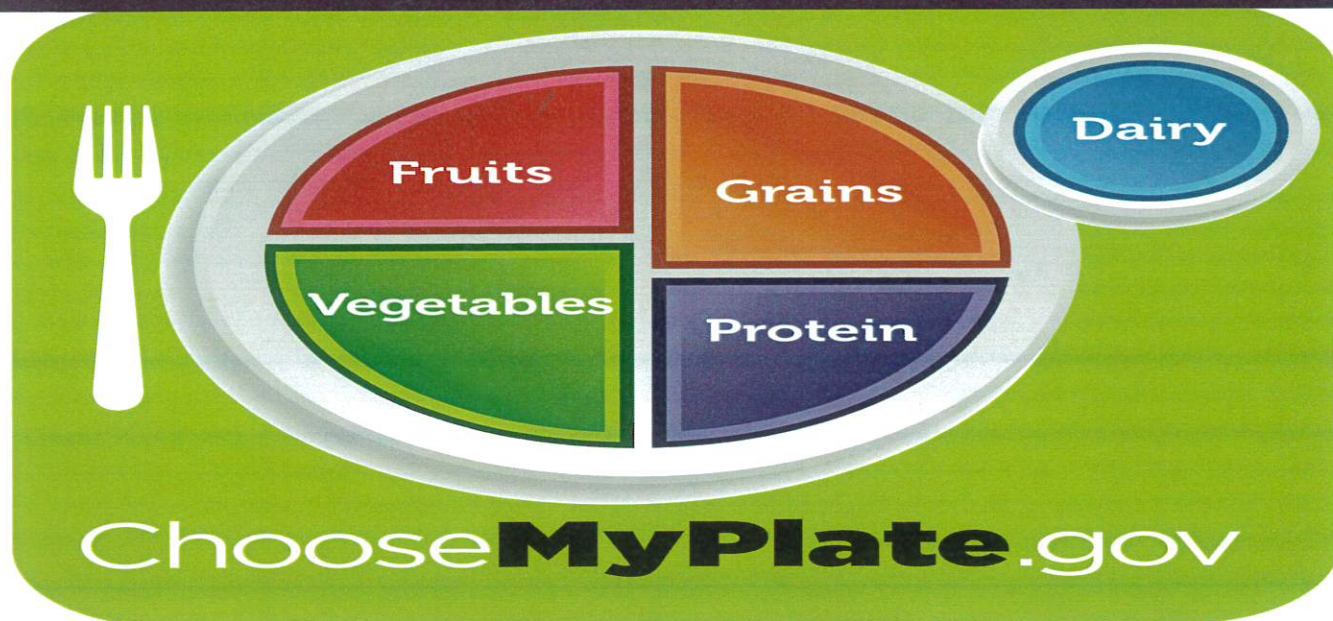


# GT School Wellness



## What is it?

A local school wellness policy is a written document that guides a local educational agency (LEA) or school district's efforts to establish a school environment that promotes students' health, well-being, and ability to learn.

The wellness policy requirement was established by the Child Nutrition and WIC Reauthorization Act of 2004 and further strengthened by the Health, Hunger-Free Kids Act of 2010. It requires each LEA participating in the National School Lunch Program and/or School Breakfast Program to develop a wellness policy. The responsibility for developing a wellness policy is placed at the local level so the unique needs of each school under the LEA's jurisdiction can be addressed.

This policy can be found on our school website [www.gtschools.k12.ia.us](http://www.gtschools.k12.ia.us) under the menu tab, then click document, and lastly click school wellness.

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