

Valentine Football League

Mission: To introduce Valentine youth to the fundamentals, technique, philosophy, terminology, scheme, and concepts of Valentine Football being coached at the high school.

Vision: To provide continuity throughout the entire Valentine Football Program (3rd-8th grades). By the time a player becomes a freshman, they have been coached the same throughout youth and middle school football.

Goals: By continually being coached by MS and HS coaches the same fundamentals, technique, philosophy, scheme, and concepts year in and year out; when reaching high school players are more comfortable, accustomed to, and have a higher grasp of football IQ. Also, the more repetitions throughout the years, the possible higher skill set. Ultimately, establishing Valentine Football as a competitive Varsity and Junior Varsity Program every year, where reaching the playoffs and beyond is an attainable goal.

Practices: First 2 practices will be helmet only. Next two practices will be helmet and shoulder pads. Last 2 practices will be full rack, helmet, shoulder pads, and pants.

****Band:** Band is an app that parents can sign up for, it is free. It allows Coach Bish to send messages, reminders, etc., to anyone who signs up for it. It is recommended to please sign up for it. Instructions will be attached to this document.

Questions, please feel free to contact Coach Bish.

Thank you for the opportunity to work with your child,

Coach Bish and the MS and HS Football Staff