

*Harrison County School Health Clinic*

***EMERGENCY  
ACTION  
PLAN***

**Confidential**

Student Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Date of Implementation: \_\_\_\_\_

This EAP is appropriate for use for ONE YEAR from the date of implementation.

# EMERGENCY ACTION PLAN

Harrison County School Health Clinic  
STUDENT INFORMATION

Student Name: \_\_\_\_\_ DOB \_\_\_\_\_ YEAR \_\_\_\_\_

SCHOOL: \_\_\_\_\_ GRADE: \_\_\_\_\_ TEACHER: \_\_\_\_\_

Student's address: \_\_\_\_\_ PHONE: \_\_\_\_\_

Medication Allergies or OTHER Allergies: \_\_\_\_\_

Mother's/ Guardian's Name: \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (C) \_\_\_\_\_ (W) \_\_\_\_\_

Father's/ Guardian's Name: \_\_\_\_\_

Phone:(H) \_\_\_\_\_ (C) \_\_\_\_\_ (W) \_\_\_\_\_

Emergency Contact #1: \_\_\_\_\_

Phone: \_\_\_\_\_

Relationship: \_\_\_\_\_

Emergency Contact #2: \_\_\_\_\_

Phone: \_\_\_\_\_

Relationship: \_\_\_\_\_

Provider's Name: \_\_\_\_\_

Date last seen: \_\_\_\_\_

Phone: \_\_\_\_\_

Provider's Address: \_\_\_\_\_

HEALTH CONDITION: (Diabetes, Asthma, Seizures, Severe Allergy, Other	Medications	Care needed at school. PLAN INITIATED

Other information or instructions: \_\_\_\_\_

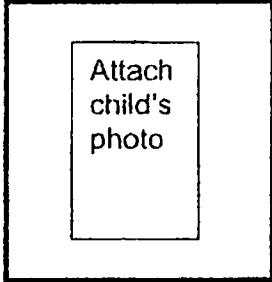
Nurse Signature	Person Interviewed	Date: Initial Interview and yearly updates

# Allergy and Anaphylaxis Emergency Plan

Child's name: \_\_\_\_\_ Date of plan: \_\_\_\_\_

Date of birth: \_\_\_/\_\_\_/\_\_\_ Age \_\_\_ Weight: \_\_\_\_\_ kg


Child has allergy to \_\_\_\_\_




- Child has asthma.  Yes  No (If yes, higher chance severe reaction)  
 Child has had anaphylaxis.  Yes  No  
 Child may carry medicine.  Yes  No  
 Child may give him/herself medicine.  Yes  No (If child refuses/is unable to self-treat, an adult must give medicine)

### IMPORTANT REMINDER

Anaphylaxis is a potentially life-threatening, severe allergic reaction. If in doubt, give epinephrine.

<p><b>For Severe Allergy and Anaphylaxis</b> <b>What to look for</b></p> <p>If child has ANY of these severe symptoms after eating the food or having a sting, <b>give epinephrine.</b></p> <ul style="list-style-type: none"> <li>• Shortness of breath, wheezing, or coughing</li> <li>• Skin color is pale or has a bluish color</li> <li>• Weak pulse</li> <li>• Fainting or dizziness</li> <li>• Tight or hoarse throat</li> <li>• Trouble breathing or swallowing</li> <li>• Swelling of lips or tongue that bother breathing</li> <li>• Vomiting or diarrhea (if severe or combined with other symptoms)</li> <li>• Many hives or redness over body</li> <li>• Feeling of "doom," confusion, altered consciousness, or agitation</li> </ul> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><input type="checkbox"/> <b>SPECIAL SITUATION:</b> If this box is checked, child has an extremely severe allergy to an insect sting or the following food(s): _____. Even if child has MILD symptoms after a sting or eating these foods, <b>give epinephrine.</b></p> </div>	<p style="text-align: center;"></p> <p><b>Give epinephrine!</b> <b>What to do</b></p> <ol style="list-style-type: none"> <li>1. Inject epinephrine right away! Note time when epinephrine was given.</li> <li>2. Call 911.             <ul style="list-style-type: none"> <li>• Ask for ambulance with epinephrine.</li> <li>• Tell rescue squad when epinephrine was given.</li> </ul> </li> <li>3. Stay with child and:             <ul style="list-style-type: none"> <li>• Call parents and child's doctor.</li> <li>• Give a second dose of epinephrine, if symptoms get worse, continue, or do not get better in 5 minutes.</li> <li>• Keep child lying on back. If the child vomits or has trouble breathing, keep child lying on his or her side.</li> </ul> </li> <li>4. Give other medicine, if prescribed. Do not use other medicine in place of epinephrine.             <ul style="list-style-type: none"> <li>• Antihistamine</li> <li>• Inhaler/bronchodilator</li> </ul> </li> </ol>
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<p><b>For Mild Allergic Reaction</b> <b>What to look for</b></p> <p>If child has had any mild symptoms, <b>monitor child.</b> Symptoms may include:</p> <ul style="list-style-type: none"> <li>• Itchy nose, sneezing, itchy mouth</li> <li>• A few hives</li> <li>• Mild stomach nausea or discomfort</li> </ul>	<p style="text-align: center;"></p> <p><b>Monitor child</b> <b>What to do</b></p> <p>Stay with child and:</p> <ul style="list-style-type: none"> <li>• Watch child closely.</li> <li>• Give antihistamine (if prescribed).</li> <li>• Call parents and child's doctor.</li> <li>• If symptoms of severe allergy/anaphylaxis develop, use epinephrine. (See "For Severe Allergy and Anaphylaxis.")</li> </ul>
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**Medicines/Doses**

Epinephrine, intramuscular (list type): \_\_\_\_\_ Dose:  0.15 mg  0.30 mg (weight more than 25 kg)

Antihistamine, by mouth (type and dose): \_\_\_\_\_

Other (for example, inhaler/bronchodilator if child has asthma): \_\_\_\_\_

Parent/Guardian Authorization Signature \_\_\_\_\_ Date \_\_\_\_\_ Physician/HCP Authorization Signature \_\_\_\_\_ Date \_\_\_\_\_

# Allergy and Anaphylaxis Emergency Plan

American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN



Child's name: \_\_\_\_\_ Date of plan: \_\_\_\_\_

## Additional Instructions:

## Contacts

Call 911 / Rescue squad: ( ) -

Doctor: \_\_\_\_\_ Phone: ( ) -

Parent/Guardian: \_\_\_\_\_ Phone: ( ) -

Parent/Guardian: \_\_\_\_\_ Phone: ( ) -

### Other Emergency Contacts

Name/Relationship: \_\_\_\_\_ Phone: ( ) -

Name/Relationship: \_\_\_\_\_ Phone: ( ) -

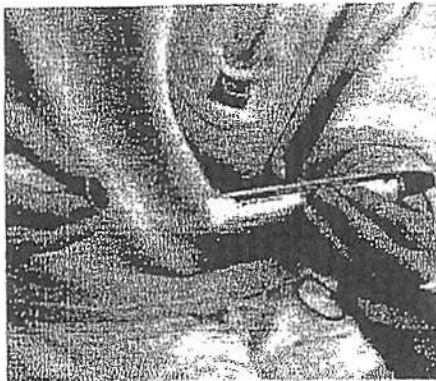
EpiPen Administration ALLERGY Emergency Action Plan  
CALL 911.....

Name \_\_\_\_\_

Date of Birth \_\_\_\_\_



Remove the device from the plastic protective container.



Remove the *grey cap* from the fatter end of the device.

NB: This "arms the unit" ready for use



Hold the EpiPen in your fist with clenched fingers wrapped around it

(NB: there is nothing to "push" at the white end)

Press the *black tip* gently against the skin of the mid thigh, then start to push harder until a loud "click" is heard. This means that the device has been activated.

Hold in place for 10-15 seconds (count "1 elephant, 2 elephants, 10 elephants etc") while the adrenaline is injected under pressure.

NB: The EpiPen "pop" is often quite loud.

Harrison County School Health Clinic  
Permission Form for Prescribed Medication

TO BE COMPLETED BY SCHOOL PERSONNEL

School: \_\_\_\_\_ School Year: \_\_\_\_\_ Date form received: \_\_\_\_\_

I acknowledge receipt of this Physician's Statement and Parent Authorization:

TO BE COMPLETED BY PHYSICIAN OR AUTHORIZED PROVIDER

Student Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Name of Medication: \_\_\_\_\_

Reason for Medication: \_\_\_\_\_

Allergies: \_\_\_\_\_

Form of Medication:  Tablet/Capsule  Liquid  Inhaler  Injection  Nebulizer  Other \_\_\_\_\_

Instructions (Schedule and dose to be given at school): \_\_\_\_\_

Start Date:  Date Form Received  Other \_\_\_\_\_

Stop Date:  End of School Year  Other date/duration: \_\_\_\_\_

For episodic/emergency events only

Restrictions and/or important side effects:  NO Restrictions

Yes (please describe) : \_\_\_\_\_

Special Storage Requirements:  None  Refrigerate  Other: \_\_\_\_\_

Physician Signature \_\_\_\_\_ Physician's Name \_\_\_\_\_

Date \_\_\_\_\_ Phone \_\_\_\_\_ Address \_\_\_\_\_

\*\*\*FOR SELF ADMINISTRATION ONLY\*\*\*

*Pursuant to KRS 158.832 to KRS 158-836 Harrison County Schools permits a student to possess and self-administer asthma, diabetes or anaphylaxis medication at school and at school-related functions upon completion of the following information by the parent/guardian and the student's physician and waiver of liability by the parent/guardian.*

This student has been instructed on self-administration of this medication: (to be completed for asthmatic, diabetic, or severe allergic reaction (anaphylaxis) ONLY):

NO  Supervision required  Supervision NOT required

This student may carry this medication:  YES  NO

Please indicate if you have provided additional information:

On the back side of this form  As an attachment

Physician Signature \_\_\_\_\_ Date \_\_\_\_\_

TO BE COMPLETED BY PARENT/GUARDIAN

I give permission for (name of child) \_\_\_\_\_ to receive the above stated medication at school according to the standard school policy. I release the Harrison County School Board and its employees from any claims or liability connected with its reliance on the permission.  
(Parent/Guardian to bring the medication in its original container.)

Date \_\_\_\_\_ Name: \_\_\_\_\_ Signature \_\_\_\_\_

Relationship to Child: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Other Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_