

PCMS Girls Conditioning 2020:

June 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <u>OFF</u>	2 Weights/ Conditioning at PCMS: 7:45 - 9:00	3 Weights/ Conditioning at PCMS: 7:45 - 9:00	4 Weights/ Conditioning at PCMS: 7:45 - 9:00	5 <u>OFF</u>	6
7	8 <u>OFF</u>	9 Weights/ Conditioning at PCMS: 7:45 - 9:00	10 Weights/ Conditioning at PCMS: 7:45 - 9:00	11 Weights/ Conditioning at PCMS: 7:45 - 9:00	12 <u>OFF</u>	13
14	15 <u>OFF</u>	16 Weights/ Conditioning at PCMS: 7:45 - 9:00	17 Weights/ Conditioning at PCMS: 7:45 - 9:00	18 Weights/ Conditioning at PCMS: 7:45 - 9:00	19 <u>OFF</u>	20
21	22 <u>OFF</u>	23 Weights/ Conditioning at PCMS: 7:45 - 9:00	24 Weights/ Conditioning at PCMS: 7:45 - 9:00	25 Weights/ Conditioning at PCMS: 7:45 - 9:00	26 <u>OFF</u>	27
28	29 <u>OFF</u>	30 OFF for the 4 th of July. Be Safe				