

We are excited to announce that we can begin modified summer workouts starting June 8th, with **VARSITY** athletes only. Tentative start for Jr. High athletes will be in July – TBD. These summer workouts will be strength and conditioning only. These workouts are on a volunteer basis.

The following are expectations for each athlete:

- All CDC and AAA guidelines will be adhered to.
- Practice 4 days a week- Monday- Thursday, 1 hour workout
- Athletes will be notified on the time to arrive by their coach.
- A backpack for personal items is recommended
- Arrive dressed and ready for practice- no locker rooms are available
- Bleach will be used- be mindful of clothing worn
- Physicals must be completed by July 1st for returning athletes. All new athletes must have a current physical before starting summer workouts.
- Bring own water- with name label- no sharing- a gallon is suggested
- Must bring a mask for check in and transition
- No physical contact with any player or coach
- Must remain 6-10 feet apart at all times
- You must remain in your assigned group at all times
- Not following these directives will result in dismissal
- Use the restroom before arrival- they will not be available
- Must arrive at your scheduled time
- You will be notified if practice is canceled due to rain by your coach. There will be no need to reach out to the coach.
- All athletes will be weighed in and out daily to monitor hydration levels.
- All students are to park in the student parking in front of building 4.
- All athlete drop-offs are to be in front of YellowJacket Arena.
- Upon arrival, athletes are to assemble in the parking lot behind the arena. Spots will be marked for placement.
- Please follow all social distancing guidelines when you arrive on campus.

Thank you for your cooperation

Wynne Athletic Department