



Dufur School District #29

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Dear Family Member:

We are excited to share with you our new Elementary Health curriculum. The Great Body Shop is a comprehensive health education program your child will be participating in this year to help your child learn the skills needed to stay safe, and healthy and learn about the human body.

This is how it works:

Your child will receive a personal copy of THE GREAT BODY SHOP Student Issue for all health units. The topics include nutrition, illness prevention, substance abuse prevention, and safety, among others. Each monthly unit contains information to help your child understand his or her own body, the way it works, and the best ways to keep it healthy and safe. The teacher will discuss each monthly unit of THE GREAT BODY SHOP in depth with students and guide them in developmentally appropriate, skill-based activities to reinforce the lessons contained in each unit.

At the end of every unit, your child will bring home the Student Issue, which includes a Family Bulletin. The Family Bulletin will provide you with additional information and resources so that you can reinforce student learning at home.

In addition to the Family Bulletin, each unit contains Family Activities that are designed to be completed at home by you and your child. These extension activities will help keep you aware of what your child is studying and are intended to spark discussion.

By working together to reinforce the skills taught in THE GREAT BODY SHOP, we can help your child make healthy decisions about his or her body that will keep him or her safe and ready to meet the challenges of the future.

More information can be found at: <https://www.thegreatbodyshop.net/>

Please contact me with any questions.

In health,

Kamala Malcolm, RN
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