

Floydada Collegiate ISD SHAC

Meeting Minutes

Date of Meeting: November 11, 2022

Present: See sign in sheet

Next meeting: January 6, 2023

- 1. Meeting called to order:** by Dr. Gilbert Trevino-Superintendent @ 2:00 p.m..
- 2. Member Introduction:** each member introduced themselves to the group. Members gave their name and their titles. Mia Snowden is the student representative
- 3. SHAC Explanation:** Dr. Trevino gave a brief explanation of what SHAC was and the responsibilities of the SHAC Committee. Dr. Trevino asked if there were any questions or concerns about the responsibilities of the SHAC committee. No one voiced any concerns or questions.
- 4. Discussions**

Wellness Plan: Dr. Trevino gave the committee a copy of the current Wellness Program and asked for any input or discussions to be brought to his attention. Dr. Trevino has been working on updating the Wellness Plan this year and will bring it up for discussion at the next meeting.

Health Fair: Dr. Trevino has asked that we begin doing a Health Fair each year. Tammie Shuping, LVN School Nurse will work on putting a Health Fair together. Natalie Snowden suggested implementing a few of the Texas A&M AgriLife programs into the school and to make available to parents as well. Walk Across Texas will be offered to the District again this year in the Spring. Impaired Driving and Get The Facts will also be offered in the Spring. All agreed this would be a big benefit to the District and Community. Natalie Snowden will have some ideas together for the next meeting.

21-day menu for the District: Dr. Trevino and Carmen Rodriguez explained what the 21 day menu was and how the District should implement it. There can't be substitutions or changes made in the first week of school. The menu will be posted on the Districts Social Media page and by each campus principle to allow parents an opportunity to make any changes if needed. The Cafeteria will attempt to stay as close to the 21 day Menu as possible.

Sex Trafficking: Dr. Trevino asked if we could do a presentation on Sex Trafficking during the spring semester. Natalie Snowden will check into the program the AgriLife office has.

Drug Abuse: Dr. Trevino asked what the protocol was for School Districts keeping Narcan on site for any emergency for opioid abuse. Tammie Shuping will check into this with WTFM.

Recess: All student will be given a recess each day. When weather does not permit this activities should be planned to have recess inside the classroom or gym etc.

Better Living for Texans: This is a program through the AgriLife Extention office. Natalie Snowden will be doing several programs with both campuses in the Spring Semester.

Mammogram Bus: Can the Mammogram Bus come to Floydada again this year. Tammie Shuping will call Covenant Health Systems and UMC to see if we can set up a Bus to come to Floydada.

Blood Drive: Dr. Trevino suggest we have a Blood drive on the high school campus. Tammie Shuping will get a blood drive set up.

CPR: All seniors will continue to be taught CPR as well as all teachers that travel with students.

5. Meeting adjourned @ 2:31 PM