

Floydada Collegiate ISD SHAC

Meeting Minutes

01-06-2023

Present: See sign in Sheet

Next meeting: Will be announced

Called to Order

@ 8:32 by Dr.

Trevino

1. Discuss and Approve Wellness Plan

A. Wellness Plan has been completed. Dr. Trevino asked all in attendance to pull up the updated wellness plan. Monica Smith will make any corrections from her laptop that the SHAC committee sees necessary to make to the Wellness Plan. Dr. Trevino read the wellness plan out loud. Followed by discussion.

B. Implementing Goals for Nutrition Promotion

** Objective 2 pg. 2 Measures of Success: Promote healthy eating on social media cafeteria and hallways

** Objective 1 on Goal 2 pg. 2. Dr. Trevino asked that we have a sign in sheet for the Health Fair.

** Objective 2 of Goal 2 page 2. Campus will offer "Get the Facts" to all parents and students.

** Objective 1 of Goal 2 pg. 4. Resources Needed: Walk Across Texas, Every teacher needs to give one lesson plan for healthy eating. Starting in the 2023 Spring Semester.

** Objective 1 of Goal 4 pg. 5. Measures of Success: Mrs. Nutt's Science Classes.

** Objective 2 of Goal 4 pg. 5. 1 activity lesson on farm to school will be given. Objective 2 Goal 3 pg. 7. Resources Needed; Little Dribblers, PIP, Pumpkin Run.

C. The SHAC committee did not see a need to make any changes to the Wellness Plan.

1st Motion was made to pass Wellness Plan has read by Dr. Gilbert Trevino

2nd Motion was made by Monica Smith,

All in favor of approving the Wellness Clinic has read. None against.

2. Other Business

Natalie Snowden stated she was starting "Get the Facts" on Monday nights from 6:00 pm till 7 PM in the FHS cafeteria. There will be door prizes and a meal each Monday night.

Tammie Shuping gave update on Narcan injectable being purchased for the high school campus. This is not going to be possible. WTFM states Rx has to be for a specific individual. Also reported there is no longer a Mammogram Bus with Covenant or UMC.

3. Adjourned @ 9:45 a.m.