

Student Name: _____ Grade: _____

Disclaimer: This is a confidential form. Only school mental health personnel will be viewing this form. Your information will not be distributed in any way. This information is collected so that we can better serve your child and their education.

Mental Health History

Does your child have a current mental health diagnosis (i.e. anxiety, depression, autism, ADHD, etc.)

Yes No

If so, please explain: _____

Does your child receive any counseling/therapy services, or case management? Yes No

If so, please list agency and explain: _____

Does your child have a history of any psychiatric hospitalizations? Yes No

If so, please explain: _____

Friendships

Please answer the following questions based on your child's friendships with other children.

Has problems relating to others (peers) Yes No

Fights frequently with peers Yes No

Has difficulty making friends Yes No

Prefers to be alone Yes No

Does your child have frequent absences? Yes No

If so, please explain: _____

Please circle any of the following problems your child may have and describe your concerns below:

Skips school Daydreams Overeating or undereating Nervousness Sad/Depressed

Lying Refusal to obey Cruelty to animals Stealing Swears Cries easily

Complains of being picked on Withdrawn/loner Fire setting Excessive fighting

Bullies other children Running away Destruction of property

Other: _____

Other Issues/Services

Has your child experienced any type of abuse or neglect? Yes No

If yes, please explain and/or request below to speak to the School Social Service Worker/Counselor:

Tell us about any past or present family situations which may have had an impact on your child, such as a death in the family, separations or divorce, problems with siblings, depression, or substance abuse problems.

Please describe any other concerns you may have about your child.

*** Would you like us to contact you regarding therapy or case management services for your child? These are provided by BHC and take place on campus during the school day.**

A case manager is trained to help clients access "external resources," whereas a therapist is trained to help clients access "internal resources." Although case management can feel very therapeutic, it is not therapy.

☐ **Therapy** (Therapists work with their clients to help identify very specific feelings, thoughts, behaviors, symptoms, and processes in an attempt to assist the client in processing these. The aim of both these services is to improve overall functioning in personal life, family life, and within relationships.)

☐ **Case Management** (Case Managers often develop a case management plan that envelops multiple layers or "buckets" in their client's life (e.g., emotional, mental, physical, occupational, relational, etc.).)

* Services are not guaranteed, child must meet BCH requirements to receive services

These services are not provided by the school. The school will assist with referral.

Parent/Guardian Signature

Relationship to Child

Date