

PCMS GIRLS CONDITIONING 2020:

July 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 OFF for the 4 th of July. Be Safe.	2 OFF for the 4 th of July. Be Safe.	3 OFF for the 4 th of July. Be Safe.	4
5	6 <u>OFF</u>	7 Weights/ Conditioning at PCMS: 7:45 - 9:00	8 Weights/ Conditioning at PCMS: 7:45 - 9:00	9 Weights/ Conditioning at PCMS: 7:45 - 9:00	10 <u>OFF</u>	11
12	13 Basketball Camp 9:00 - 11:00	14 Weights/ Conditioning at PCMS: 7:45 - 9:00 Basketball Camp 9:00 - 11:00	15 Weights/ Conditioning at PCMS: 7:45 - 9:00 Basketball Camp 9:00 - 11:00	16 Weights/ Conditioning at PCMS: 7:45 - 9:00	17 <u>OFF</u>	18
19	20 <u>OFF</u>	21 Weights/ Conditioning at PCMS: 7:45 - 9:00	22 Weights/ Conditioning at PCMS: 7:45 - 9:00	23 Weights/ Conditioning at PCMS: 7:45 - 9:00	24 <u>OFF</u>	25
26	27 Volleyball Camp 9:00 - 11:00	28 Weights/ Conditioning at PCMS: 7:45 - 9:00 Volleyball Camp 9:00 - 11:00	29 Weights/ Conditioning at PCMS: 7:45 - 9:00 Volleyball Camp 9:00 - 11:00	30 Weights/ Conditioning at PCMS: 7:45 - 9:00 Volleyball Camp 9:00 - 11:00	31 <u>OFF</u>	