

## MUSTANG SUMMER - 2020 - ACTIVITIES SCHEDULE

**JUNE 8<sup>th</sup> – JULY 16<sup>th</sup>** : VOLLEYBALL “SKILL WORK “ MS - GYM”  
( MON. / WED. BEGINNING AT 11AM – 12:30PM IN MS GYM)  
(*COACH INSTRUCTED*)

**JUNE 8<sup>TH</sup> – JULY 16<sup>TH</sup>**: FOOTBALL “SKILL WORK” (PRACTICE  
FIELD)  
MON. / WED (OFFENSE) – TUE. / THUR. (DEFENSE) 11AM – 12:30PM  
(*COACH INSTRUCTED*)

**JUNE 8<sup>TH</sup> – JULY 16<sup>TH</sup>**: BASKETBALL “SKILL WORK”  
(**BOYS**): **MON. / TUE. / THUR. 4:00 – 5:00 IN MS GYM**)

**JUNE 8<sup>TH</sup> – JULY 16<sup>TH</sup>**: BASKETBALL “SKILL WORK” (GIRLS -  
MS – GYM) (TUE. / THUR. (11AM – 12:30PM) (*COACH  
INSTRUCTED*)

**JUNE 8<sup>TH</sup> - JULY 16<sup>th</sup>**: (*COACH INSTRUCTED*) STRENGTH AND  
CONDITIONING PROGRAM (9AM- 11AM, MON. - THURS.) (6  
WEEKS)

**TWO - A – DAYS**: FOOTBALL STARTS MONDAY, AUGUST 3<sup>rd</sup>  
VOLLEYBALL STARTS THURSDAY, JULY 30<sup>th</sup>

**IF YOU HAVE ANY QUESTIONS PLEASE CONTACT A MEMBER  
OF THE MUSTANG COACHING STAFF FOR CLARIFICATION.**

**Athletic office – (830-582-1536 ext. 111**

- \* PLEASE BRING YOUR OWN WATER BOTTLES
- \* PLEASE BRING YOUR OWN FACE MASK
- \* PLEASE ADHERE TO SOCIAL DISTANCING GUIDELINES

