is a new program for Harrison County, your student SHOULD know how to log in. Students can use tablets, smart phones, or computers to access their individual learning path.

On each NTI day, teachers will log in as well to check and monitor student activity, IF the student has chosen this option.

First Grade Journeys Sight Words

and	away	blue	two
be	call	cold	watch
help	come	far	bird
play	every	little	both
with	hear	live	eyes
you	said	their	fly
for	animal	water	long
have	how	where	or
he	make	been	those
look	of	brown	walk
too	some	know	around
what	why	never	because
do	her	off	before
find	now	out	bring
funny	our	own	carry
no	she	very	light
sing	today	down	show
they	would	fall	think
all	after	goes	about
does	draw	green	by
here	pictures	grow	car
me	read	new	could
my	was	open	don't
who	write	yellow	maybe
friend	eat	four	sure
full	give	five	there
good	one	into	first
hold	put	over	food
many	small	starts	ground
pull	take	three	right

First Grade Journeys Sight Words

sometimes	eight	above	thought
these	follow	bear	took
under	learning	even	brothers
your	until	pushed	everyone
done	years	studied	field
great	young	surprised	loved
laugh	again	teacher	most
paper	along	toward	only
soon	began	always	people
talk	boy	different	sorry
were	father	enough	
work	house	happy	
door	nothing	high	
more	together	near	
mother	almost	once	
old	country	stories	
try	covers	across	
use	earth	ball	
want	kinds	cried	
wash	ready	head	
few	soil	heard	
loudly	warms	large	
night	buy	second	
noise	city	should	
shall	family	beautiful	
story	myself	caught	
window	party	friendship	
world	please	idea	
baby	school	listen	
begins	seven	minute	



Parents, For Your Information: 24 words, 9 new words—
is, can, play, run, sleep, eat, jump, good, cat

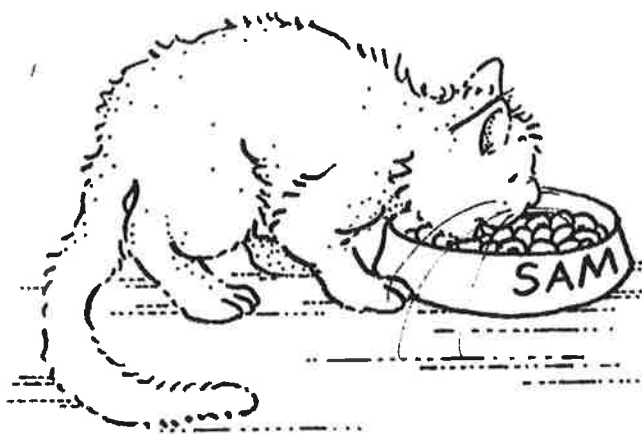
LISTEN to your
child read this
story aloud.

Sam

Sam is a cat.
Sam can play.
Sam can run.



Sam can sleep.



Sam can eat.
Sam can jump.
Sam is a good cat.

Dear Parents,

One of the ways you can help a beginning reader is to teach him or her to look at the illustrations for clues about the story and any unfamiliar words. By teaching children to look carefully at the pictures, you encourage them to pay more attention to the helpful details. Looking for details is a skill that will aid them in all aspects of reading, including factual recall. For example, in this little story, both the text and the pictures can aid your child in answering the second question below. Remember to discuss pictures and illustrations before and during reading.

Skill

Factual Recall

We completed this assignment together.

(Child's Signature)

(Parent's Signature)

The Questions



Answer these questions together and write the answers on the lines.

1. What is the cat's name?

2. What are three things the cat can do?

3. What kind of cat is Sam?

Name: _____

They All Sound the Same

Can you think of three rhyming words to go with each picture?



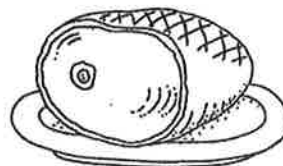
mad



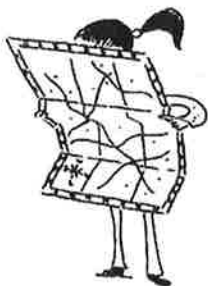
wag



cat



ham



map



man

Name _____

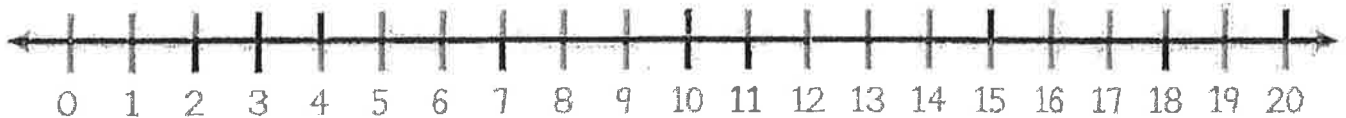
Write the missing numbers.

1	2		4	5		7	8		10
11		13	14		16	17		19	20
	22	23		25	26		28	29	
31	32		34	35		37	38		40
41		43	44		46	47		49	50
	52	53		55	56		58	59	
61	62		64	65		67	68		70
71		73	74		76	77		79	80
	82	83		85	86		88	89	
91	92		94	95		97	98		100
101		103	104		106	107		109	110
	112	113		115	116		118	119	120

Name _____

Word Problem:

There are 7 pigs, 5 chickens, and 2 horses at the farm. How many animals are at the farm in all?



I can draw a picture of the problem:

I can show the problem on a twenty frame:

My Answer
is:

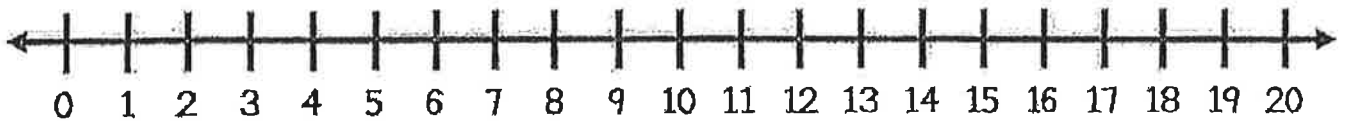
I can write an equation for the problem:

$$\underline{\quad} + \underline{\quad} + \underline{\quad} = \underline{\quad}$$

Name _____

Word Problem:

We see 18 birds sitting in the tree.
3 of the birds fly away. How many
birds are in the tree now?



I can draw a picture
of the problem:

I can show the
problem on a
twenty frame:

My Answer
is:

I can write an equation for the problem:

_____ - _____ = _____

Fact Fluency

Name: _____

Addition

$$\begin{array}{r} 10 \\ + 1 \\ \hline \end{array}$$

$$\begin{array}{r} 10 \\ + 3 \\ \hline \end{array}$$

$$\begin{array}{r} 10 \\ + 5 \\ \hline \end{array}$$

$$\begin{array}{r} 10 \\ + 4 \\ \hline \end{array}$$

$$\begin{array}{r} 10 \\ + 9 \\ \hline \end{array}$$

$$\begin{array}{r} 10 \\ + 6 \\ \hline \end{array}$$

$$\begin{array}{r} 10 \\ + 2 \\ \hline \end{array}$$

$$\begin{array}{r} 10 \\ + 8 \\ \hline \end{array}$$

$$\begin{array}{r} 10 \\ + 7 \\ \hline \end{array}$$

$$\begin{array}{r} 10 \\ + 10 \\ \hline \end{array}$$

$$\begin{array}{r} 10 \\ + 0 \\ \hline \end{array}$$

$$\begin{array}{r} 10 \\ + 5 \\ \hline \end{array}$$

$$\begin{array}{r} 10 \\ + 3 \\ \hline \end{array}$$

$$\begin{array}{r} 10 \\ + 6 \\ \hline \end{array}$$

$$\begin{array}{r} 10 \\ + 9 \\ \hline \end{array}$$

$$\begin{array}{r} 10 \\ + 10 \\ \hline \end{array}$$

$$\begin{array}{r} 10 \\ + 7 \\ \hline \end{array}$$

$$\begin{array}{r} 10 \\ + 4 \\ \hline \end{array}$$

$$\begin{array}{r} 10 \\ + 8 \\ \hline \end{array}$$

$$\begin{array}{r} 10 \\ + 2 \\ \hline \end{array}$$

$$10 + 0 = \underline{\quad}$$

$$10 + 10 = \underline{\quad}$$

Fact Fluency

Name: _____

Addition

$$\begin{array}{r} 2 \\ + 1 \\ \hline \end{array}$$

$$\begin{array}{r} 5 \\ + 3 \\ \hline \end{array}$$

$$\begin{array}{r} 6 \\ + 7 \\ \hline \end{array}$$

$$\begin{array}{r} 4 \\ + 6 \\ \hline \end{array}$$

$$\begin{array}{r} 8 \\ + 4 \\ \hline \end{array}$$

$$\begin{array}{r} 2 \\ + 3 \\ \hline \end{array}$$

$$\begin{array}{r} 6 \\ + 4 \\ \hline \end{array}$$

$$\begin{array}{r} 10 \\ + 5 \\ \hline \end{array}$$

$$\begin{array}{r} 9 \\ + 5 \\ \hline \end{array}$$

$$\begin{array}{r} 4 \\ + 8 \\ \hline \end{array}$$

$$\begin{array}{r} 9 \\ + 4 \\ \hline \end{array}$$

$$\begin{array}{r} 8 \\ + 10 \\ \hline \end{array}$$

$$\begin{array}{r} 1 \\ + 6 \\ \hline \end{array}$$

$$\begin{array}{r} 8 \\ + 9 \\ \hline \end{array}$$

$$\begin{array}{r} 4 \\ + 1 \\ \hline \end{array}$$

$$\begin{array}{r} 3 \\ + 2 \\ \hline \end{array}$$

$$\begin{array}{r} 8 \\ + 4 \\ \hline \end{array}$$

$$\begin{array}{r} 5 \\ + 8 \\ \hline \end{array}$$

$$\begin{array}{r} 2 \\ + 7 \\ \hline \end{array}$$

$$\begin{array}{r} 6 \\ + 2 \\ \hline \end{array}$$

$$5 + 7 = \underline{\quad}$$

$$4 + 8 = \underline{\quad}$$

NTI Day 1

PE/Health

As part of your first NTI day, PE and Health has been designated as your special for today. For today's lesson, students will be performing various physical activities and a health activity that is related to nutrition.

For the PE side, students will perform various physical activities and record their data on the attached physical activity log. Students are required to perform at least 30 minutes of moderate to vigorous activity. This 30 minutes does not have to be completed all at once. It can be broken down into 5-10 minute intervals, but must total 30+ minutes of activity, for the day. Students will write down the type of activity they participated in, how long they did it, and how intense the activity was.

For the remaining part of the lesson, students will learn about nutrition and other health related subject matter through Grade Level appropriate worksheets/assignments. Please see the break down of assignments below and have your child complete the assignments for his or her grade level:

Kindergarten -

Students will complete a Physical Activity log and the attached worksheets "A Smile or Frown" and "Healthful Food Choices"

1st Grade -

Students will complete a Physical Activity Log and the attached worksheets "Whose Heart Works Hard", "Keeping Active", and "Getting a Good Night's Sleep"

2nd Grade -

Students will complete a Physical Activity Log and the attached worksheets "Miss Mary Mack's Food Tally Chart" and "Miss Mary Mack's Food Bar Graph"

3rd Grade -

Students will complete a Physical Activity Log and the attached worksheets "Too Much of a Good Thing" and "Sam's Health"

4th Grade -

Students will complete a Physical Activity Log and complete the attached worksheets "Reading Nutrition Labels"

5th Grade -

Students will complete a Physical Activity Log and complete the attached worksheets "Health Behavior Contract"

NTI Day Activity Log:

Type of Activity:	Length of Activity:	Intensity: (Low, Moderate, High)	Parent/Guardian Signature:

Examples of Activities:

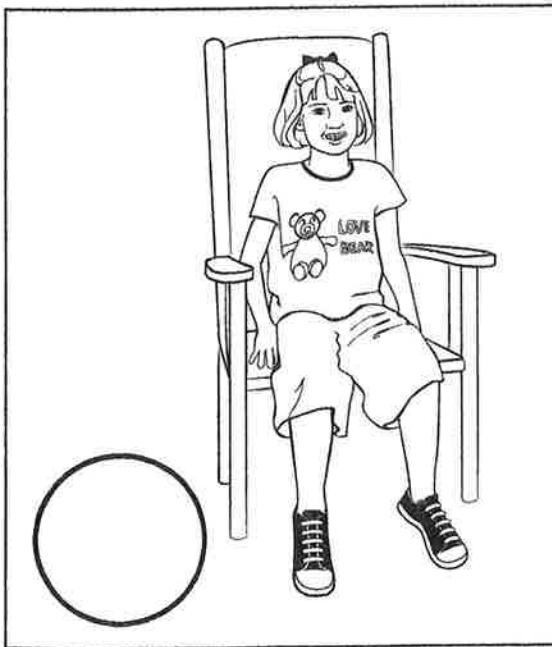
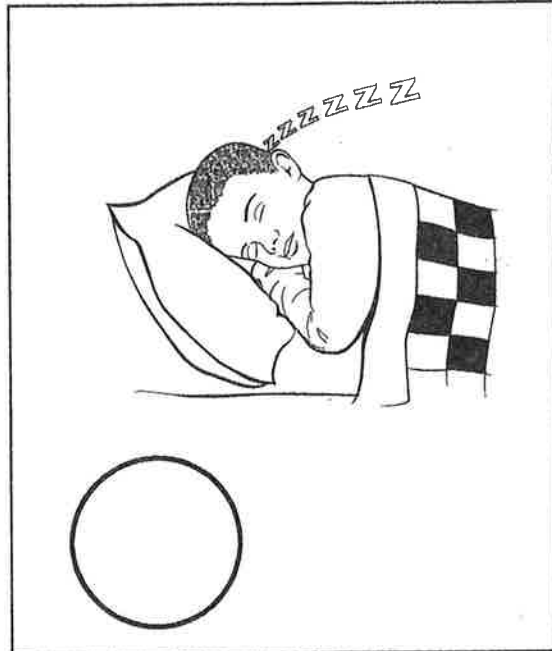
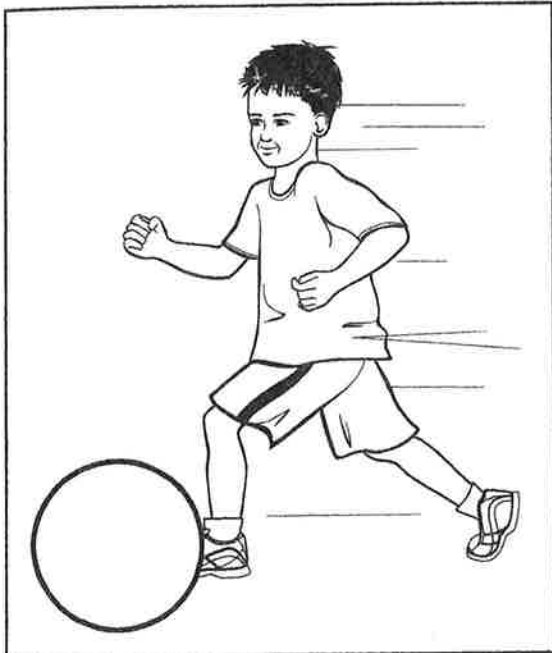
Running or jogging, walking, sledding, snowboarding, yard work, shoveling the driveway, stretching, push-ups, crunches, dancing, sport activities or practice, or any other physical activity that you may do during the day.

Student Master

Whose Heart Works Hard?

Name _____

Color the circles green if the heart works hard.
Color the circles red if the heart rests.





Name _____

Keeping Active

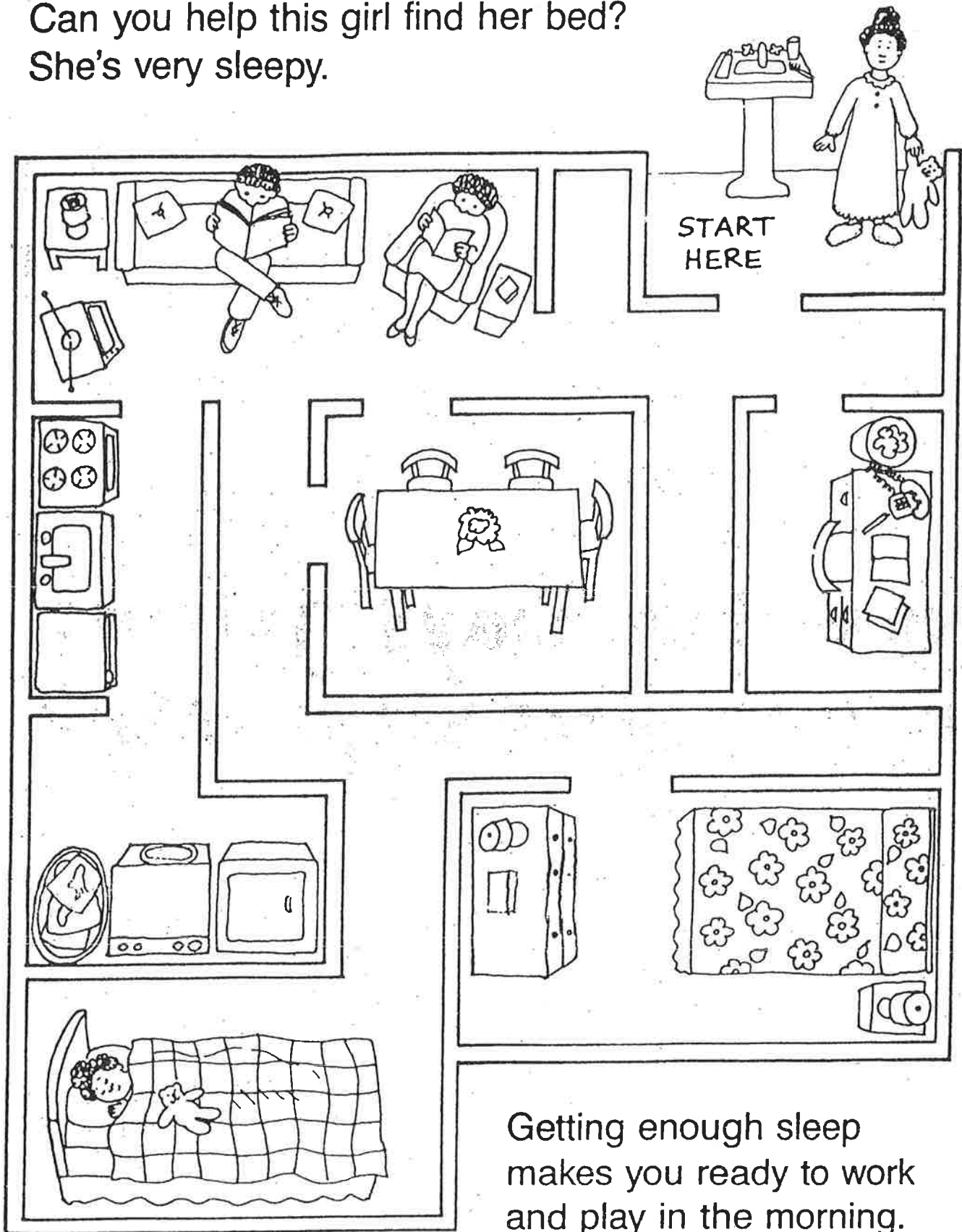


Draw three ways you can stay fit.

A large empty rectangular box for drawing the first way to stay fit.A large empty rectangular box for drawing the second way to stay fit.A large empty rectangular box for drawing the third way to stay fit.

GET A GOOD NIGHT'S SLEEP

Can you help this girl find her bed?
She's very sleepy.



1. Why do you need sleep?

2. Name two ways getting enough sleep helps you?