

PCMS Dragon Football 2020:

June 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Weights/ Conditioning at PCMS: 8TH = 6:30 – 8:00 am 7TH= 8:15 – 9:45 am	2 Weights/ Conditioning at PCMS: 8TH = 6:30 – 8:00 am 7TH= 8:15 – 9:45 am	3 Weights/ Conditioning at PCMS: 8TH = 6:30 – 8:00 am 7TH= 8:15 – 9:45 am	4 Weights/ Conditioning at PCMS: 8TH = 6:30 – 8:00 am 7TH= 8:15 – 9:45 am	5 OFF	6
7	8 Weights/ Conditioning at PCMS: 8TH = 6:30 – 8:00 am 7TH= 8:15 – 9:45 am	9 Weights/ Conditioning at PCMS: 8TH = 6:30 – 8:00 am 7TH= 8:15 – 9:45 am	10 Weights/ Conditioning at PCMS: 8TH = 6:30 – 8:00 am 7TH= 8:15 – 9:45 am	11 Weights/ Conditioning at PCMS: 8TH = 6:30 – 8:00 am 7TH= 8:15 – 9:45 am	12 OFF	13
14	15 Weights/ Conditioning at PCMS: 8TH = 6:30 – 8:00 am 7TH= 8:15 – 9:45 am	16 FOOTBALL PRACTICE/ PCMS: 8TH = 6:30 – 8:00 am 7TH= 8:15 – 9:45 am	17 Weights/ Conditioning at PCMS: 8TH = 6:30 – 8:00 am 7TH= 8:15 – 9:45 am	18 Weights/ Conditioning at PCMS: 8TH = 6:30 – 8:00 am 7TH= 8:15 – 9:45 am	19 OFF	20
21	22 Weights/ Conditioning at PCMS: 8TH = 6:30 – 8:00 am 7TH= 8:15 – 9:45 am	23 FOOTBALL PRACTICE/PCMS: 8TH = 6:30 – 8:00 am 7TH= 8:15 – 9:45 am	24 Weights/ Conditioning at PCMS: 8TH = 6:30 – 8:00 am 7TH= 8:15 – 9:45 am	25 Weights/ Conditioning at PCMS: 8TH = 6:30 – 8:00 am 7TH= 8:15 – 9:45 am	26 OFF	27
28	29 Weights/ Conditioning at PCMS: 8TH = 6:30 – 8:00 am 7TH= 8:15 – 9:45 am	30 FOOTBALL PRACTICE/PCMS: 8TH = 6:30 – 8:00 am 7TH= 8:15 – 9:45 am				