



5K RUN, WALK, ROLL

OCTOBER 2, 2022

REGISTRATION AT THE EVENT: 12-1PM • KIDS RACE 1/4 MILE: 1PM • 5K RUN, WALK, ROLL: 1:30PM

LOCATION: EGF Senior High Parking Lot, Door 3 (1420 4th Ave NW)

COST: \$15 per participant | \$40 family max if registered together

- CONTESTS:**
- 1. Grab your classmates:** The class from K-12 that has the most participants will earn bragging rights, to be announced at the October 19th football game and a prize!
 - 2. Grab your teammates and FANS:** High School sports will compete against each other earning 1 point for each teammate, 1 point for 1 additional FAN and coaches are 2 points each! The team with the highest percentage gets \$500 toward team building activity!
 - 3.** Each runner will receive a vinyl sticker that was created by the EGF 8th grade art department!

RULES: Please see Facebook for rules.

 **EGF Booster Board**