

Parent App Awareness

101

Parent App Awareness 101

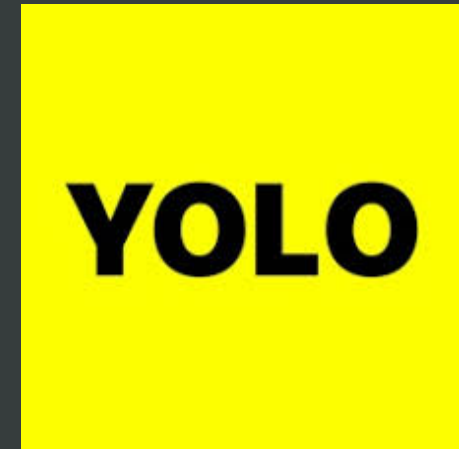
- Popular App Names
- Do you know what they look like?
- What do they do?
- Things to look out for
- Parent Control Apps

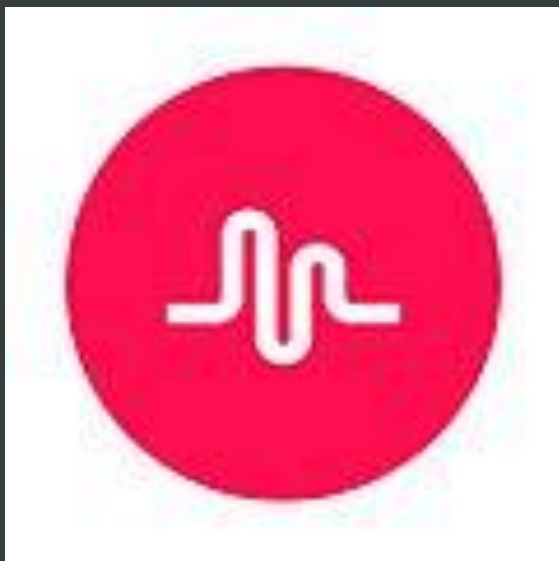
Popular App Names

- Instagram
- Snapchat
- YOLO
- Musically aka TikTok
- Twitter
- Tinder
- Calculator+
- Burn Book
- Lipsy
- Best Secret Folder
- Stealth Cam
- Top Secret Camera



Do You Know What They Look Like?







lipsi




tinder™





With Snapchat you can send photos, videos, and/or texts which disappear 10 seconds after receiving them. Kids tend to post racy content thinking that it will go away and not be seen after a few seconds, but the truth is anyone can take a screen shot of their post. That screen shot can be sent out to anyone. Also, as with anything you use, or do online, it leaves a digital footprint. If a post leads to an investigation, you will be found. Apps like Snapchat give users a false sense of being untraceable. It encourages kids to be bold when posting pictures and texts. Parents are not aware of what is being posted due to the disappearing posts. The Discover feature in this app can have inappropriate content. Parents are strongly cautioned to know how their kid(s) are using it.

The image shows the word "YOLO" in a bold, black, sans-serif font. The letters are centered within a bright yellow rectangular background. The overall image is set against a dark gray background.

YOLO is a free ad on feature for Snapchat. This app allows Snapchat users to add a sticker to their story which then allows their followers to ask questions or post anonymously to their story. The app was created for fun and positive feedback, but unfortunately users have reported bullying and a lot of drama. At this time the creators and support team behind YOLO have not done much to stop the harassment and negative outcome of this app. While YOLO claims your identity will be revealed if you misuse the app, users say it's not true. The comments disappear. Anonymous apps like YOLO, YikYak, Whisper, Burn Book, and Secret are known for cyberbullying because of the anonymity behind it which can bring out the worst in tweens and teens. As with any app, encourage your kids to use apps in a positive way. Teach them to leave a positive digital footprint.



Houseparty is an online platform where users can host "chat parties". They invite a friend to their online chat. Other people can see the party started. Once they join, their friends can join too, then those friends can join as well and on and on. The party can grow quickly much like when the parents are away, the kids will play. Anyone can join. Many times, people will not be invited because the group wants to talk about them. This app creates anxiety because teens have the FOMO feeling. Just like a house party where there are no adults around, anyone can join the chat party. Strangers can interact with your kids. Sexual content has been reported on this app, as well as bullying.



Instagram lets you share, view, and comment on photos and video. You can share these publicly or privately amongst your followers. Instagram does not prohibit violence, drugs, or swear words.

Instagram offers a feature where video streams and private photos disappear. Users can also send a one minute recorded audio message. It allows you to send private messages parents might not be aware off. These messages can contain pictures, videos, recorded voice messages, or text. The person sending the message can select whether they want content to be viewed once or remain in the message. The sender can also delete message content from their phone so that the receiver has no proof of what was sent. Content in messages can disappear once the user leaves the conversation.

You can also hide posts from anyone. Posting a story allows you to select who you want to see it and who you don't.

Encourage your kids to use this app in a positive way. Colleges and sports recruiters look at apps like these when researching potential candidates.

The Lipsi logo, featuring the word "lipsi" in a white, lowercase, cursive font on a blue square background.

Hit my lipsi ;)

- Would you rather.
- Kiss Marry Kill.
- This or that.
- Questions.
- Tbh.
- Creepy funny or cute.
- Advice.
- Ship.
- Confessions.
- Anything you want.

LIPSIAPP.COM

You're
a
loser

142
posts

611
followers

470
following

Edit Profile



lipsiapp.com/chris-mckenna-1 Love Christ & my family. writer @ covenanteyes.com. Passionate about helping families use tech @ protectyoungeyes.com

Lipsi is an ad on app that allows users to get honest feedback from their followers anonymously. Instagram and Snapchat users can link their Lipsi account. Users within a 100 yard distance can send an anonymous message. It allows your followers to leave you honest, sometimes cruel, feedback on sensitive topics. Users can quickly and easily erase chat history.

Because Lipsi allows you to be anonymous, it is easy for anyone to express personal, in depth information. While Lipsi was created for those too shy to express themselves, Lipsi's anonymous feature and the ability to delete messages can create cyberbullying and negative experiences.

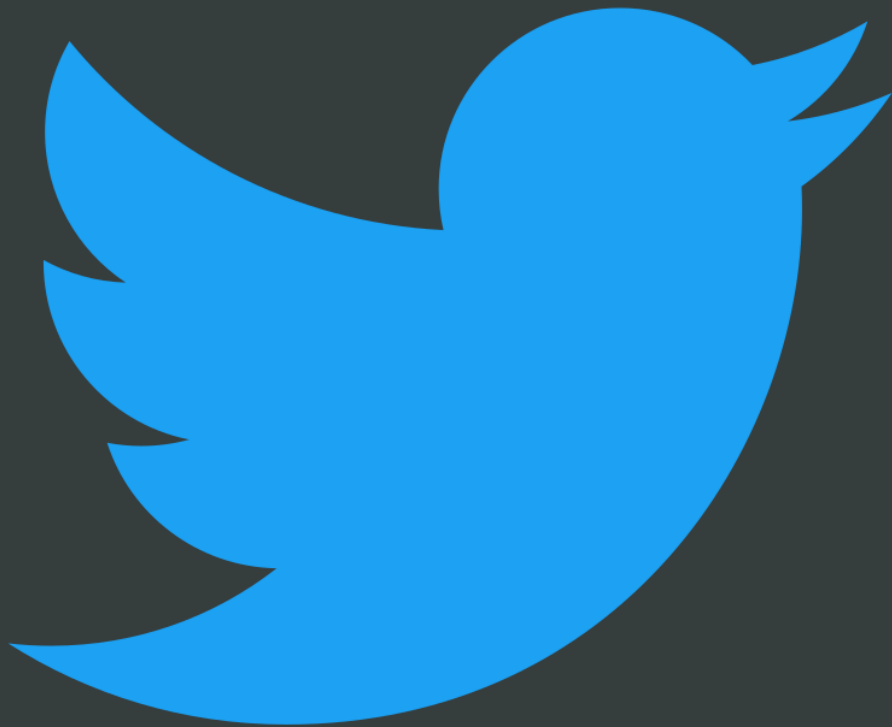


TikTok, which was previously known as Musically, allows users to upload videos created by them. It was intended to upload your own music videos, or browse content created by upcoming artist.

While you can find teens being silly and using it in a positive way, parents should be aware that a lot of videos do contain swearing and sexual content. Some parents have commented that their kid found “Adult Video Content” while others didn’t realize how much bad language could be seen.

Teens have also started posting inappropriate video of themselves in an effort to get popular online. It has been said that the racier the video, the more popular you get.

As with any app, encourage your kids to leave a positive digital footprint and not one that could cost them their college choice.



Twitter allows you to be in the know instantly. Users tend to follow everyone from family, friends, celebrities, and brands. It allows you to post texts, photos, videos, links, and GIFs.

Most accounts are public. It is recommended young users set their account to private in order to control who can follow them and minimize problems. Teens need to be careful with what they post. Even though they can delete it, their followers can see what they “tweet” immediately and can get them in trouble if something is said in the heat of the moment. Screenshots can always be taken. If possible, don't use location services. This kind of feature leaves the user open to meeting up with a complete stranger. Also, beware of sub-tweets. These are group tweets that are sent out when someone wants to gossip about someone else without disclosing any names. This could be considered cyberbullying if it gets out of control.



Stealth Cam



Calculator+



Best Secret Folder



Top Secret Camera

Ghost Apps – Ghost apps are apps where the user can take pictures and record video without anyone knowing. It can also mute the sound so no one knows a picture was taken. The preview window can be disguised as a browser window and sometimes the screen can turn black so you can't tell the picture was taken. These pictures and videos are then secretly hidden within another app. These apps are increasing in sexting usage.

The calculator app can double as a calculator so the user can put in a secret code and hide pictures in it. It can also take a snapshot of anyone trying to access the pictures when the wrong password is used, or even sound an alarm. Some of these apps give the user the ability to hide pictures, video, and/or messages. They require a password most of the time to keep others from seeing the pictures and videos.

iPhone feature to be aware off



Airdrop gives you the ability to send and receive photos, documents, and more from other iPhone users. You can set it to receive from your contacts only or everyone. While this feature makes it easy and convenient to send to one another, it leaves you open to people sending you inappropriate content. A passenger on a flight once reported getting lewd photos from someone on the plane. The airline quickly took care of it. Be aware of this feature on your kids phone and teach them how to set the correct settings so that they don't come across inappropriate content.

Trending Challenge

- **Vacuum Challenge**

- The Vacuum Challenge has made a comeback. It involves climbing into a plastic trash bag and then having someone suck the air out of the bag. It creates what looks like a body suit. This is dangerous as it restricts movement. It looks like fun but can cause severe bodily harm because of the lack of oxygen to the brain.

- **The Fire Challenge**

- The Fire Challenge has been around since 2014. It is starting to come back. It involves setting yourself on fire. Just recently on October 4th, a boy was sprayed with nail polish remover by his friends who then set him on fire. Their first attempt was a small flame that was quickly put out, the second time the friends kept spraying him until it flared up and set the boy on fire.

Useful Parental Control techniques and Apps



VZW Smart Family



*iOS and Android phones have
screen time features you can set
up to limit app and screen time
usage*

Teach your kids to leave a positive digital footprint. Talk to them about privacy settings on their apps and phone. Privacy settings is one way to protect them online.

Cyberbullying and Consequences

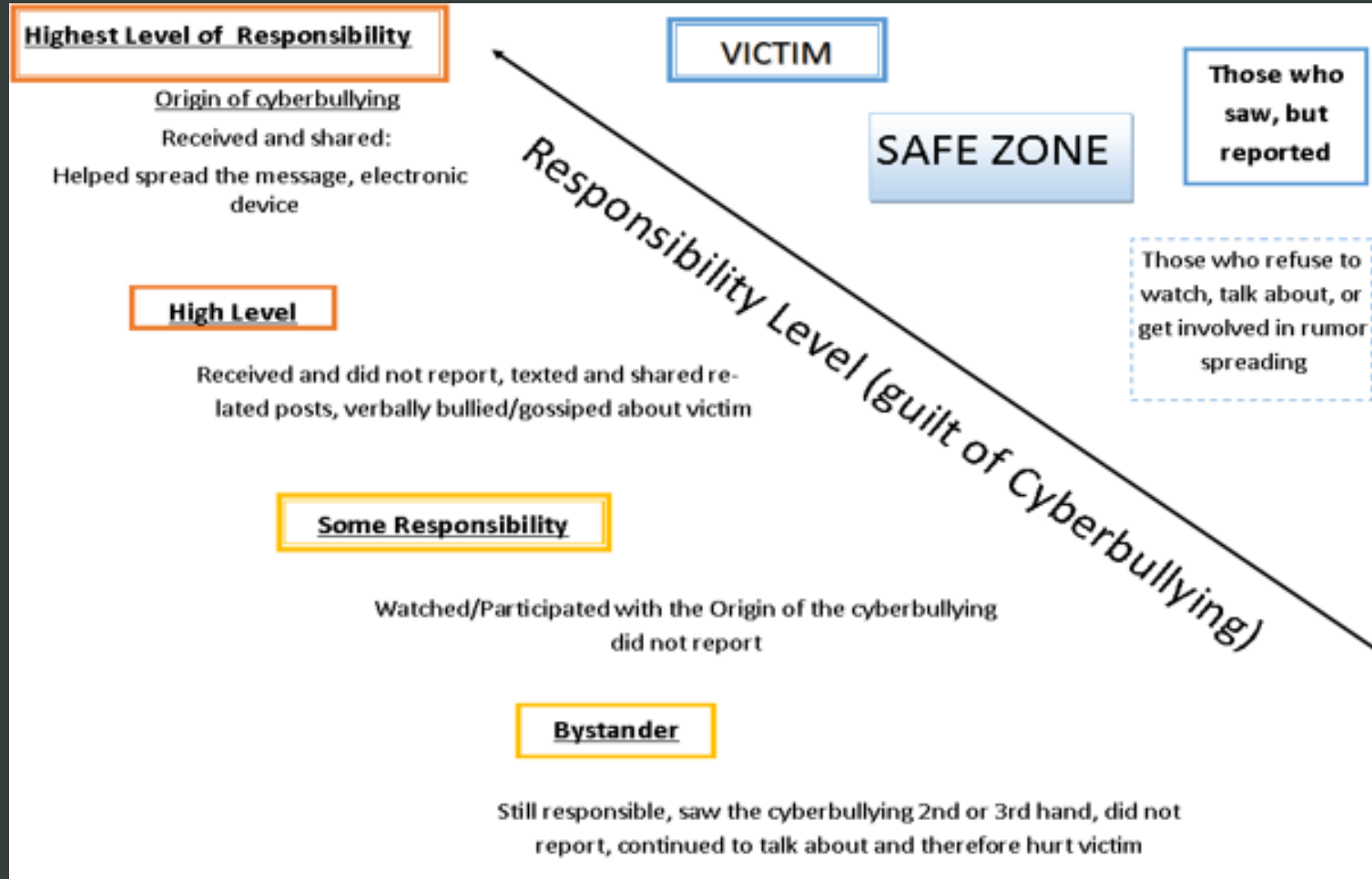
- Education Code 48900 r: Engaged in an act of bullying directed specifically toward a pupil or school personnel

*"Electronic Act"-transmission by means of an electronic device, including but not limited to: message, text sound, image, post on a social network, posting to or creating a "Burn Page," creating a credible impersonation or false profile

Cyberbullying and Consequences

- The schools work with law enforcement via our School Resource Officer in cases of cyberbullying as well
- California has some of the strictest laws in the country when it comes to cyberbullying and sexual cyberbullying (including penal codes 653.2 and 528.5. In addition to suspension and expulsion, students can be charged with a misdemeanor and required to pay fines and/or serve jail time if convicted of criminal cyberbullying.

Cyberbullying and Consequences



Screen Time and your student (or you)

- * Kaiser Study 2008 (didn't include smartphone or tablet)

- 7 hrs, 38 minutes per day

- * Common Sense Media Study 2015

- 9 hrs per day (63 hours per week)

Physical issues- "tech neck" & "distractibility"

Psychological issues- using social media as a sense of self-worth, FOMO (fear of missing out), feelings of exclusion and many more

Warning Signs for too much screen time

- When on electronic devices:
 - Loses track of time
 - Become agitated when interrupted
 - Prefers using electronics rather than being with family or friends
 - Doesn't follow time limits
 - Forms relationship with people online
 - Loss of interest in other activities
 - Seems restless when not using a device or preoccupied with getting back on
 - Avoids homework and chores
 - Sneaks on devices
- Questions to ask yourself:
 - Do you sit down and have meaningful conversations with your children on a daily basis?
 - Does your child spend a lot of time, alone, in his or her room?
 - Do you spend a lot of time, alone, in front of a screen?

How to reconnect the disconnected.

- Keep your child's room clean of screens.
- Your child's phone is your phone. Your child's phone is your phone.
- No electronics during dinner
- Limit screen time- 2 hrs per day
- Be a role model

Helpful links:

<https://smartsocial.com/>

<https://www.common sense media.org/>

<https://www.consumersadvocate.org/parental-control-apps/>

<https://protectyoungeyes.com/>

The screenshot shows the Smart Social website with the article "TikTok App Guide For Parents (Video)". A red box highlights a warning for parents and teachers, stating that the app is in the "RED ZONE" and is not safe for students. The article text discusses the popularity of TikTok among teens and the safety and privacy concerns associated with the app. It also mentions that the app collects data on kids without parental consent. The article is dated October 31, 2019, and has 7 comments.

Smart Social
Learn How to Shine Online

App Reviews Free Webinar Blog Book Us Speaking Digital Driver's Ed Resources

Parents and Teachers:
Please note this app is listed in the SmartSocial.com **RED ZONE**.
We believe it is not safe for students to use. Learn more about our [100+ App Reviews at SmartSocial.com](#)

TikTok App Guide For Parents (Video)
October 31, 2019 By Smart Social ~ 7 Comments

256 views Print This Page 68 Facebook 53 Email To A Friend 52 Twitter 42 Gmail 41

TikTok is a make-your-own music video app that is now one of the top most downloaded apps in the world. It's wildly popular among US teens and young adults who enjoy creating short lip-sync videos to share on the popular social media platform. Parents should know there are lots of safety and privacy concerns with TikTok. If your teens are singing and dancing to their favorite songs on TikTok, predators could be watching.

There are also concerns about the app collecting data on kids without parental consent. It's a good idea to find out if your kids are already on the app, like actress Reese Witherspoon recently did with her own son in [this viral video](#). If your kids are on TikTok, we highly recommend closely monitoring

The screenshot shows the Common Sense Media website with the app review for TikTok. The review is by Patricia Moritz and gives the app a rating of 16+. The review text states that the app is for lip-syncing and sharing videos, and that parents should watch for inappropriate content. The app is available on iPhone, iPod Touch, iPad, and Android, and is free. The review is based on 163 reviews and has a "Get it now" button.

common sense media
Find movies, books, and more...

For Parents For Educators For Advocates

Movies & TV Shows Books Apps & Games Parents Need to Know Latino Research About Us

Find the best for your family
See what's streaming, limit strong violence or language, and find picks your kids will love with Common Sense Media Plus.

SHARE

TikTok - Real Short Videos
App review by Patricia Moritz, Common Sense Media

Common Sense says
age 16+ ★★★★★
Sing, lip-synch, and share videos: watch for iffy content.
iPhone, iPod Touch, iPad, Android | Free | Social Networking

Parents say
age 14+ ★★★★★
Based on 163 reviews

Kids say
age 12+ ★★★★★
Based on 266 reviews

Get it now

Common Sense is a nonprofit organization. Your purchase helps us remain independent and ad-free.

Our teen volunteer is available and ready to assist you with app set and basic questions you might have.

Thank you for your time and participation!