

College Place School District



2022-23

**COLLEGE PLACE HIGH
SCHOOL & SAGER
MIDDLE SCHOOL**

**PARENT/STUDENT ATHLETIC
HANDBOOK**

TO THE PARENT/GUARDIANS

We are pleased that your student has expressed a desire to be involved in our athletic program. Our coaches are looking forward to the opportunity to work with your student athlete.

Our coaches are committed to doing everything possible to minimize your student's chance of injury. We have carefully reviewed the coaching techniques with student safety as the primary concern. We are confident that methods of teaching skills and fundamentals are sound and safe. All of our coaches have current first aid and CPR certification. They have received training in dealing with medical emergencies and blood borne pathogens.

We want to remind you that there is always the risk of serious injury, serious illness, paralysis, or even death in interscholastic athletics. However, studies by agencies such as the National Federation of State High School Associations have shown the frequency of catastrophic injuries to high school students is no greater in interscholastic athletics than it is in daily living. Through emphasis on injury prevention, rule changes, and coaching skills, we are attempting to keep this frequency of injury as low as possible.

Any student participating in competitive athletics is required by the College Place School District to have accident insurance in force. We would prefer that all families purchase the school insurance. However, parents who have private insurance for their students that meets the minimum requirement need not purchase the school insurance. Parents using private insurance will be asked to complete a form indicating the number of their insurance policy and the name of the company. The form requires the parent's or legal guardian's signature giving permission for the student to participate. This form is in the registration process.

Please contact the athletic department or coaching staff if you have questions or concerns about our program.

PHILOSOPHY OF COLLEGE PLACE ATHLETICS

The athletic department believes that each student who commits to the College Place athletic program will learn valuable lessons about how to be successful in meeting the challenges of the competitive society of his/her future.

To lead a successful life, a person needs to be both mentally and physically alert. That person must learn the responsibilities inherent in the commitments of life. The person must approach life positively with a sincere desire to realize their dignity and self-worth, as well as that of the fellow person. A person must learn to cope with the boredom of inactivity through various mental and physical outlets. People must learn to bounce back in the face of defeat. They must learn and practice the concepts of cooperation and teamwork. The athletic department strives to assist our student-athletes to reach these goals.

College Place School District Athletic Programs Function under the philosophy of the 5 Pillars of Character:

- TEAM: TOGETHERNESS
- SELFLESSNESS IN SERVICE OF OTHERS
- LEADERSHIP DEVELOPMENT
- INTEGRITY
- DISCIPLINED LIFE

RULES AND REGULATIONS FOR COLLEGE PLACE ATHLETES

Students who participate in the College Place athletic program must comply with all rules and regulations governing the sports in which they participate. These include the rules and regulations of College Place School District, College Place High School, Sager Middle School, College Place Athletic Department, Yakima Valley Interscholastic Activities Association (YVIAA), Washington Interscholastic Activities Association (WIAA), the South Central Athletic Conference (SCAC), and any special rules that each individual coach deems necessary

for the safe and successful operation of his/her sport.

I. WIAA AND COLLEGE PLACE SCHOOL DISTRICT STANDARDS FOR HIGH SCHOOL ATHLETICS

- A. **Student eligibility criteria** – All contestants must be eligible under the rules of the WIAA to participate in an interscholastic contest.
- B. **Age limits** – The student shall be under 20 years of age on September 1 for the fall sports season, on December 1 for the winter sports season, and on March 1 for the spring sports season.
- C. **Student member of a school** – An individual must be a regular member of the school he/she represents in order to participate in an interscholastic activity. An individual is a 'regular member' of a school if he/she is enrolled half time or more, exclusive of interscholastic athletic activities.
- D. **Running Start/Home School students** – Students contemplating Running Start, or any other programs need to carefully check their athletic eligibility before enrolling in the program. Running Start students must comply with WIAA standards of attendance. All students involved in any of the above programs must comply with the same eligibility standards and grade checks as students attending high school on a full time basis.
- E. **WIAA Scholarship** – In order to maintain athletic eligibility during the current Trimester/Semester, the student shall maintain passing grades in a minimum of five (5) full time subjects. A student shall have passed at least five (5) full time subjects in the immediately preceding Trimester/Semester in order to be eligible for competition at the beginning of the following quarter/semester. If the requirement is not met, the athlete will be suspended from competition for the first 5 weeks of the appropriate season.
CPHS requires that a student must maintain at least a "C-" grade in each of their classes during the sport season. Grades will be checked weekly.
- F. **Transferring and Foreign Exchange Students** – In order to be eligible, the student must live with parent(s) or legal guardian(s) within the bounds of the College Place School District or comply with WIAA rule 18.11.0. Any student who is not eligible because of the Residence Rule 18.13.0 will be allowed to compete only below the varsity level.
- G. **Previous Semester** – The student shall have been in regular attendance in an elementary, intermediate, middle, junior, or senior high school during the semester immediately preceding the semester in which the contest is held.
- H. **Regular Attendance** – The student shall be enrolled and in regular attendance within the first fifteen (15) school days in the semester, or at the start of the current semester, in order to participate in interscholastic contests during the current semester.
- I. **Physical Examination** – Prior to registration for participation in interscholastic activities, a student must undergo a thorough medical examination and be approved for interscholastic competition by a medical authority licensed to perform a physical examination. Physical examinations are valid for 24 months from the date of examination.

To resume participation following an illness and/or injury requiring medical care, a participating student must obtain a written release from a physician.

- J. **Seasons Limitation** – After entering or being eligible to enter the ninth grade, a CPHS student shall have four (4) consecutive years of interscholastic eligibility.
- K. **Non-School Participation** – During any sport season after joining a school squad, students may participate in non-school athletic activities, provided they do not miss a team practice or scheduled contest and they have approval of their school coach. Exceptions may be allowed if such activity does not adversely affect the performance of the athlete in practice and/or competition in the judgment of the coach and/or school athletic director.

II. AMATEUR STANDING RULES

WIAA Rule 18.24.0 states that students representing a school in an interscholastic sport must be an amateur in that sport. An amateur student athlete is one who engages in athletics for the physical, mental, social and educational benefits, and to whom athletics is an avocation and not a source of financial reward. In order to maintain amateur standing in those activities under WIAA jurisdiction, the student may not:

- A. Accept merchandise or in-kind gifts of more than \$500 in fair market value per sport during any one calendar year August 1 through July 31.
 1. Reduced membership fees or reduced user fees from an athletic club, recreation center, golf course, etc., do not count toward this \$500 limit.
 2. Defined games of chance are exempt from this rule.
 3. Awards that are permitted - Awards to athletic teams or to individual members of such teams under the jurisdiction of the Association may be made by a member school in the form of letters, insignias, certificates, medals, and/or trophies as are customarily emblematic of athletic competition and whose intrinsic values are insignificant.
- B. Accept gift cards or cash awards in that sport. A voucher with no cash value is allowed.
- C. Enter competition under a false name.
- D. Accept payment of expense allowances over the actual and necessary expenses for the athletic trip (NOTE: Entry fees and payment for lost wages are not considered a reimbursable expense.)
- E. Play on a college team. A student-athlete may try out and/or participate against a college team but may not represent a college team in that sport.
- F. Sign or have ever signed a contract to play professional athletics in that sport.
- G. By sport receive or have ever received from a professional sports organization, directly or indirectly, a salary or any other form of financial assistance including scholarships, educational grants-in-aid, or any of his/her expenses for reporting to or visiting a professional team.
- H. Advertise, recommend or promote a commercial product or service.

III. COLLEGE PLACE SCHOOL DISTRICT TRAVEL RULES

- A. All athletes must travel to and from an athletic contest in the transportation provided by the school district. Any exception to this rule must be approved by their coach and Athletic Department. A parent release form is required. These forms may be picked up by the athlete or parent at the school office or from the coach. Students will only be released to their parent or legal guardian.
- B. Team members will remain with the team and under supervision of the school and the coach when attending away contests.
- C. Team members are expected to conduct themselves according to standards of their school and coach while travelling to and from contests and on overnight trips.
- D. Athletes will dress according to the standards of the school and coach on all athletic trips.
- E. No beverage containers or beverages will be allowed on travel vehicles unless permission is granted by the coach and bus driver.
- F. Athletes will follow established district and athletic department rules for students riding school buses.
- G. Males and females will sit in separate seats and sections on the bus for athletic trips.

IV. EQUIPMENT RULES

Athletes are responsible for all school equipment checked out to them. They are expected to keep it clean and in good condition. The coach will inform participants at the beginning of the season regarding the care of equipment.

Loss of issued equipment or unnecessary damage to equipment will be the student's financial obligation. Until this obligation is fulfilled, the athlete will not be allowed to receive awards for that sport or be a member of another school athletic team. Student athletes with missing equipment, uniforms, unpaid fines or fees will not be permitted to participate in the graduation ceremony. Issued equipment or clothing is to be worn only while participating with the team in a sanctioned practice or during scheduled contests. It is not to be worn in physical education classes or for personal use. Game jerseys may be worn at school on game days as directed by their coach.

V. ATTENDANCE REGULATIONS

Students involved in athletics will be subject to the following College Place Athletic Department attendance rules and regulations:

1. Regular and prompt attendance at all practices. If it is necessary to be absent from, or late to practice, notification must be given to the coach in advance by the athlete.
2. Athletes who are absent or unexcused for any part of the school day are not eligible to compete or practice on that day unless permission is granted by the administration.
3. If the student leaves school or class during the day because of an illness, they will not be eligible to compete or practice on that day unless permission is granted by the administration.
4. If illness or injury requires a doctor's care, written permission must be obtained from the doctor prior to resuming participation on an athletic team.

VI. CONDUCT RULES

The following acts by an athlete shall result in disciplinary action by the coach:

5. The use of profane or obscene language or acts of vulgarity.
6. Any acts of bullying, intimidation, or harassment.
7. Acts of poor sportsmanship such as showing disrespect for your opponents, cheating, or lack of courtesy.
8. Acts of inappropriate conduct and citizenship on or off campus. Refer to the Athletic Contract for specifics, or the Athletic Handbook at cpsps.org/o/athletics.
9. Ejections- WIAA rules require students who have been ejected from a contest to sit out the next contest. A second ejection means the athlete is ineligible to compete for the remainder of the sport season. A Student Athlete who is ejected from any contest must complete the following process to remain eligible for the season. A written letter of apology and corrective action to the CPHS Administration, School Board, and Superintendent. These letters will be reviewed by the Athletic Department, and submitted by the student athlete to the above listed parties.

VII. ATHLETIC TRAINING RULES

The following acts by an athlete during an athletic season shall constitute immediate removal from the team until a meeting can be held with the student, the student's parents, and the athletic director. An athletic season begins on the day the student registers for the sport. The season ends with the last official team activity.

10. Athletes using or in possession of alcoholic beverages.
11. Athletes using or in possession of tobacco products.
12. Athletes using or in possession of legend drugs or steroids, as defined by the laws of the State of Washington.
13. Athletes using or in possession of unidentifiable drugs as determined by the Physician's

Desk Reference.

14. Athletes who are with minors and/or attend parties where alcoholic beverages, tobacco products or narcotics are being served or consumed by minors. Athletes who inadvertently find themselves in this type of situation are expected to leave immediately or they will be in violation of the athletic training code.

VIII. VIOLATIONS OF TRAINING RULES

FIRST VIOLATION

The student athlete will:

1. Be dismissed from the team for the remainder of the season and shall be ineligible for any and all awards for that season.
2. Be requested to meet with an athletic board composed of the school principal or designee, the athletic director, and possibly the coaches of the sports in which the athlete participates.
3. Request a meeting with the athletic director and coach prior to participating on another school team. They will review previous violation(s) and determine if the student will or will not be allowed to participate.
4. Students who violate item 5 under Section VII of the Rules and Regulations for Athletes may forfeit 20% of the contests scheduled for their team.

SECOND VIOLATION

The student athlete will:

1. Be excluded from participation on any school district team for one calendar year from the day of second violation and will be ineligible for any and all awards.
2. Be requested to meet with an athletic board composed of the school principal or designee, the athletic director, and possibly the coaches of the sports in which the athlete participates.
3. Request a meeting with the athletic director and coach prior to participating on another school team. They will review previous violation(s) and determine if the student will or will not be allowed to participate.

THIRD VIOLATION

The student athlete shall be excluded from interscholastic competition at CPHS and Sager for the remainder of his/her educational program.

DUE PROCESS

Any athlete who is alleged to have violated the athletics code is entitled to due process procedures as established by the College Place School District Board of Directors.

IX. VIOLATIONS OF RULES AND REGULATIONS

Violations of rules and regulations for CPHS and Sager student athletes shall constitute cause for alternative corrective action, discipline, suspension, and/or expulsion pursuant to the appropriate governing authority. Violations are accumulative from year to year.

Student athletes who violate the CPHS and Sager discipline policy will be subject to corrective action under that policy. The corrective action may include suspension or expulsion from participation in activities. (Refer to the "Discipline Policy" section of the College Place High School or Sager Parent/Student Handbook.)

X. CHANGE OF SPORT POLICY

The following policies apply to athletes changing sport:

1. In the event an athlete wishes to change from one sport to another during a specific sports season (ex: from basketball to wrestling), permission must be granted from both coaches involved. This change must be made within the first two (2) weeks of the season or prior to the final cut of that sport season. Students may not be on more than one sports team roster in the same season at any point during that season. Students will also be required to obtain athletic office clearance prior to making the change. Any exceptions to these guidelines will need approval of the Athletic Director.
2. WIAA requires that any athletes changing sports must restart the accumulation of required practices when they enter the new sport.

XI. COLLEGE RECRUITMENT POLICY

In the event an athlete should be contacted personally by a college recruiter, the student athlete is encouraged to work through their coach and the athletic department so that all possible assistance may be offered. All contacts with college recruiters during the school day must be cleared through an administrator.

XII. ATHLETIC REGISTRATION PROCEDURES

Before an athlete may begin practice or be issued equipment for sport, he/she must complete the athletic registration process and obtain an athletic clearance slip from the Athletic Office. The Athletic Office will issue this form upon receipt of the following items:

*Online registration is available at <https://www.cphawksathletics.com> or <https://collegeplace-wa.finalforms.com/>

1. Medical release card properly completed and signed by his/her parent or guardian.
2. Medication/Health Care Needs Form completed and signed.
3. Athletic contract signed by the athlete and his/her parent or guardian.
4. Copy of up-to-date physical examination.
5. Proof of home insurance coverage, or purchase of the School Insurance package.
6. Concussion and Sudden Cardiac sign-off sheet. Parents/guardians should keep the information pages.
7. Eligibility Information Form.
8. Receipt or proof of payment showing purchase of applicable required sports & ASB Card fees.
9. Payment for any hold slip issued due to lost or damaged equipment or clothing incurred in a previous sport.
10. Completion of the additional Residence Information for Athletic Eligibility as needed.

XIII. CPHS ATHLETE CUT PROCEDURES

Each athletic program may develop their own unique cut rubric in regard to removing athletes from a team during the tryout period. However, cuts must be communicated by the coach in a face-to-face conversation with each individual Student Athlete who is removed from a team.

Seniors will only be allowed to participate at the Varsity level unless there are special permissions or circumstances approved by the Athletic/Activities Coordinator.

XIV. AWARDS

SAGER AWARDS

A **participation award** will consist of a certificate designating the sport in which the student athlete participated, and will be awarded to students who participate for the entire season.

CPHS SEQUENCE OF AWARDS

A **participation award** will consist of a certificate designating the sport in which the student athlete participated, and will be awarded to students who participate on freshman teams.

A **first year junior varsity award** will consist of a certificate. (Only one JV letter will be awarded if the student athlete earns JV letters in more than one sport.)

A **first year varsity award** will consist of a six-inch letter, an emblem, and a certificate. (Only one letter will be awarded if the student athlete earns varsity letters in more than one sport.)

A **second year varsity award** in the same sport consists of another emblem and a second year certificate.

A **third year varsity award** in the same sport consists of another emblem and a third year certificate.

A **fourth year varsity award** in the same sport consists of another emblem and a fourth year certificate. A **special award** will be earned for receiving seven or more varsity letters while a student at CPHS.

XV. SPECIFIC LETTER AWARD REQUIREMENTS BY SPORT

The requirements for letter awards for specific sports will be explained by each coach at their pre-season parent/student meeting or in the specific expectations and information provided for each team

XVI. WIAA SCHOLAR ATHLETE AWARDS

The CPHS athletic department and WIAA recognizes scholastic achievement through the following awards:

1. **Scholar Athlete** – Maintains between a 3.000 to 3.499 accumulative GPA.
2. **Honor Scholar Athlete** – Maintains a 3.500 or better accumulative GPA.
3. **WIAA Team Scholastic Awards** – These awards are presented to team members for the team semester GPA. Each team member receives a certificate and a WIAA patch. The WIAA Distinguished award recognizes the team with a semester GPA between 3.000 and 3.499. The WIAA Outstanding award is presented to the team with a semester GPA above 3.500.

XVII. CPHS ATHLETICS SPECIAL AWARDS

TWELVE SEASON AWARD – Presented to those students who completed twelve sport seasons while attending College Place High School.

Soaring Hawk Award - Presented annually to the Female and Male nominated by coaches, and selected by a combination of votes from the CPHS Staff and Coaches.

The College Place School District complies with all Title IX/RCW 28A.640 and Section 504 requirements and does not discriminate against any protected class as defined by state and federal regulations. The Affirmative Action Plan is on file with and available for review from building administrators and the Administration Office, 755 S. College Ave., College Place, WA. Copies are available upon request. Individuals with disabilities who require assistance or special arrangements to attend a program or activity sponsored by College Place Public Schools should contact the district's compliance officer, 24 hours in advance of the event, to arrange accommodation.

Inquiries regarding accommodation, compliance and/or grievance procedures may be directed to 1755 S. College Ave., College Place, WA, 99324 (509-525-4827).

College Place Public Schools does not discriminate in any programs or activities on the basis of race, religion, creed, color, national origin, honorably-discharged veteran or military status, sex, sexual orientation, gender expression or identity, the presence of any sensory, mental, or physical disability, or the use of a trained guide dog or service animal by a person with a disability, and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX and Section 504 Coordinator: James Fry, (509) 525-4827, jfry@cpps.org, 1755 South College Avenue, College Place, Washington, 99324

