

Tecumseh Public Schools Summer Pride Guidelines – Summer 2020

On June 9, 2020, Tecumseh Public School Coaches/Directors will begin face-to-face contact with high school level students using the provisions provided below. All individual programs must follow the normal OSSAA rules and procedures, as well as the following Tecumseh Public Schools Guidelines.

PHASE ONE: JUNE 9 UNTIL FURTHER NOTICE

GENERAL SUMMER PROTOCOLS FOR ALL FACILITIES:

1. Athletes will complete a COVID-19 Participant Screening form each day before participating. The screening will ask participants if they have fever, sore throat, cough, loss of smell or taste, shortness of breath, or if they have been in contact with a person who has tested positive for COVID-19. If the answer to any of these questions is Yes, that student should stay home. If a student is not feeling well, she/he should opt to stay home and not participate in the day's workout.
2. Athletes will not be allowed to participate until temperature is taken and hands washed or sanitized. If their temperature is 100.4 or above they will be required to return home and encouraged to speak with their primary care doctor.
3. Athletes will line up (social distancing) outside of facilities (football field, indoor facility, practice football field, alumni building, softball field, gym, and baseball field) and will not be allowed in until #1 and #2 are completed. Athletes are required to wear a mask when entering or exiting a facility and when proper social distancing cannot occur (6 feet or more, good ventilation, etc.).
4. We don't want athletes grouping in cars.
5. All locker rooms will be off limits during summer workouts.
6. The visiting men's/women's restrooms will be available at the football field, restrooms at the baseball field and the restroom in the weight room. The men's/women's restrooms will be available at the alumni building and the gym.
7. Athletes are to bring their own water bottles. Water fountains are off limits. We will provide water for emergency situations. There can be no shared water or food.
8. Athletes are responsible for their own masks. Cloth masks must be washed each day.
9. Equipment will be sanitized when athletes finish using the equipment (example: bench press, wipe down bench). All surfaces in workout areas must be thoroughly disinfected throughout and at the end of each day.
10. Once the workout is over athletes are to leave the school grounds.
11. No clothing or towels may be shared during workouts.
12. Attendance records shall be kept, however, students shall not be required or allowed to make up missed days or workouts.
13. Attendance at workouts must be optional for students and in compliance with the rules of the OSSAA. In addition to on-campus workout options, Tecumseh Athletics must provide students guidance for working out at home or remotely away from school.
14. Students will remain with a single group or cohort to minimize the number of students and staff that must isolate if a case is confirmed.
15. Summer Pride is for male and female student-athletes who will be in grades 9-12 during the 2020-2021 school year.
16. On rainy days we will not have summer pride or other athletic activities.
17. Physicals from last year will be sufficient for summer workouts. All athletes must have passed a 2020/2021 physical prior to the beginning of fall practices.
18. No outside organizations are allowed to use Tecumseh Public Schools facilities.
19. No youth camps will be allowed.

PHASE TWO: JUNE 15- 28, JULY 6-14

Continuing with Phase One Summer Protocols with the following exceptions:

Sports Skill Camps are for Tecumseh athletes only and may take place as long as they are sanctioned by the OSSAA.

Social distancing will need to be enforced.

SPECIFIC FACILITY PROTOCOLS:

WEIGHT ROOM

1. 2 people maximum on any one piece of equipment.
2. Social distancing requirements must be followed; the total number allowed in a weight room must comply with the social distancing requirements.
3. Equipment will be sanitized when athletes finish using the equipment (example-bench press, wipe down bench). All surfaces in workout areas must be thoroughly disinfected throughout and at the end of the day.
4. Athletes will enter the weight room thru the south door and exit out the north door.

GYM/INDOOR FACILITIES

1. Any equipment used to include weights, balls, helmets, bats, etc. must be disinfected appropriately with use.
2. Social distancing requirements must be followed; the total number allowed in a facility must comply with the social distancing requirements.
3. No one-on-one or multiple athlete scrimmages are allowed.

OUTDOOR FACILITIES

1. No shared helmets or equipment will be worn on the head including facemask.
2. Social distancing requirements must be followed in the outdoor facilities.

JUNE 29 – JULY 5

The OSSAA dead period is now in effect since their summer proposal was not passed.

Practice Start Dates:

July 15- Softball, Volleyball, Cross Country

August 10-Football

These protocols are subject to change based on the latest information that we receive from the CDC as well as state and local health authorities. If you have questions about these procedures or plans, please contact your child’s coach or our Athletic Director, Mr. Jeff Shafer, at shaferj@tecumseh.k12.ok.us.

Please sign the form below indicating that you have read and understand the procedures and expectations for participation that are outlined in the document. Return the signed form to your student’s coach on the first day of your child’s participation in summer athletic activities.

Parent Signature _____

Date _____

Student Signature _____

Date _____