



One Community Health

Introducing School-Based Health Services

Dufur School

January 23rd, 2023

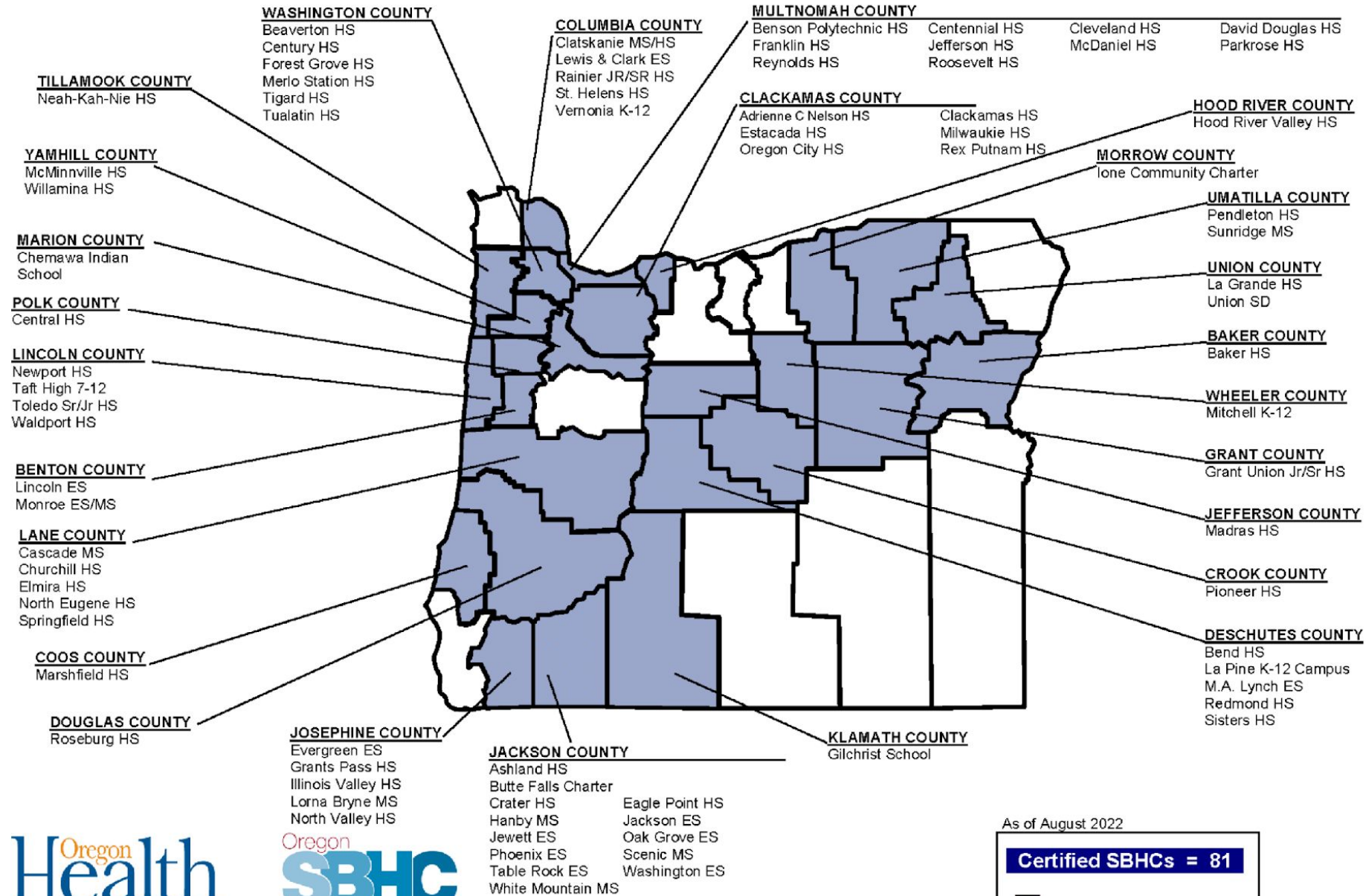


School-Based Health Services

A community and school district resource
**endorsed by the
American Academy of
Pediatrics**



OREGON SCHOOL-BASED HEALTH CENTERS 2022



As of August 2022

Certified SBHCs = 81

Counties with certified SBHCs

Oregon Health Authority

PUBLIC HEALTH DIVISION
School-Based Health Center Program

Oregon SBHC
School-Based Health Centers

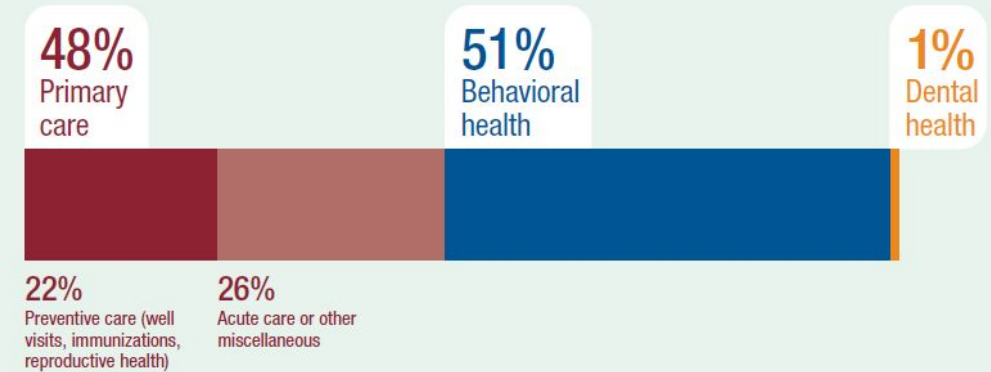
One Community Health



SBHC in Oregon Facts (AY 2020-2021)

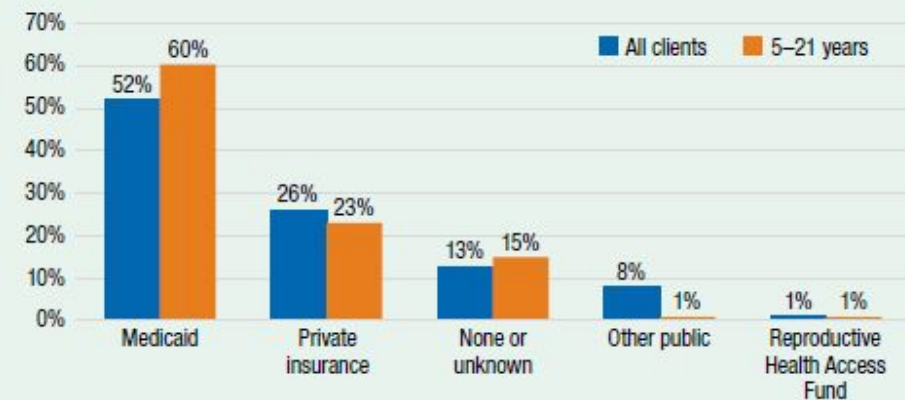
- **In Oregon:**
- 17,134 school-aged youth received care via a SBHC
- A total of 56,013 visits at SBHCs
 - Averaging 3 visits per student/year
- Reasons for SBHC visits among school-aged youth:
 - 48% for primary care services
 - 51% for behavioral health
 - 1% for dental health
- 60% of school-aged youth had Medicaid coverage at the first visit

Figure B. Reasons for SBHC visits, ages 5-21, 2020-2021



Source: Oregon SBHC encounter data

Figure A. Health coverage status of SBHC clients (all clients and ages 5-21) at the first visit, 2020-2021



Source: Oregon SBHC encounter data*



Mental and Behavioral Health in SBHCs (AY 2020-2021)

- 95% of SBHCs have a behavioral/mental health care provider
- On average, behavioral health clients accessed an SBHC for behavioral health visits **eight times a year**
- 24% of school-aged behavioral health clients also received a preventative well visit at the SBHC



School-Based Health Centers Reduce Barriers



Limited access

“A student I work with was sick and **having difficulty establishing care with a provider**. I referred the student to the SBHC and they **received a diagnosis and began a much-needed treatment plan.**”

- Jenni Zuniga, HRCSD School RN



Cost



Transportation

“I have referred parents who are having trouble getting in to see their children’s providers for urgent needs, too, and they were able to receive **prompt care** for their children.”

-Sarah Brennan, School RN and parent



Absenteeism



Healthy Students & Healthy Communities

Improving Outcomes	Creating Safer Communities	Helping Make Informed Decisions
School based health services are associated with improved educational and health-related outcomes (i.e., improved GPA, improved absenteeism rates, asthma morbidity, and reliable contraceptive use, etc.)	ALL kids - not just the students who access services - are safer in environments where every student's mental and physical health can be addressed by a health professional.	Students are encouraged to make decisions about their health that aligns with their own and their family's values. Conversations between patient and guardian are encouraged. Transparency about available services is imperative for community trust while balancing state and federal laws regarding consent and privacy.



Questions & Discussion

References

The Evidence on School-Based Health Centers: A Review: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6381423/#bibr11-2333794X198287454>
Social Determinants of Health: School-Based Health Centers <https://www.thecommunityguide.org/findings/social-determinants-health-school-based-health-centers.html>
School Based Health Centers, Depression, and Suicide Risk Among Adolescents (OR based): <https://pubmed.ncbi.nlm.nih.gov/29132951/>
Sexual-Orientation-Based Depression and Suicidality Health Disparities: Protective Role of School Based Health Centers (OR Based, attached)
2022 SBHC Data Appendix at <http://www.healthoregon.org/sbhc>