

Floydada Collegiate ISD School Health Advisory Committee

Meeting Minutes

08-10-2023

Present: See sign in sheet Student rep. FHS Mia Snowden

Next meeting: Will be determined at a later date and an email will be sent out

1. Called to Order by Dr. Trevino @ 8:00 a.m.

- A. Introduction of members. Each person present introduced themselves and the position they each held within the district or communittee.
- B. Dr. Trevino stated SHAC meeting will be four times each year. This is considered the first meeting.

2. 21 Day Menu for FCISD District

Dr. Trevino stated menu can't be changed within the first 21 days of school. After 21 days menus may be altered as needed. Carmen Rodriquez (Floydada CISD Cafeteria supervisor) stated she would like to send out a form to allow staff to vote on things they would like to see in the cafeteria. Dr. Trevino suggested all students be allowed to vote as well. Mrs. Rodriquez stated she would also include all district students to vote. Carmen stated the General Manager from Southwest Food Services Excellence is Gary Blount. Mrs. Rodriquez reported we would have 3 entrees for students to choose from this year. Kayla Wells (Counselor for AB Duncan) voiced a concern that 3 choices may be too much for our younger students to understand. Mrs. Rodriquez stated PK would still have the one choice and all students would be served the same thing. She also stated KG-5th grades will still only have the two choices. However, the secondary campus will begin having the 3 options this 23-24 school year.

Dr. Trevino asked Mrs. Rodriquez about Commodities reports. Mrs. Rodriquez reported she and Mr. Blount were the people who orders all the commodities. Dr. Trevino and Kayla Wells asked if something besides Chicken could be ordered. Mrs. Rodriquez stated she would try to give the district some variety to our menu. Natalie Snowden (Texas Agri Life Extention Office) suggested giving a copy of guidelines and suggestions to Mr. Blount. Dr. Trevino stated Southwest Food Services Excellence has always been good to work our District. Nikki Smith (counselor for FJHS/FHS) stated the salad bar last year was a big hit with the staff. Mrs Rodriquez stated this would be offered again this year.

3. Activities for the upcoming 2023-2024 School year.

Dr. Trevino asked if we would introduce Organ Wise to the Elementary Campus again this year.

Tammie Shuping, LVN (District Nurse) Stated the PE teachers had found the Organ Wise program

and dolls. Natalie Snowden stated there is an updated Organ Wise Curriculum and would get it ordered and to the elementary school.

Natalie Snowden reported there is a new program called Color Me Healthy. She will be presenting this into the district this year. Mrs. Snowden will also be doing a Car Seat Safety program and is a fitting sponsor in our area. Anyone that needs help with getting car seats or fitting a car seat to their child is welcomed to go to the Floyd County Agri Life Office across from the Floyd County Court House for those accommodations.

Mrs Shuping stated the Health Fair will be at Duncan Elementary this coming year and will be geared for younger aged students.

Mrs. Wells reported Suicide Awareness is coming up. September is Suicide Prevention Month. Mrs. Wells and Mrs. Smith and Mrs. Ricketts will make plans for each campus to participate in this September. Mrs. Snowden stated Texas Agri Life had funds available to help with any needed purchases.

4. Dr. Trevino asked if anyone had anything else to add to our meeting today. No one stated any questions or concerns. Dr. Trevino Adjourned the meeting at 8:33 a.m.