



LSS MEALS IS OFFERING HEALTHY MEALS AT A POP-UP EVENT IN EAST GRAND FORKS!



Who is Eligible?

Any adult 18-59 in need of healthy meals can pick up a bundle of 10 meals at our pop-up event on a first come, first serve basis.

No questions asked.

About the Meals

The homestyle meals are planned by our on-staff dietician, produced at local LSS kitchens, are individually sealed and portioned, and then frozen for convenience of eating when you want.

COVID-19 Friendly

LSS Meals are made possible in part under the Federal Older Americans Act through an award from the Minnesota River Area Agency on Aging® Inc. under an Area plan approved by the Minnesota Board on Aging.

February 16th, 2023

TIME: 4pm–6pm

WHO: Adults 18-59
First Come, First Served

LOCATION:
**East Grand Forks
Senior Center**
538 Rhinehart Dr SE

THERE IS NO COST.
DONATIONS AND SNAP
BENEFITS ARE
ACCEPTED.

LSS MEALS
MORE THAN JUST A MEAL

QUESTIONS?
CONTACT WENDY JERRY
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