Home of the Savages

Quinton High School 210 N J Street Quinton, OK 74561 Phone: 918-469-3309

Fax: 918-469-2319

Quinton Elementary School 710 N 'J' Street Quinton, OK 74561 Phone: 918-469-3313 Fax: 918-469-2710 Quinton Administration Office 210 N 'J' Street Quinton, OK 74561 Phone: 918-469-3100

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### **Opening Procedures for Return to Athletics for Quinton Public Schools**

Quinton Public Schools will use the following protocols in regards to the reopening of summer activities. These guidelines may be subject to change for the following reasons:

- 1) Results of the June 9, 2020 OSSAA board meeting or any meeting of the OSSAA after the date
- 2) Recommendations from the Oklahoma State Department of Education
- 3) Recommendation from the CDC
- 4) Recommendations from any other State or National Authority
- 5) Quinton Schools deems a change necessary for safety reasons

Please-note: There will be NO dead period this summer according to the OSSAA.

Our primary focus is the safety of our students, staff and community. After much thought and planning, we developed a set of protocols we thought best fit our school. Our plan is in between what the OSSAA voted on (no restrictions) and what the OSSAA recommended (multi-phase).

Most schools in our area have developed plans similar to ours. We truly feel this is what is best for QUINTON students, staff and community.

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The OSSAA conjunction with State Agencies, Physicians, and the CDC has determined it is safe as of June 1, 2020 to return to activities with restrictions. In order to insure the safety of all, the following protocol will be used. The situation with COVID-19 is fluid and adjustments may need to be made. ONLY QUINTON STUDENTS WILL BE ALLOWED ON OUR CAMPUS DURING PHASE 1 AND 2. During each phase each person, each day of attendance in each activity must complete a COVID-19 Screening form. Vulnerable individuals should not oversee or participate in any workouts during any phase. IF THERE IS A POSITIVE CASE WE WILL SUSPEND ALL ACTIVITIES ACCORDINGLY.

PHASE ONE-June 1, 2020-June 14, 2020.

On June 1, coaches may have face to face contact with secondary level students using the following provisions. No team practice is permitted. One on one instruction is permitted during camp. Strength and conditioning is permitted during camp.

### INDOORS (during camp) WEIGHT ROOM

- Each person entering the facility must have their temperature checked upon arrival. Any individual with a temperature registering 100 degrees or above must not be permitted to stay.
- Hands must be washed or hand sanitizer used prior to entering the facility and touching any equipment.
- Locker rooms and/or restrooms if opened must be sanitized before use and at the conclusion of the workout.
- 2 people maximum on any one piece of equipment (Spotters must wear mask or cloth face covering)
- Social distancing requirements must be followed; the total number of people allowed in weight room must comply with social distancing requirements (exception: a spotter should be allowed to safely spot)
- Each piece of equipment must be disinfected between each user of the equipment.
- Any equipment must be disinfected between each user of the equipment.
- Any equipment used including weights, balls, bats, helmets, etc. must be disinfected appropriately with use.
- No shared hydrating bottles, towels, gloves, or any other personal equipment is permitted.

### GYM/INDOOR FACILITY

- Each person entering the facility must have temperature checked upon arrival. Any individual with a temperature registering
   100 degrees or above must not be permitted to stay.
- Hands must be washed or hand sanitizer used prior to entering the facility and before beginning any drills or handling of equipment.
- Locker rooms and/or restrooms if opened must be sanitized before use and at the conclusion of workout.
- Social distancing guidelines must be followed.
- No shared hydrating bottles, towels, gloves, or any other personal equipment is permitted.

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- Any equipment used including weights, balls, bats, helmets, etc. must be disinfected appropriately with use.
- No scrimmaging or one on one.
- Batting practice must be live pitch with no catcher or from a tee. Infield or outfield drills permitted.

### OUTDOORS (during camp)

- Each person entering the facility must have their temperature checked upon arrival. Any individual with a temperature registering 100 degrees or above must not be permitted to stay.
- Hands must be washed or sanitized before handling equipment.
- Locker rooms and/or restrooms if opened must be sanitized before use and at conclusion of workout.
- Batting practice must only be live pitch with no catcher or from a tee.
- Infield or outfield drills may be conducted.
- Social distancing guidelines must be followed.
- No shared hydrating bottles, towels, gloves, or any other personal equipment is permitted.
- Any equipment used including balls, bats, helmets, etc. must be disinfected appropriately with use.

### PHASE TWO-JUNE 15, 2020-JULY 15, 2020 (7TH-12TH GRADE STUDENTS ONLY)

Camps and clinics may be conducted. Activity specific instruction continues, strength and conditioning is permitted during camps.

- Social distancing guidelines must be followed when possible.
- Hands must be washed or hand sanitizer used when entering and leaving the facility.
- Any equipment used including weights, balls, bats, helmets, etc. must be disinfected appropriately with use.
- Only intrasquad scrimmages are allowed.
- No shared hydrating bottles, towels, gloves or any other personal equipment is permitted.

### PHASE THREE-SPECIAL NOTE

On July 15, 2020 unrestricted practice may begin for Cheer and Fast-Pitch Softball with scrimmages.

# COVID-19 PARTICIPANT SCREENING FORM

	Signature of activity supervisor
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tivity:	

# ANY PARTICIPANT ANSWERING YES TO ANY QUESTION OR RECORDING A TEMPERATURE OF 100 OR ABOVE MUST BE SENT HOME.

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SHORTNESS OF BREATH	NO	NO	NO	NO	NO	NO	NO	NO	NO	ON	NO	ON	NO	NO	ON	NO	ON	ON	NO	NO	NO	ON	NO	NO	NO	ON
SHORT	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
LOSS OF SMELL OR TASTE	NO	NO	NO NO	NO	NO	NO	NO	ON	NO	NO	ON	NO	NO	NO	NO	ON	NO	ON	NO	NO	NO	NO	NO	ON	NO	NO
LOSS OF SMELL OF TASTE	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
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### Dear Quinton Savage Parent:

Please understand that Quinton Public Schools want all of our Athletes to remain safe and healthy. Therefore, it needs to be understood that workouts during this time are entirely voluntary and not required in any way. There will be no negative consequences for non-participation and athletes are working out at their own risk. Guidelines will be implemented and steps will be taken to help keep our athletes safe. Players will be encouraged to stay in their own personal space and limit contact with their team, coaches and other players. Hand sanitizer will be available at the different sites for players as is needed. This situation is ever changing and the school will continue to adapt as needed throughout this process.

By signing, I state that I have read and understand the rules and procedures for participation in athletics at Quinton Public Schools.

Parent/Guardian Name
Parent/Guardian Signature
Date
Athlete(s) Name(s)
Athlete(s) Signature(s)



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### 2020 Summer Activities FAQ's June 1st

Question: Does the check-in screening need to occur each day before summer performance?

Answer: Yes, each person must be screened each day prior to participating in any activity.

Question: If a person is sent home due to a "yes" answer or high temperature on the screening form, can that person participate the following day?

Answer: Yes, as long as they pass the screening the next day.

Question: Does my student-athlete have to wear a mask to participate?

Answer: No, facemasks are permitted, but are not required to be worn by the student-athletes.

Question: Can parents, friends, or relatives come inside the athletic facility during a workout? Answer: No, only currently enrolled QPS student-athletes are permitted inside the facility.

Question: Will QPS teams participate, host, or travel to camps, summer league 7 on 7 etc? Answer: No, not at this time.