



## Chisholm Public Schools Summer Athletic Policy

### **PHASE ONE—JUNE 1, 2020 THROUGH JUNE 26, 2020**

On June 1, 2020 coaches may have face-to-face contact with secondary level students using the provisions provided below. No team practice is permitted. No camps, clinics, or leagues may be conducted. Strength and conditioning is permitted.

### **INDOORS**

#### **WEIGHT ROOM**

- Each person entering the facility must have their temperature checked upon arrival. Any individual with a temperature registering 100.4 degrees or above must not be permitted to stay
- Hands must be washed or hand sanitizer used prior to entering the facility and touching any equipment
- Locker rooms and/or restrooms if opened must be sanitized before use and at the conclusion of the workout
- 2 people maximum on any one piece of equipment
- Social distancing requirements must be followed; the total number allowed in a weight room must comply with social distancing requirements (exception: a spotter should be permitted to safely spot)
- Any equipment used including weights, balls, bats, helmets, etc. must be disinfected appropriately with use
- No shared hydrating bottles, towels, gloves, or any other personal equipment is permitted
- Coaches or other supervisory adults will wear a mask or cloth face covering if desired or are required for their personal health conditions.

#### **GYM/INDOOR FACILITY**

- Each person entering the facility must have their temperature checked upon arrival. Any individual with a temperature registering 100.4 degrees or above must not be permitted to stay
- Hands must be washed or hand sanitizer used prior to entering the facility and before beginning any drills or handling of equipment
- Locker rooms and/or restrooms if opened must be sanitized before use and at the conclusion of the workout
- Social distancing guidelines must be followed
- No shared hydrating bottles, towels, gloves, or any other personal equipment is permitted
- Any equipment used to include weights, balls, bats, helmets, etc. must be disinfected appropriately with use
- No scrimmaging or one-on-one
- Coaches or other supervisory adults may wear a mask or cloth face covering



## **OUTDOORS**

- Each person entering the facility must have their temperature checked upon arrival. Any individual with a temperature registering 100.4 degrees or above must not be permitted to stay
- Hands must be washed or hand sanitizer used prior to handling of equipment
- Locker rooms and/or restrooms if opened must be sanitized before use and at the conclusion of the workout
- Social distancing guidelines must be followed
- No shared helmets or equipment is worn on the head including facemasks
- No shared hydrating bottles, towels, gloves, or any other personal equipment is permitted
- Any equipment used including balls, bats, helmets, etc. must be disinfected appropriately with the use
- Coaches or other supervisory adults must wear a mask or cloth face covering

### **June 29 - July 5 - Dead Period**

- The OSSAA dead period is now in effect since their summer proposal was not passed. No athletic activities will be allowed during this period. Nor will any contact between players and coaches or between players and school facilities be allowed.

### **Phase Two - July 6, 2020, through July 15, 2020**

- No restrictions assuming the state has progressed out of the re-opening phases to “normal” operation. This may continue to include scrimmages against other schools and or practices/open gyms etc...
- Social distancing guidelines must be followed
- Hands must be washed or hand sanitizer used prior to the use of any equipment
- Any equipment used including weights, balls, bats, helmets, etc. must be disinfected appropriately with use
- Tryouts are permitted (must follow OSSAA policy for tryouts)
- No shared hydrating bottles, towels, gloves, or any other personal equipment is permitted.

### **July 15, 2020**

- Practice may begin for fast-pitch, volleyball, and cross country.