

# STUDENT BEHAVIORAL HEALTH SURVEY

## *2016-17 Results*

## West Liberty District Schools

**PURPOSE:** The Iowa Behavioral Youth Survey supports the efforts of the School Climate Transformation Grant by providing local education agencies (LEAs) and schools with data on indicators of student perceptions of the conditions for learning. By determining areas of strength and areas for growth, this survey can help support collective discussion and improvement efforts in your LEA.

**TOPICS COVERED:** Iowa includes topic areas related to three conditions for learning important to student academic success and development on its Iowa Behavioral Youth Survey (IYS): safety, engagement, and environment. IYS questions from constructs identified as important to student behavioral health were included:

- *Emotional Safety - The extent to which a student feels safe from verbal abuse, teasing, and exclusion. (IYS condition for learning = safety.)*
- *School Safety - The extent to which students feel unsafe at school or on their way to school due to bullying.*
- *Adult Student Relationships - The extent to which adults demonstrate care for students, respect for students, and acknowledgement of students' work. (Iowa Youth Survey [IYS] condition for learning = engagement.)*
- *Adult Support - The extent to which adults intervene when bullying occurs. (IYS condition for learning = environment.)*
- *First Aid Skills - The extent to which students seek help for a mental health problem.*
- *Self Help Skills - The extent to which students are aware of self help skills as related to mental health.*
- *Mental Health Knowledge - Student awareness of mental health issues.*

**CONTENT:** The following report depicts district or school data by the aforementioned topic areas. These tables and graphs are intended to give you the opportunity to preliminarily examine variations in student survey responses in your LEA by subgroups of interest. The number and percentage of student responses, disaggregated by school level, parental military status, and race/ethnicity are presented when sufficient data is available (10 or more).

**Prepared by:**

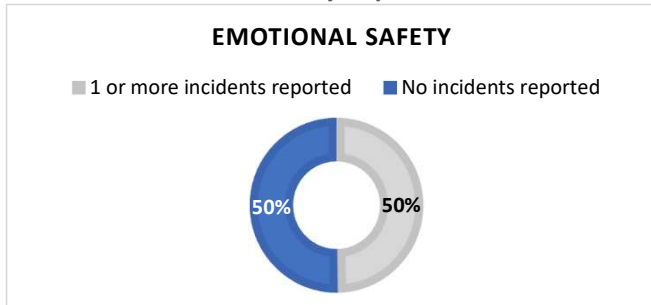
Miriam Resendez, Evaluator for the School Climate Transformation Grant



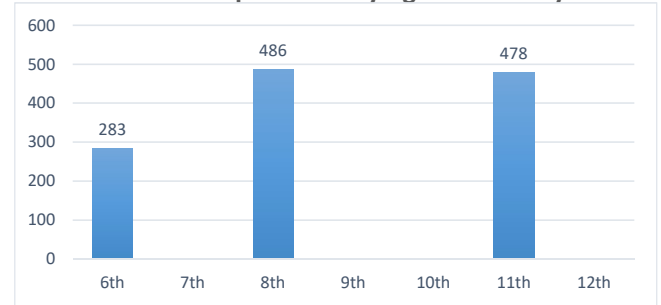


# Emotional Safety

Percent of Students by Reported Incidents



Number of Reported Bullying Incidents by Grade

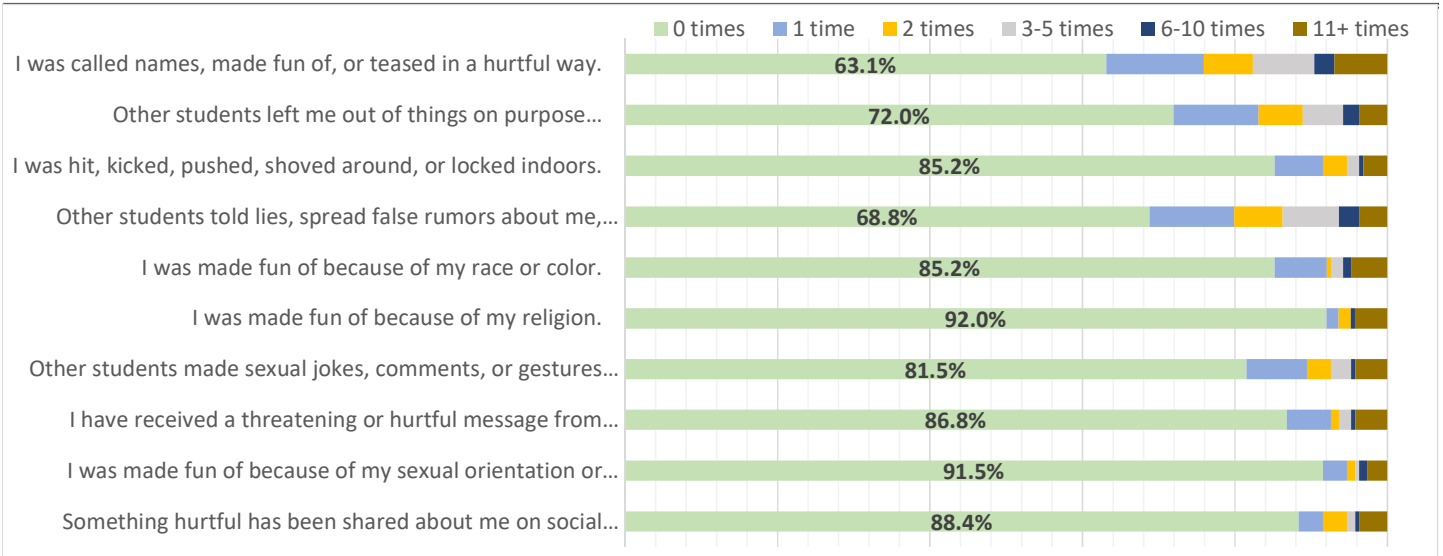


## EMOTIONAL SAFETY ITEMS: Summary Data

|   | Means* | Percent with No Incidents |
|---|--------|---------------------------|
| <i>I was called names, made fun of, or teased in a hurtful way.</i>   | 1.95   | 63.1%                     |
| <i>Other students left me out of things on purpose, excluded me from their friends, or completely ignored me.</i>         | 1.66   | 72.0%                     |
| <i>I was hit, kicked, pushed, shoved around, or locked indoors.</i>   | 1.35   | 85.2%                     |
| <i>Other students told lies, spread false rumors about me, and tried to make others dislike me.</i>                       | 1.75   | 68.8%                     |
| <i>I was made fun of because of my race or color.</i>   | 1.41   | 85.2%                     |
| <i>I was made fun of because of my religion.</i>  | 1.28   | 92.0%                     |
| <i>Other students made sexual jokes, comments, or gestures that hurt my feelings</i>                                      | 1.46   | 81.5%                     |
| <i>I have received a threatening or hurtful message from another student in an e-mail, on a website, on a cell phone,</i> | 1.36   | 86.8%                     |
| <i>I was made fun of because of my sexual orientation or gender identity.</i>   | 1.24   | 91.5%                     |
| <i>Something hurtful has been shared about me on social media (Facebook, Twitter, Snapchat, etc.).</i>                    | 1.33   | 88.4%                     |

\*Means represent the average score on a scale from 1 to 6 (0 times=1, 1 time=2, 2 times=3, 3-5 times=4, 6-10 times=5, 11+ times=6). The lower the score, the more perceived safety.

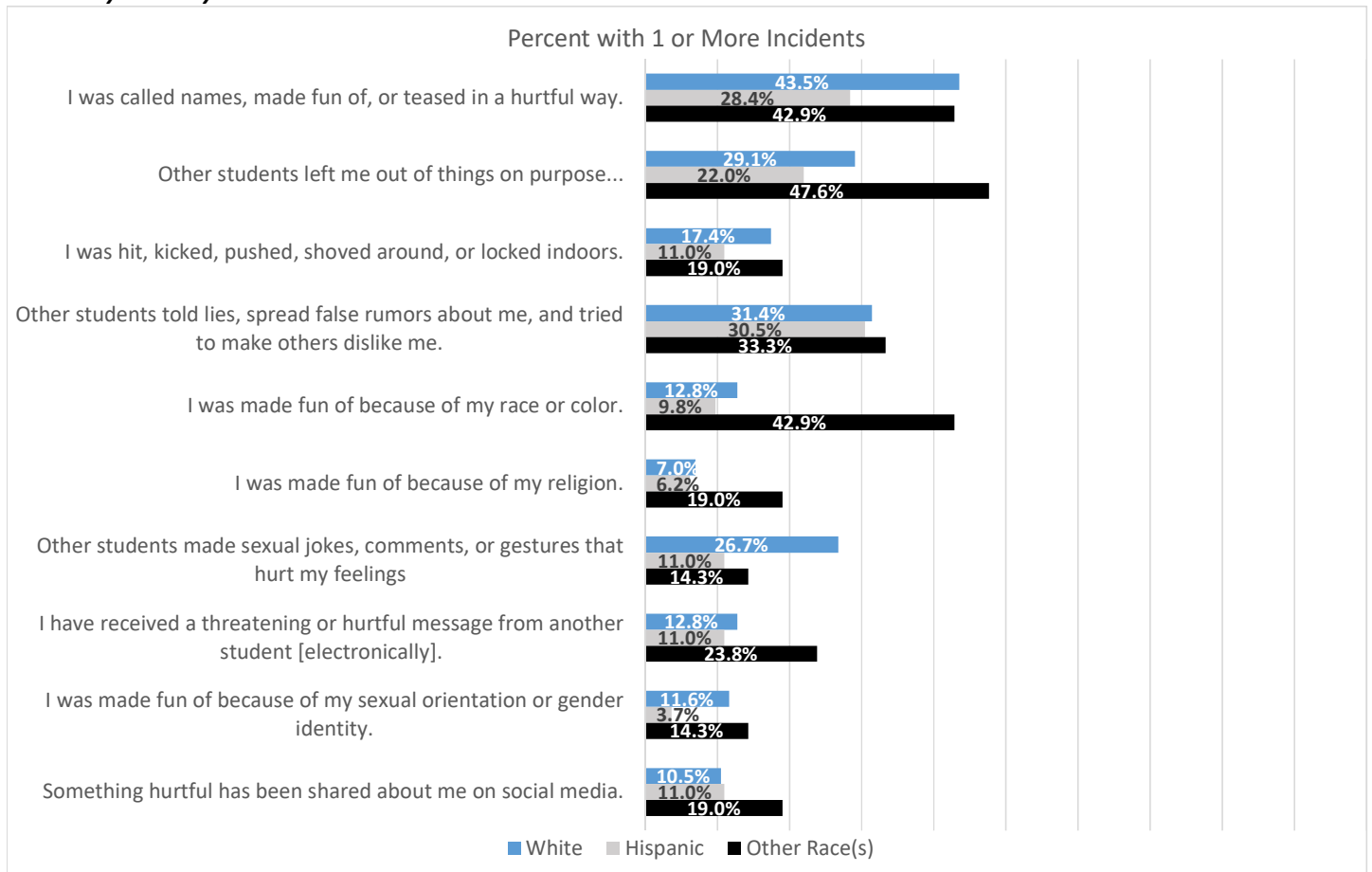
## ITEM RESPONSES



| DETAILED RESULTS  |   | 0 times | 1 time | 2 times | 3-5 times | 6-10 times | 11+ times | Total |
|---|---|---------|--------|---------|-----------|------------|-----------|-------|
| I was called names, made fun of, or teased in a hurtful way.  | % | 63%     | 13%    | 6%      | 8%        | 3%         | 7%        |       |
|   | N | 118     | 24     | 12      | 15        | 5          | 13        | 187   |
| Other students left me out of things on purpose, excluded me from their group of friends, or completely ignored me. | % | 72%     | 11%    | 6%      | 5%        | 2%         | 4%        |       |
|   | N | 136     | 21     | 11      | 10        | 4          | 7         | 189   |
| I was hit, kicked, pushed, shoved around, or locked indoors.  | % | 85%     | 6%     | 3%      | 2%        | 1%         | 3%        |       |
|   | N | 161     | 12     | 6       | 3         | 1          | 6         | 189   |
| Other students told lies, spread false rumors about me, and tried to make others dislike me.                        | % | 69%     | 11%    | 6%      | 7%        | 3%         | 4%        |       |
|   | N | 130     | 21     | 12      | 14        | 5          | 7         | 189   |
| I was made fun of because of my race or color.  | % | 85%     | 7%     | 1%      | 2%        | 1%         | 5%        |       |
|   | N | 161     | 13     | 1       | 3         | 2          | 9         | 189   |
| I was made fun of because of my religion.   | % | 92%     | 2%     | 2%      | 0%        | 1%         | 4%        |       |
|   | N | 173     | 3      | 3       | 0         | 1          | 8         | 188   |
| Other students made sexual jokes, comments, or gestures that hurt my feelings.                                      | % | 81%     | 8%     | 3%      | 3%        | 1%         | 4%        |       |
|   | N | 154     | 15     | 6       | 5         | 1          | 8         | 189   |
| I have received a threatening or hurtful message from another student [electronically]                              | % | 87%     | 6%     | 1%      | 2%        | 1%         | 4%        |       |
|   | N | 164     | 11     | 2       | 3         | 1          | 8         | 189   |
| I was made fun of because of my sexual orientation or gender identity.  | % | 92%     | 3%     | 1%      | 1%        | 1%         | 3%        |       |
|   | N | 173     | 6      | 2       | 1         | 2          | 5         | 189   |
| Something hurtful has been shared about me on social media.   | % | 88%     | 3%     | 3%      | 1%        | 1%         | 4%        |       |
|   | N | 167     | 6      | 6       | 2         | 1          | 7         | 189   |

## SUBGROUP RESULTS

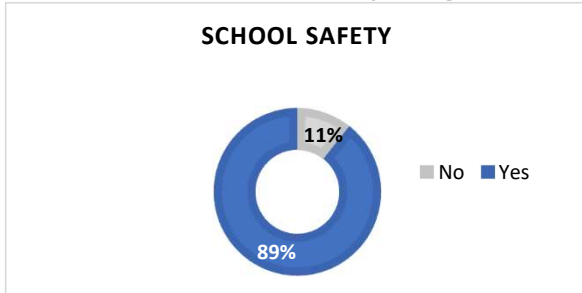
### Results by Ethnicity





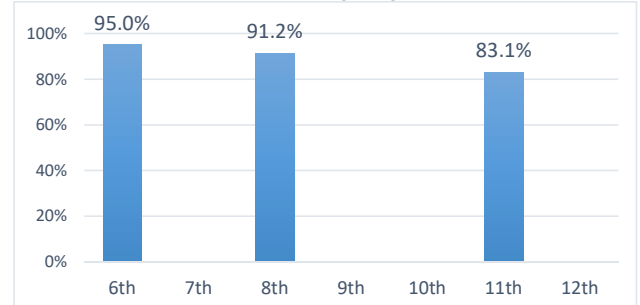
# School Safety

## Overall Percent of Students Reporting School Safety\*



\*Based on percent of students responding "0 times" to school safety item.

## School Safety\* by Grade



**In the last 30 days, how many times did you NOT go to school because you felt unsafe at school or on your way to and from school as a result of bullying?**

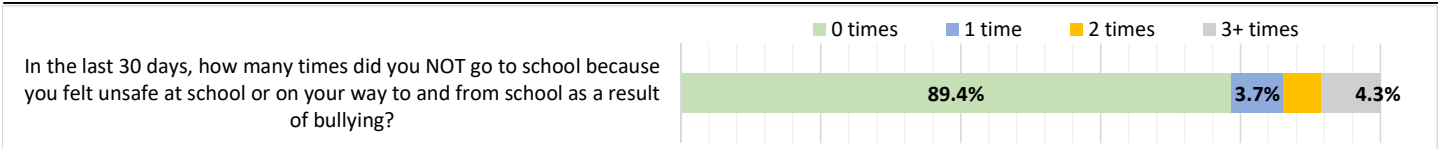
Percent 0 times= 89

Mean\*= 1.22

N= 188

\*Mean represents the average score on a scale from 1 to 4 (0 times=1, 1 time=2, 2 times=3, 3+ times=4). The lower the score, the more perceived safety.

## ITEM RESPONSE

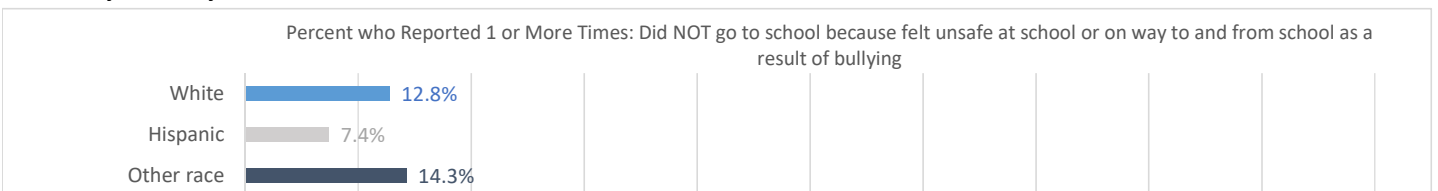


## DETAILED RESULTS

| Items   |   | 0 times | 1 time | 2 times | 3+ times | Total |
|---|---|---------|--------|---------|----------|-------|
| In the last 30 days, how many times did you NOT go to school because you felt unsafe at school or on your way to and from school as a result of bullying? | % | 89%     | 4%     | 3%      | 4%       |       |
|   | N | 168     | 7      | 5       | 8        | 188   |

## SUBGROUP RESULTS

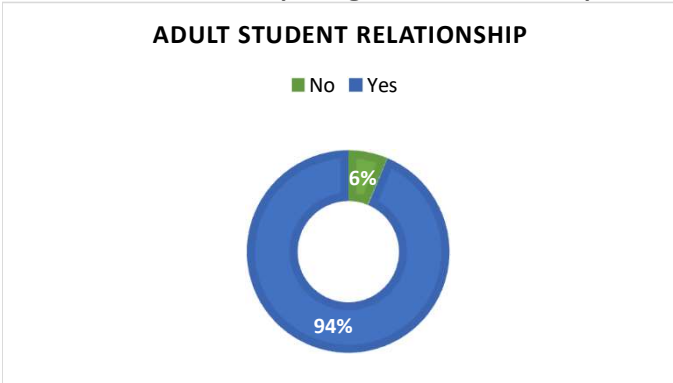
### Results by Ethnicity



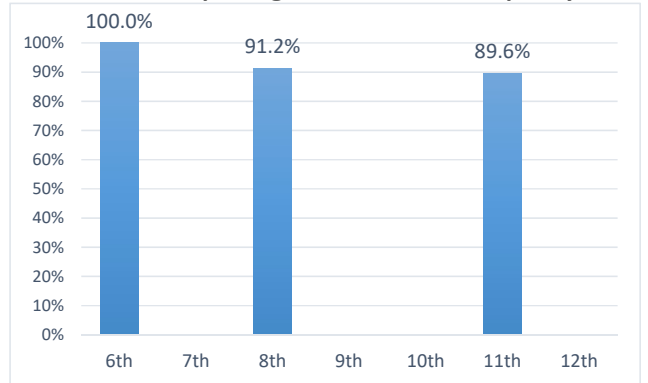


# Adult - Student Relationship

Overall % of Students Reporting Positive Relationships\*



% of Students Reporting Positive Relationships\* by Grade

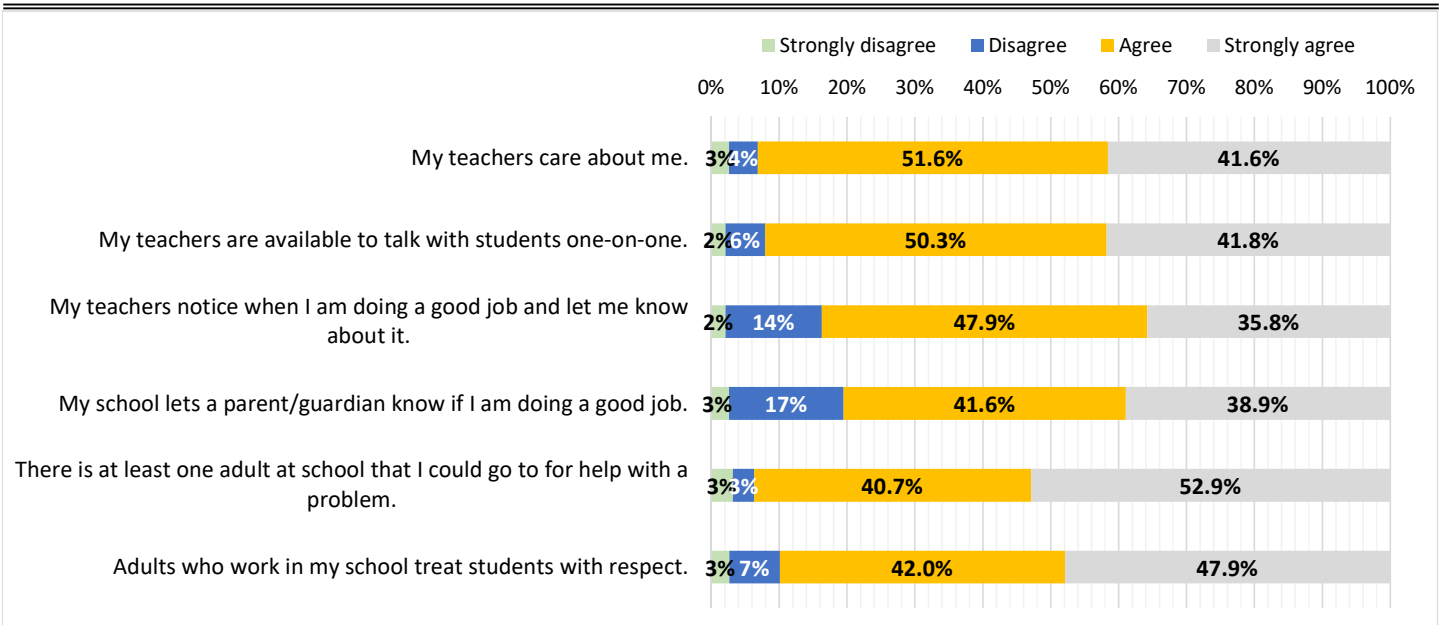


\*Based on average across all items -- if greater than 2.5, then considered having a positive adult-student relationship.

| ADULT-STUDENT RELATIONSHIP ITEMS: Summary Data   | Means* | Percent Agree |
|--|--------|---------------|
| <i>My teachers care about me.</i>  | 3.32   | 93%           |
| <i>My teachers are available to talk with students one-on-one.</i>                       | 3.32   | 92%           |
| <i>My teachers notice when I am doing a good job and let me know about it.</i>           | 3.17   | 84%           |
| <i>My school lets a parent/guardian know if I am doing a good job.</i>                   | 3.17   | 81%           |
| <i>There is at least one adult at school that I could go to for help with a problem.</i> | 3.43   | 94%           |
| <i>Adults who work in my school treat students with respect.</i>                         | 3.35   | 90%           |

\*\*Means represent the average score on a scale from 1 to 4 (Strongly disagree=1, Disagree=2, Agree=3, Strongly Agree=4). The higher the score, the more agreement.

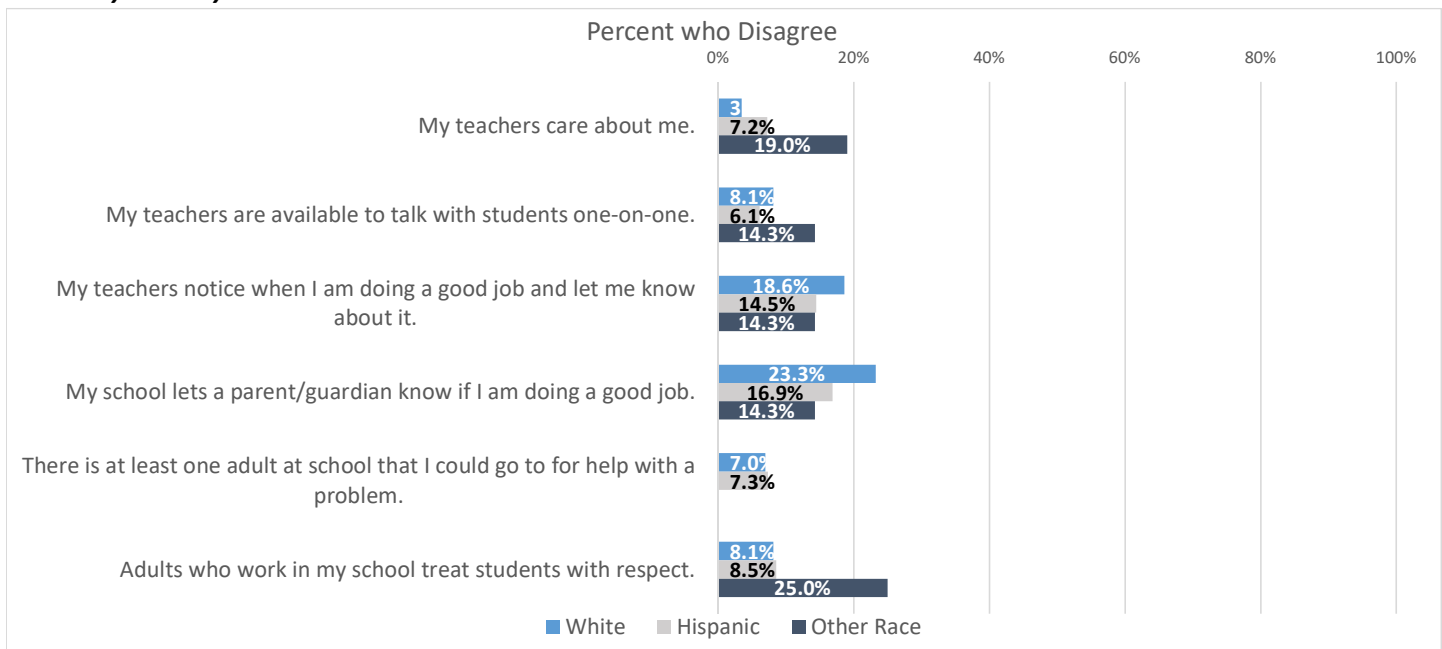
## ITEM RESPONSES



| DETAILED RESULTS  |   | Strongly Disagree | Disagree | Agree | Strongly Agree | Total |
|---|---|-------------------|----------|-------|----------------|-------|
| My teachers care about me.  | % | 3%                | 4%       | 52%   | 42%            |       |
|   | N | 5                 | 8        | 98    | 79             | 190   |
| My teachers are available to talk with students one-on-one.                       | % | 2%                | 6%       | 50%   | 42%            |       |
|   | N | 4                 | 11       | 95    | 79             | 189   |
| My teachers notice when I am doing a good job and let me know about it.           | % | 2%                | 14%      | 48%   | 36%            |       |
|   | N | 4                 | 27       | 91    | 68             | 190   |
| My school lets a parent/guardian know if I am doing a good job.                   | % | 3%                | 17%      | 42%   | 39%            |       |
|   | N | 5                 | 32       | 79    | 74             | 190   |
| There is at least one adult at school that I could go to for help with a problem. | % | 3%                | 3%       | 41%   | 53%            |       |
|   | N | 6                 | 6        | 77    | 100            | 189   |
| Adults who work in my school treat students with respect.                         | % | 3%                | 7%       | 42%   | 48%            |       |
|   | N | 5                 | 14       | 79    | 90             | 188   |

## SUBGROUP RESULTS

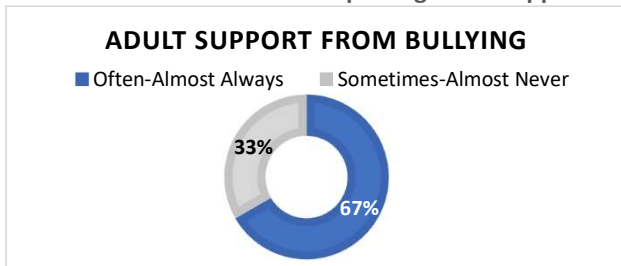
### Results by Ethnicity





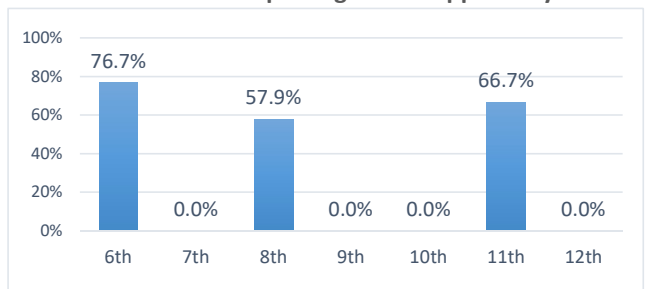
# Adult Support

## Overall Percent of Students Reporting Adult Support\*



\*Based on percent of students responding "Often" or "Almost always" to item.

## Percent of Students Reporting Adult Support\* by Grade



## When a student is being bullied at school, how often do the teachers or other adults at school try to put a stop to it?

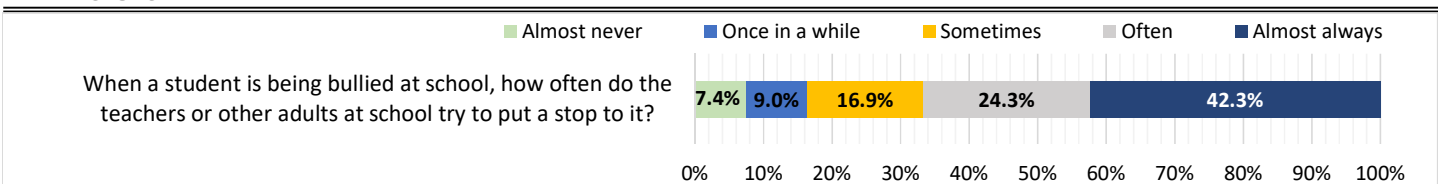
Percent Often-Always= 67%

Mean\*= 3.85

N= 189

\*\*Mean represents the average score on a scale from 1 to 4 (Almost never=1, Once in a while=2, Sometimes=3, Often=4, Almost always=5). The higher the score, the more support.

## ITEM RESPONSE

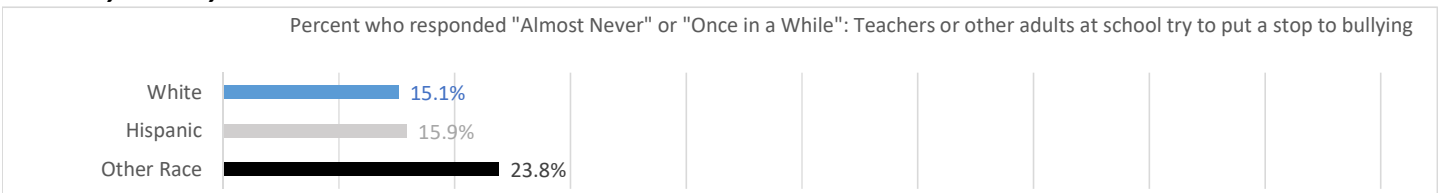


## DETAILED RESULTS

| Items   | Almost never | Once in a while | Sometimes | Often | Almost always | Total |
|---|--------------|-----------------|-----------|-------|---------------|-------|
| When a student is being bullied at school, how often do the teachers or other adults at school try to put a stop to it? | 7%           | 9%              | 17%       | 24%   | 42%           |       |
|   | N            | 14              | 17        | 32    | 46            | 80    |
|   |              |                 |           |       |               | 189   |

## SUBGROUP RESULTS

### Results by Ethnicity



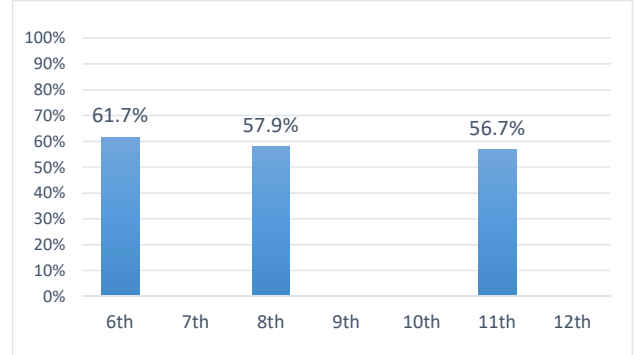


# First Aid Skills

Percent of Students who Agreed with First Aid Items



Percent of Students who Agreed\* by Grade

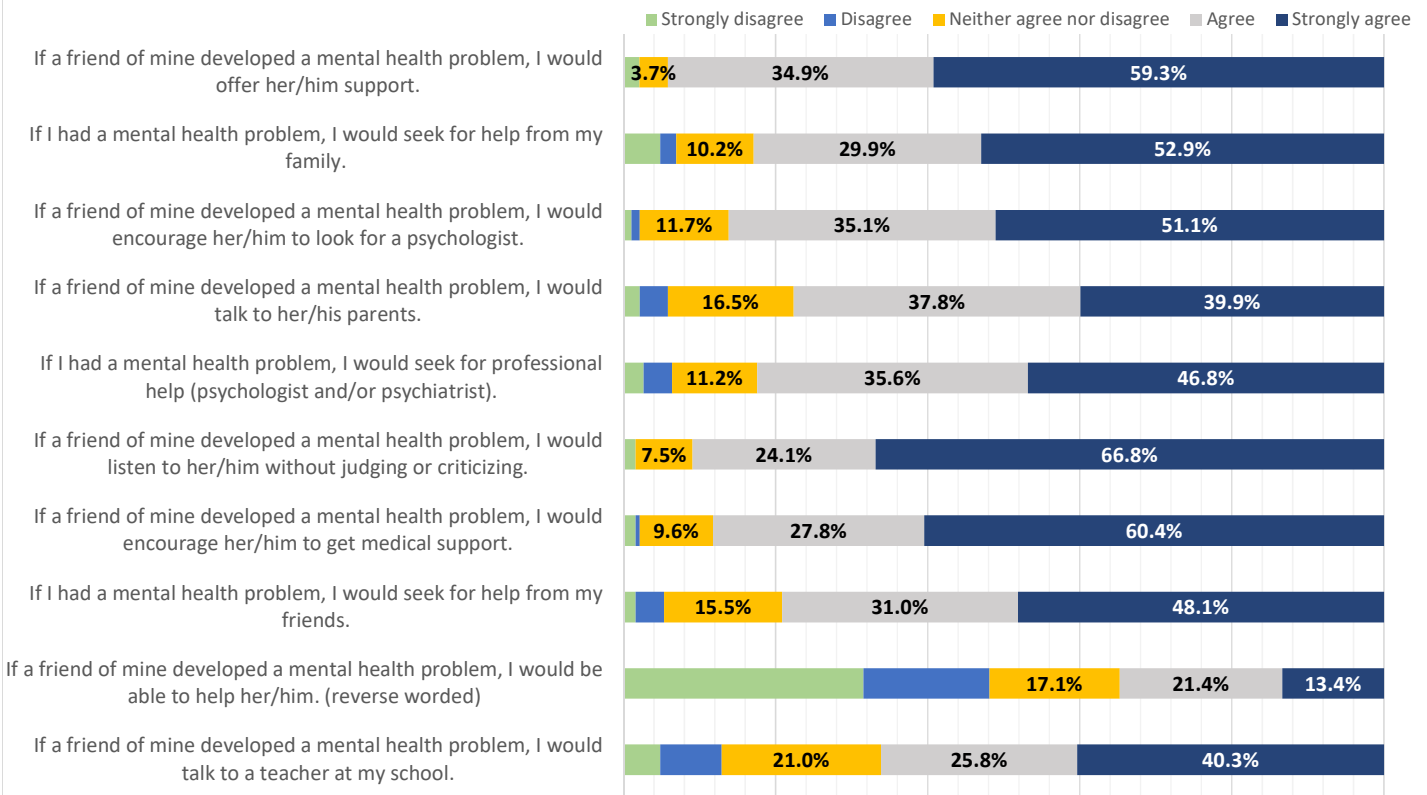


\*Based on percent of students who agreed to all or almost all (9 to 10) of the First Aid items.

| FIRST AID SKILL ITEMS: Summary Data  | Means* | Percent Agree |
|--|--------|---------------|
| If a friend of mine developed a mental health problem, I would offer her/him support.                            | 4.49   | 94.2%         |
| If I had a mental health problem, I would seek for help from my family.  | 4.24   | 82.9%         |
| If a friend of mine developed a mental health problem, I would encourage her/him to look for a psychologist.     | 4.34   | 86.2%         |
| If a friend of mine developed a mental health problem, I would talk to her/his parents.                          | 4.10   | 77.7%         |
| If I had a mental health problem, I would seek for professional help (psychologist and/or psychiatrist).         | 4.20   | 82.4%         |
| If a friend of mine developed a mental health problem, I would listen to her/him without judging or criticizing. | 4.55   | 90.9%         |
| If a friend of mine developed a mental health problem, I would encourage her/him to get medical support.         | 4.45   | 88.2%         |
| If I had a mental health problem, I would seek for help from my friends.   | 4.20   | 79.1%         |
| If a friend of mine developed a mental health problem, I wouldn't be able to help her/him.                       | 2.68   | 34.8%         |
| If a friend of mine developed a mental health problem, I would talk to a teacher at my school.                   | 3.89   | 66.1%         |

\*Means represent the average score on a scale from 1 to 5 (strongly disagree=1, disagree=2, neither=3, agree=4, strongly agree=5). The higher the score, the more First Aid-related support/behavior.

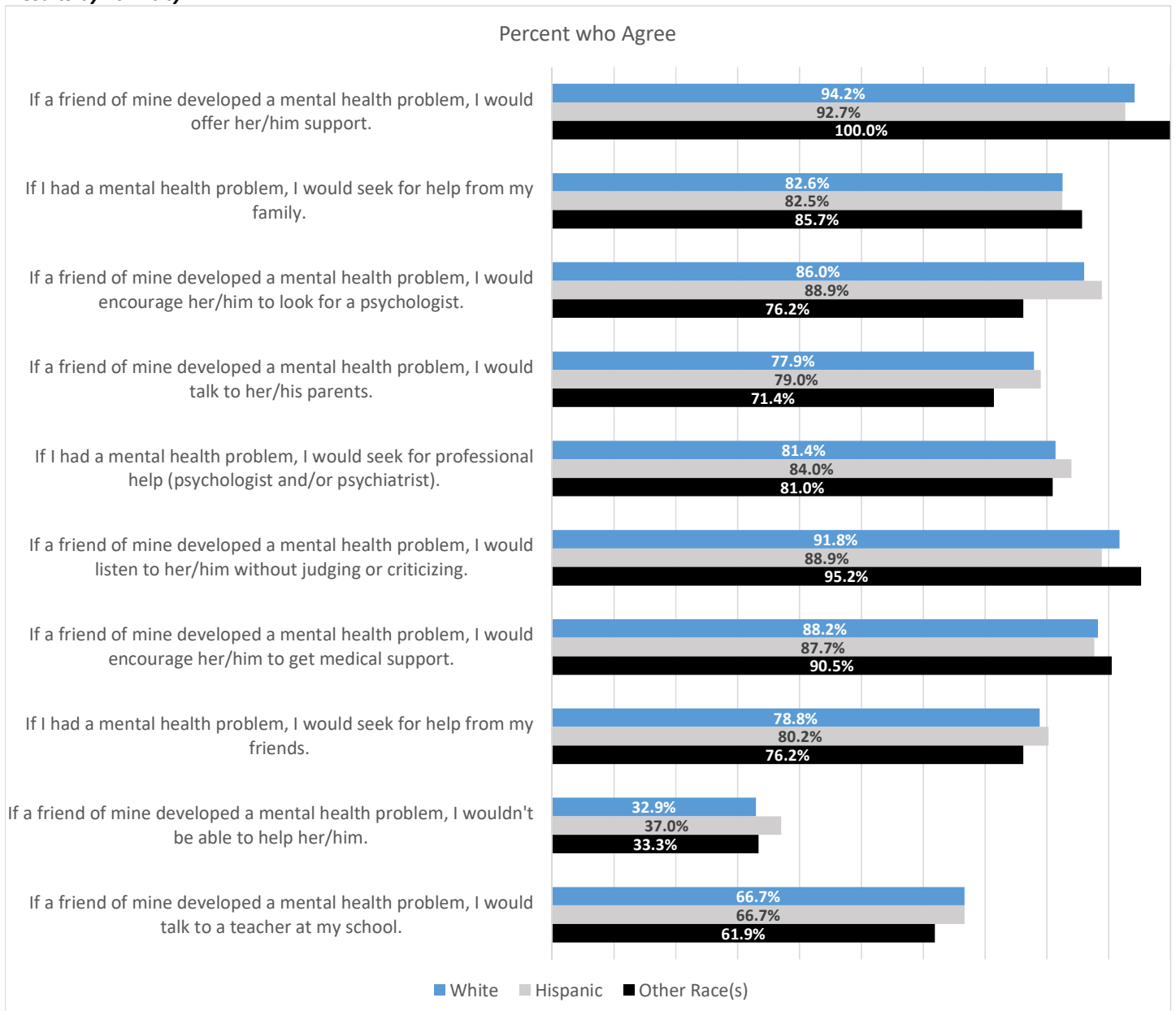
## ITEM RESPONSES



| DETAILED RESULTS   |   | Strongly disagree | Agree | Neither | Agree | Strongly agree | Total |
|--|---|-------------------|-------|---------|-------|----------------|-------|
| If a friend of mine developed a mental health problem, I would offer her/him support.                            | % | 2%                | 0%    | 4%      | 35%   | 59%            |       |
|  | N | 4                 | 0     | 7       | 66    | 112            | 189   |
| If I had a mental health problem, I would seek for help from my family.  | % | 5%                | 2%    | 10%     | 30%   | 53%            |       |
|  | N | 9                 | 4     | 19      | 56    | 99             | 187   |
| If a friend of mine developed a mental health problem, I would encourage her/him to look for a psychologist.     | % | 1%                | 1%    | 12%     | 35%   | 51%            |       |
|  | N | 2                 | 2     | 22      | 66    | 96             | 188   |
| If a friend of mine developed a mental health problem, I would talk to her/his parents.                          | % | 2%                | 4%    | 16%     | 38%   | 40%            |       |
|  | N | 4                 | 7     | 31      | 71    | 75             | 188   |
| If I had a mental health problem, I would seek for professional help (psychologist and/or psychiatrist).         | % | 3%                | 4%    | 11%     | 36%   | 47%            |       |
|  | N | 5                 | 7     | 21      | 67    | 88             | 188   |
| If a friend of mine developed a mental health problem, I would listen to her/him without judging or criticizing. | % | 2%                | 0%    | 7%      | 24%   | 67%            |       |
|  | N | 3                 | 0     | 14      | 45    | 125            | 187   |
| If a friend of mine developed a mental health problem, I would encourage her/him to get medical support.         | % | 2%                | 1%    | 10%     | 28%   | 60%            |       |
|  | N | 3                 | 1     | 18      | 52    | 113            | 187   |
| If I had a mental health problem, I would seek for help from my friends.   | % | 2%                | 4%    | 16%     | 31%   | 48%            |       |
|  | N | 3                 | 7     | 29      | 58    | 90             | 187   |
| If a friend of mine developed a mental health problem, I wouldn't be able to help her/him.                       | % | 32%               | 17%   | 17%     | 21%   | 13%            |       |
|  | N | 59                | 31    | 32      | 40    | 25             | 187   |
| If a friend of mine developed a mental health problem, I would talk to a teacher at my school.                   | % | 5%                | 8%    | 21%     | 26%   | 40%            |       |
|  | N | 9                 | 15    | 39      | 48    | 75             | 186   |

## SUBGROUP RESULTS

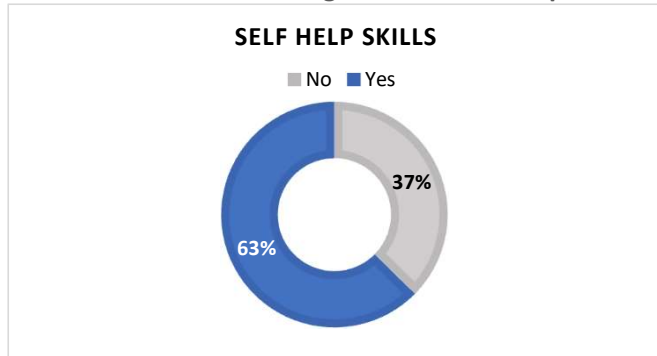
### Results by Ethnicity



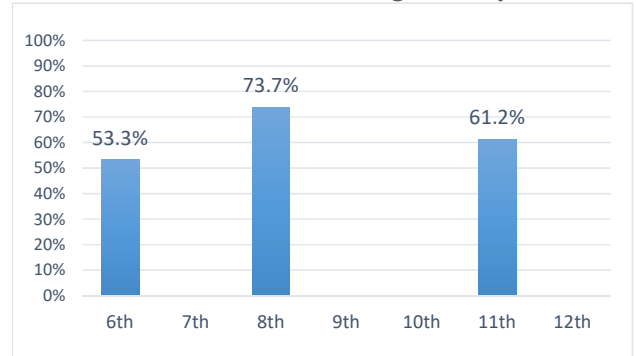


# Self-Help Skill Knowledge

Percent of Students who Agreed with Self-Help Items



Percent of Students who Agreed\* by Grade

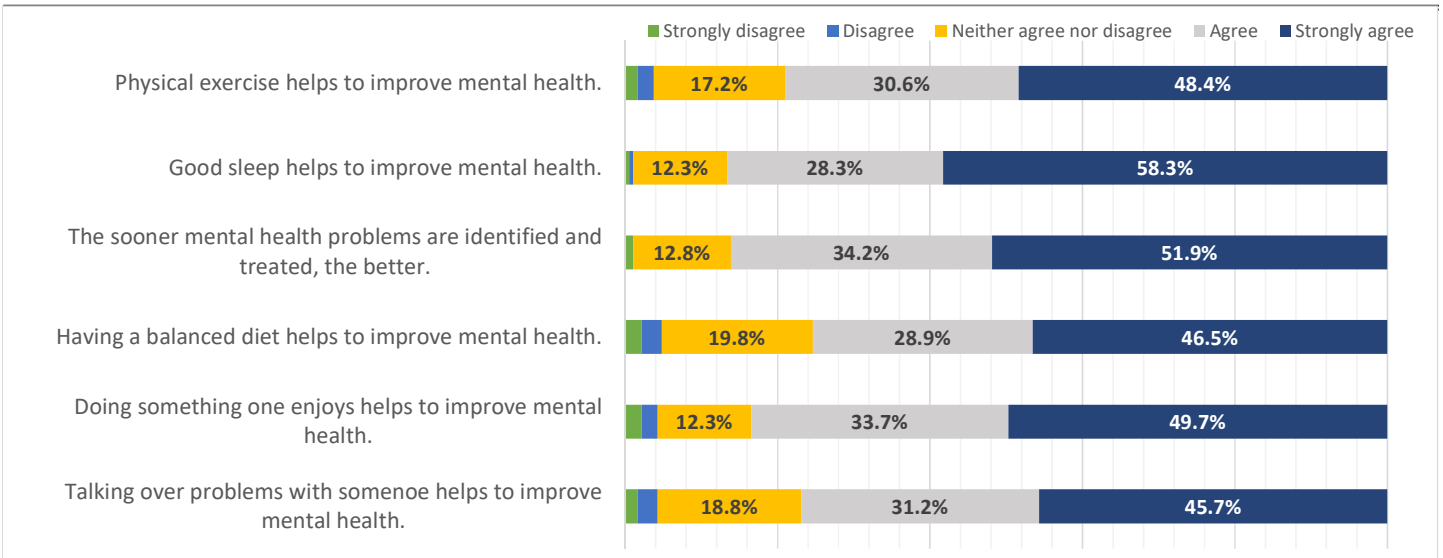


\*Based on percent of students who agreed to all (6) of the Self Help items.

| FIRST AID SKILL ITEMS: Summary Data                                       | Means* | Percent Agree |
|---|--------|---------------|
| Physical exercise helps to improve mental health.                         | 4.22   | 79.0%         |
| Good sleep helps to improve mental health.                                | 4.43   | 86.6%         |
| The sooner mental health problems are identified and treated, the better. | 4.36   | 86.1%         |
| Having a balanced diet helps to improve mental health.                    | 4.15   | 75.4%         |
| Doing something one enjoys helps to improve mental health.                | 4.27   | 83.4%         |
| Talking over problems with someone helps to improve mental health.        | 4.17   | 76.9%         |

\*Means represent the average score on a scale from 1 to 5 (strongly disagree=1, disagree=2, neither=3, agree=4, strongly agree=5). The higher the score, the more self help-related support/behavior.

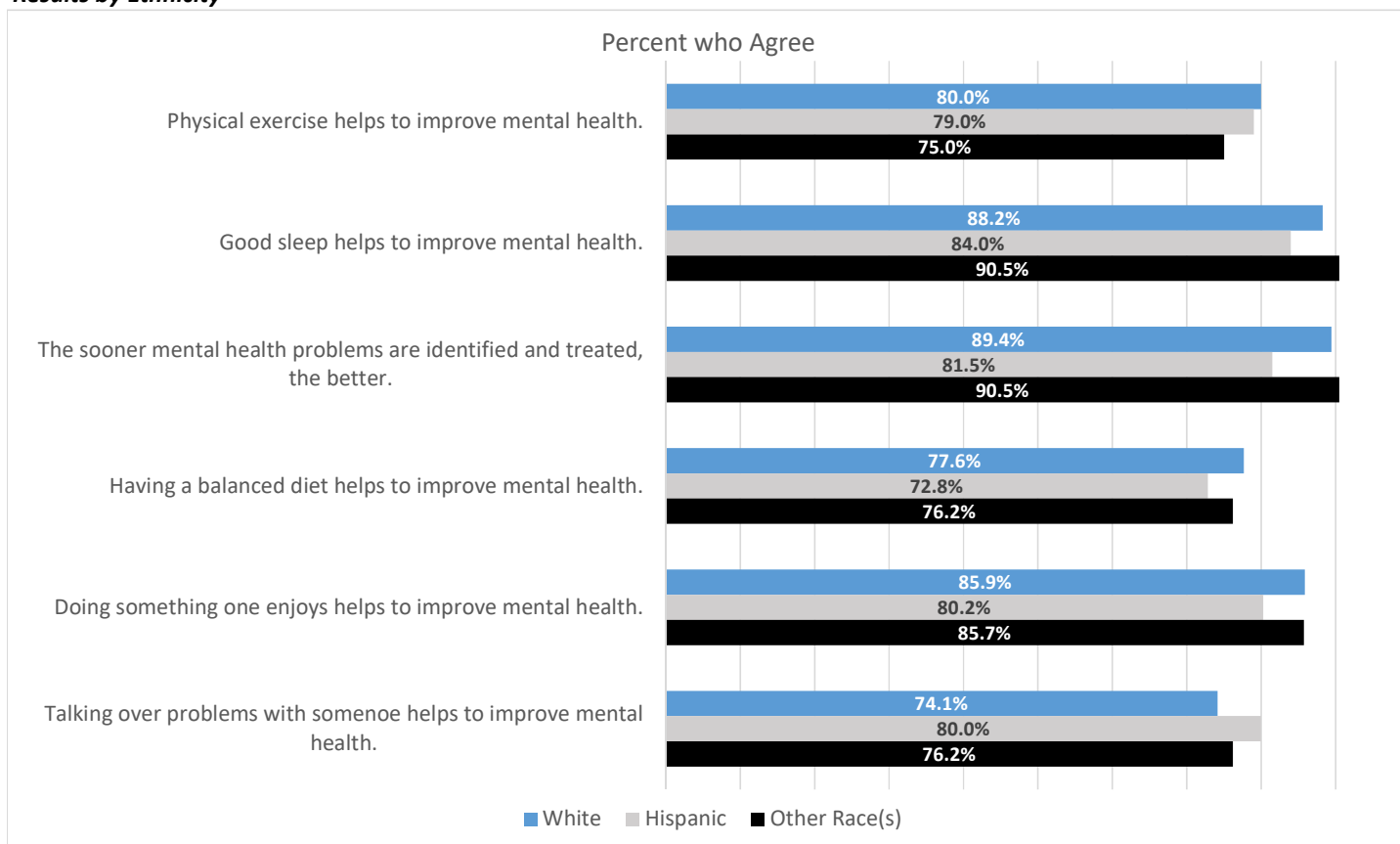
## ITEM RESPONSES



| DETAILED RESULTS  |   | Strongly disagree | Agree | Neither | Agree | Strongly agree | Total |
|---|---|-------------------|-------|---------|-------|----------------|-------|
| Physical exercise helps to improve mental health.                         | % | 2%                | 2%    | 17%     | 31%   | 48%            |       |
|   | N | 3                 | 4     | 32      | 57    | 90             | 186   |
| Good sleep helps to improve mental health.                                | % | 1%                | 1%    | 12%     | 28%   | 58%            |       |
|   | N | 1                 | 1     | 23      | 53    | 109            | 187   |
| The sooner mental health problems are identified and treated, the better. | % | 1%                | 0%    | 13%     | 34%   | 52%            |       |
|   | N | 2                 | 0     | 24      | 64    | 97             | 187   |
| Having a balanced diet helps to improve mental health.                    | % | 2%                | 3%    | 20%     | 29%   | 47%            |       |
|   | N | 4                 | 5     | 37      | 54    | 87             | 187   |
| Doing something one enjoys helps to improve mental health.                | % | 2%                | 2%    | 12%     | 34%   | 50%            |       |
|   | N | 4                 | 4     | 23      | 63    | 93             | 187   |
| Talking over problems with someone helps to improve mental health.        | % | 2%                | 3%    | 19%     | 31%   | 46%            |       |
|   | N | 3                 | 5     | 35      | 58    | 85             | 186   |

## SUBGROUP RESULTS

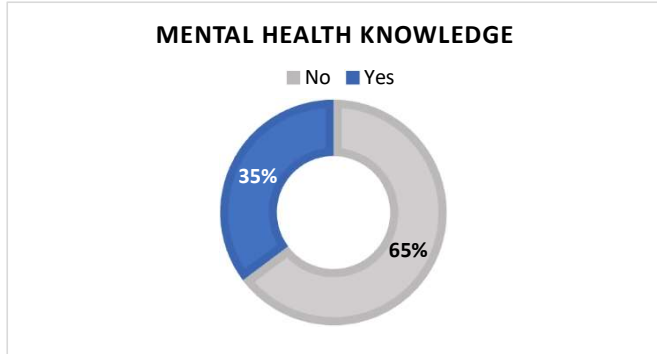
### Results by Ethnicity



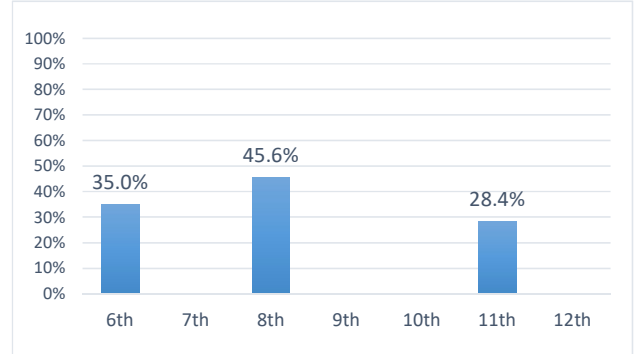


# Mental Health Knowledge

Percent of Students who Agreed with Knowledge Items



Percent of Students who Agreed\* by Grade



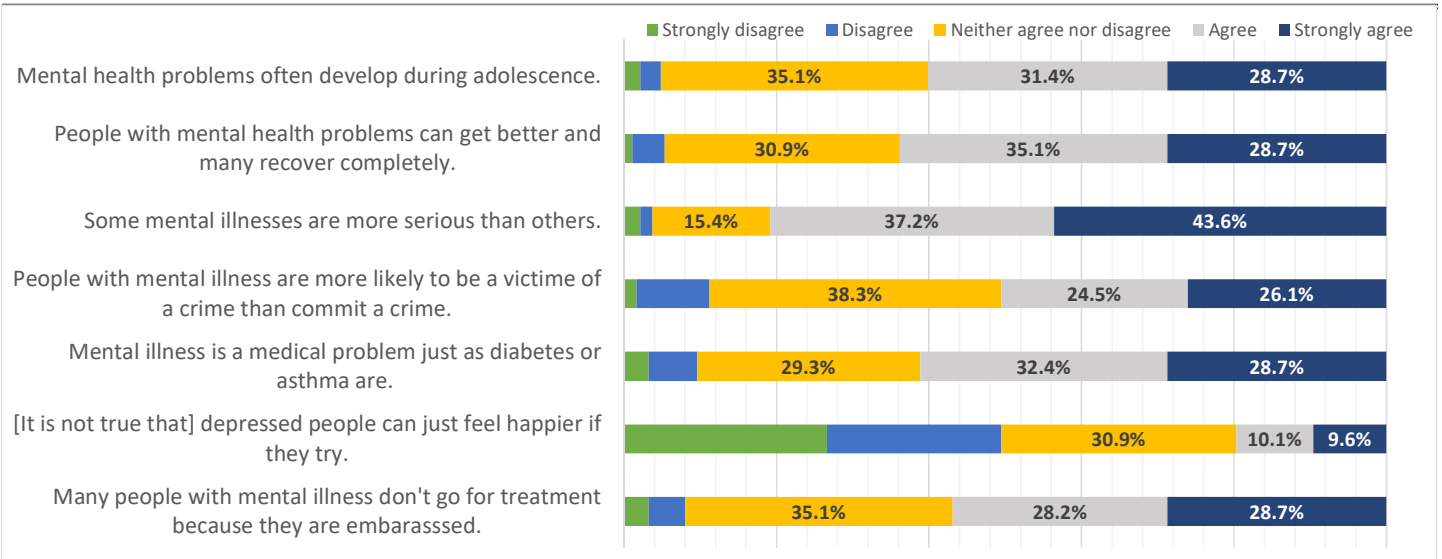
\*Based on percent of students who agreed to all or almost all (6 to 7) of the Mental Health Knowledge items.

## FIRST AID SKILL ITEMS: Summary Data

|  | Means* | Percent Agree |
|--|--------|---------------|
| <i>Mental health problems often develop during adolescence.</i>                                  | 3.82   | 60.1%         |
| <i>People with mental health problems can get better and many recover completely.</i>            | 3.86   | 63.8%         |
| <i>Some mental illnesses are more serious than others.</i>                                       | 4.19   | 80.9%         |
| <i>People with mental illness are more likely to be a victim of a crime than commit a crime.</i> | 3.64   | 50.5%         |
| <i>Mental illness is a medical problem just as diabetes or asthma are.</i>                       | 3.77   | 61.2%         |
| <i>[It is not true that] depressed people can just feel happier if they try.</i>                 | 2.53   | 19.7%         |
| <i>Many people with mental illness don't go for treatment because they are embarrassed.</i>      | 3.74   | 56.9%         |

\*Means represent the average score on a scale from 1 to 5 (strongly disagree=1, disagree=2, neither=3, agree=4, strongly agree=5). The higher the score, the more knowledge.

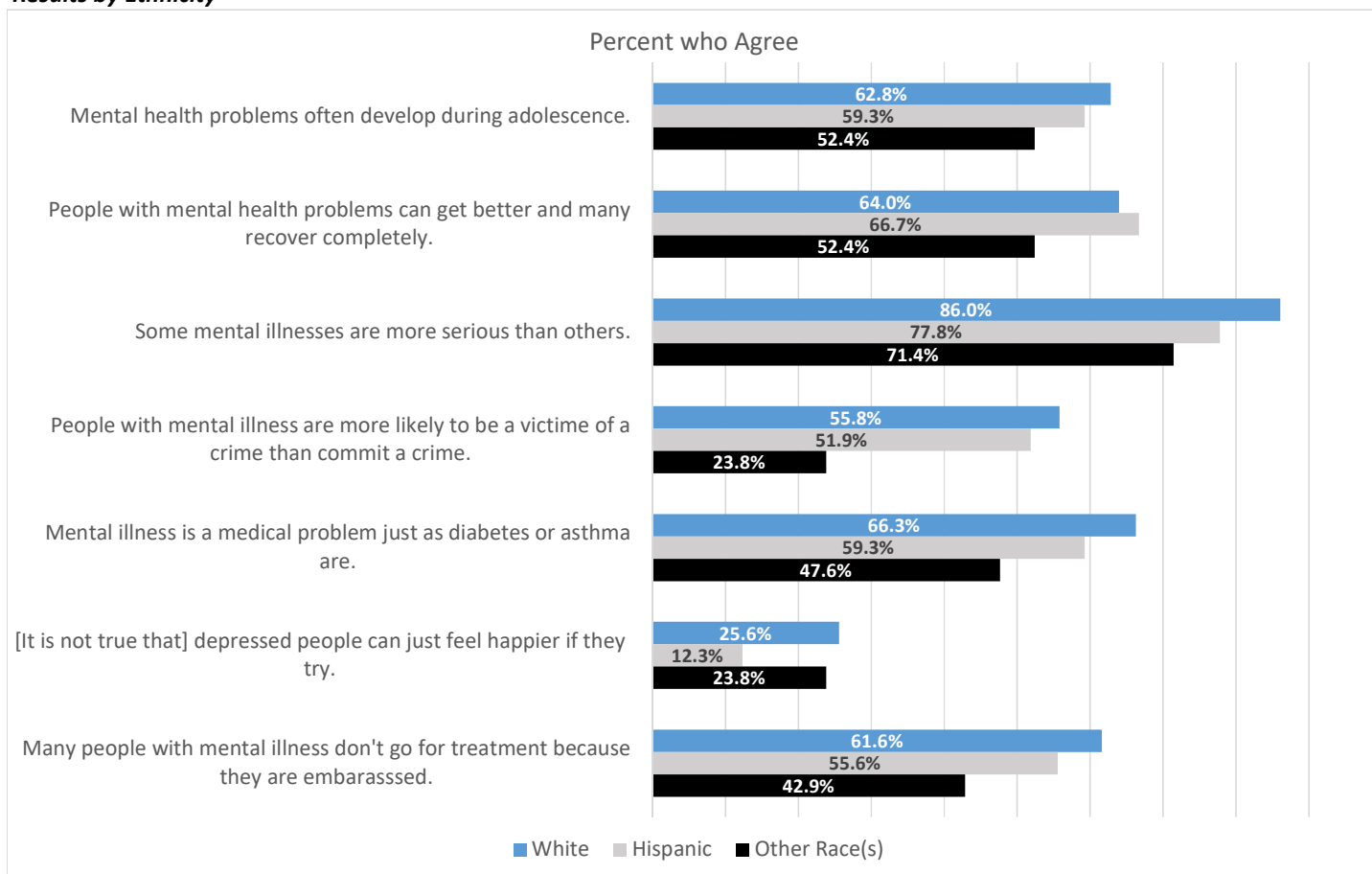
## ITEM RESPONSES



| DETAILED RESULTS  |   | Strongly disagree | Agree | Neither | Agree | Strongly agree | Total |
|---|---|-------------------|-------|---------|-------|----------------|-------|
| Mental health problems often develop during adolescence.                                  | % | 2%                | 3%    | 35%     | 31%   | 29%            |       |
|   | N | 4                 | 5     | 66      | 59    | 54             | 188   |
| People with mental health problems can get better and many recover completely.            | % | 1%                | 4%    | 31%     | 35%   | 29%            |       |
|   | N | 2                 | 8     | 58      | 66    | 54             | 188   |
| Some mental illnesses are more serious than others.                                       | % | 2%                | 2%    | 15%     | 37%   | 44%            |       |
|   | N | 4                 | 3     | 29      | 70    | 82             | 188   |
| People with mental illness are more likely to be a victim of a crime than commit a crime. | % | 2%                | 10%   | 38%     | 24%   | 26%            |       |
|   | N | 3                 | 18    | 72      | 46    | 49             | 188   |
| Mental illness is a medical problem just as diabetes or asthma are.                       | % | 3%                | 6%    | 29%     | 32%   | 29%            |       |
|   | N | 6                 | 12    | 55      | 61    | 54             | 188   |
| [It is not true that] depressed people can just feel happier if they try.                 | % | 27%               | 23%   | 31%     | 10%   | 10%            |       |
|   | N | 50                | 43    | 58      | 19    | 18             | 188   |
| Many people with mental illness don't go for treatment because they are embarrassed.      | % | 3%                | 5%    | 35%     | 28%   | 29%            |       |
|   | N | 6                 | 9     | 66      | 53    | 54             | 188   |

## SUBGROUP RESULTS

### Results by Ethnicity



# Demographics

| Schools                    | N   |
|----------------------------|-----|
| West Liberty High School   | 71  |
| West Liberty Middle School | 119 |

| Grade | 6th | 7th | 8th | 9th | 10th | 11th | 12th |
|-------|-----|-----|-----|-----|------|------|------|
|       | 60  | 0   | 57  | 0   | 0    | 67   | 0    |

| Age | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 |
|-----|----|----|----|----|----|----|----|----|
|     | 4  | 46 | 14 | 41 | 16 | 1  | 49 | 19 |

|                  |   | N   | %     |
|------------------|---|-----|-------|
| Gender           | Female  | 86  | 54.5% |
|                  | Male  | 103 | 45.5% |
| Ethnicity/Race   | White   | 86  | 45.3% |
|                  | Hispanic/Latino                                 | 83  | 43.7% |
|                  | Black or African American                       | 3   | 1.6%  |
|                  | American Indian/Alaska Native                   | 0   | 0.0%  |
|                  | Asian/Pacific Islander                          | 6   | 3.2%  |
|                  | Some other race                                 | 2   | 1.1%  |
|                  | Mixed/Multiple races                            | 10  | 5.3%  |
|                  |   |     |       |
| Military Status  | I do not have a parent in the military          | 185 | 97.4% |
|                  | Is in the military but has not been away from   | 0   | 0.0%  |
|                  | Returned home after being away for more than    | 3   | 1.6%  |
|                  | Is currently away from home because of military | 2   | 1.1%  |
| Household Status | With 2 parents                                  | 141 | 74.2% |
|                  | With 1 parent                                   | 37  | 19.5% |
|                  | With grandparents or other relatives            | 4   | 2.1%  |
|                  | With foster parents                             | 1   | 0.5%  |
|                  | Other   | 7   | 3.7%  |

# APPENDIX A: Results by Subgroups

## EMOTIONAL SAFETY

| Results by Ethnicity  | White (N=86)                |                     | Hispanic (N=83)             |                     | Other Race (N=21)       |                     |
|---|-----------------------------|---------------------|-----------------------------|---------------------|-------------------------|---------------------|
|   | Percent 1 or more incidents | Percent 0 incidents | Percent 1 or more incidents | Percent 0 incidents | Percent 1 or more times | Percent 0 incidents |
| <i>I was called names, made fun of, or teased in a hurtful way.</i>   | 0.0%                        | 56.5%               | 0.0%                        | 71.6%               | 0.0%                    | 57.1%               |
| <i>Other students left me out of things on purpose, excluded me from their group of friends, or completely ignored me.</i>  | 0.0%                        | 70.9%               | 0.0%                        | 78.0%               | 0.0%                    | 52.4%               |
| <i>I was hit, kicked, pushed, shoved around, or locked indoors.</i>   | 0.0%                        | 82.6%               | 0.0%                        | 89.0%               | 0.0%                    | 81.0%               |
| <i>Other students told lies, spread false rumors about me, and tried to make others dislike me.</i>   | 0.0%                        | 68.6%               | 0.0%                        | 69.5%               | 0.0%                    | 66.7%               |
| <i>I was made fun of because of my race or color.</i>   | 0.0%                        | 87.2%               | 0.0%                        | 90.2%               | 0.0%                    | 57.1%               |
| <i>I was made fun of because of my religion.</i>  | 0.0%                        | 93.0%               | 0.0%                        | 93.8%               | 0.0%                    | 81.0%               |
| <i>Other students made sexual jokes, comments, or gestures that hurt my feelings</i>  | 0.0%                        | 73.3%               | 0.0%                        | 89.0%               | 0.0%                    | 85.7%               |
| <i>I have received a threatening or hurtful message from another student in an e-mail, on a website, on a cell phone, from text messaging, in an internet chat room, or in instant messaging.</i> | 0.0%                        | 87.2%               | 0.0%                        | 89.0%               | 0.0%                    | 76.2%               |
| <i>I was made fun of because of my sexual orientation or gender identity.</i>   | 0.0%                        | 88.4%               | 0.0%                        | 96.3%               | 0.0%                    | 85.7%               |
| <i>Something hurtful has been shared about me on social media (Facebook, Twitter, Snapchat, etc.).</i>  | 0.0%                        | 89.5%               | 0.0%                        | 89.0%               | 0.0%                    | 81.0%               |

## SCHOOL SAFETY

| Results by Ethnicity   | White (N=86)                |                     | Hispanic (N=83)             |                     | Other Race (N=21)       |                     |
|--|-----------------------------|---------------------|-----------------------------|---------------------|-------------------------|---------------------|
|  | Percent 1 or more incidents | Percent 0 incidents | Percent 1 or more incidents | Percent 0 incidents | Percent 1 or more times | Percent 0 incidents |
| <i>In the last 30 days, how many times did you NOT go to school because you felt unsafe at school or on your way to and from school as a result of bullying?</i> | 14.3%                       | 87.2%               | 0.0%                        | 92.6%               | 0.0%                    | 85.7%               |

## ADULT-STUDENT RELATIONSHIP

| Results by Ethnicity   | White (N=86)  |                  | Hispanic (N=83) |                  | Other Race (N=21) |                  |
|--|---------------|------------------|-----------------|------------------|-------------------|------------------|
|  | Percent Agree | Percent Disagree | Percent Agree   | Percent Disagree | Percent Agree     | Percent Disagree |
| <i>My teachers care about me.</i>  | 81.0%         | 0.0%             | 3.5%            | 0.0%             | 7.2%              | 0.0%             |
| <i>My teachers are available to talk with students one-on-one.</i>                       | 85.7%         | 0.0%             | 8.1%            | 0.0%             | 6.1%              | 0.0%             |
| <i>My teachers notice when I am doing a good job and let me know about it.</i>           | 85.7%         | 0.0%             | 18.6%           | 0.0%             | 14.5%             | 0.0%             |
| <i>My school lets a parent/guardian know if I am doing a good job.</i>                   | 85.7%         | 0.0%             | 23.3%           | 0.0%             | 16.9%             | 0.0%             |
| <i>There is at least one adult at school that I could go to for help with a problem.</i> | 100.0%        | 0.0%             | 7.0%            | 0.0%             | 7.3%              | 0.0%             |
| <i>Adults who work in my school treat students with respect.</i>                         | 75.0%         | 0.0%             | 8.1%            | 0.0%             | 8.5%              | 0.0%             |

## ADULT SUPPORT

| Results by Ethnicity   | White (N=86)           |   | Hispanic (N=83)        |                                      | Other Race (N=21)      |                                       |
|--|------------------------|---|------------------------|--------------------------------------|------------------------|---------------------------------------|
|  | Percent Often-Sometime | Percent Almost never to Once in a while | Percent Often-Sometime | Percent Almost never to Once a while | Percent Often-Sometime | Percent Almost Never/ Once in a While |
| <i>When a student is being bullied at school, how often do the teachers or other adults at school try to put a stop to it?</i> | 0.0%                   | 84.1%                                   | 0.0%                   | 76.2%                                | 0.0%                   | 0.0%                                  |

## FIRST AID SKILLS

| Results by Ethnicity  | White (N=86)  |                  | Hispanic (N=83) |                  | Other Race (N=21) |                  |
|---|---------------|------------------|-----------------|------------------|-------------------|------------------|
|   | Percent Agree | Percent Disagree | Percent Agree   | Percent Disagree | Percent Agree     | Percent Disagree |
| <i>If a friend of mine developed a mental health problem, I would offer her/him support.</i>                            | 94.2%         | 5.8%             | 92.7%           | 7.3%             | 100.0%            | 0.0%             |
| <i>If I had a mental health problem, I would seek for help from my family.</i>  | 82.6%         | 17.4%            | 82.5%           | 17.5%            | 85.7%             | 14.3%            |
| <i>If a friend of mine developed a mental health problem, I would encourage her/him to look for a psychologist.</i>     | 86.0%         | 14.0%            | 88.9%           | 11.1%            | 76.2%             | 23.8%            |
| <i>If a friend of mine developed a mental health problem, I would talk to her/his parents.</i>                          | 77.9%         | 22.1%            | 79.0%           | 21.0%            | 71.4%             | 28.6%            |
| <i>If I had a mental health problem, I would seek for professional help (psychologist and/or psychiatrist).</i>         | 81.4%         | 18.6%            | 84.0%           | 16.0%            | 81.0%             | 19.0%            |
| <i>If a friend of mine developed a mental health problem, I would listen to her/him without judging or criticizing.</i> | 91.8%         | 8.2%             | 88.9%           | 11.1%            | 95.2%             | 4.8%             |
| <i>If a friend of mine developed a mental health problem, I would encourage her/him to get medical support.</i>         | 88.2%         | 11.8%            | 87.7%           | 12.3%            | 90.5%             | 9.5%             |
| <i>If I had a mental health problem, I would seek for help from my friends.</i>   | 78.8%         | 21.2%            | 80.2%           | 19.8%            | 76.2%             | 23.8%            |
| <i>If a friend of mine developed a mental health problem, I would be able to help her/him. (reverse worded)</i>         | 32.9%         | 67.1%            | 37.0%           | 63.0%            | 33.3%             | 66.7%            |
| <i>If a friend of mine developed a mental health problem, I would talk to a teacher at my school.</i>                   | 66.7%         | 33.3%            | 66.7%           | 33.3%            | 61.9%             | 38.1%            |

## SELF HELP SKILLS

| Results by Ethnicity   | White (N=86)  |                  | Hispanic (N=83) |                  | Other Race (N=21) |                  |
|--|---------------|------------------|-----------------|------------------|-------------------|------------------|
|  | Percent Agree | Percent Disagree | Percent Agree   | Percent Disagree | Percent Agree     | Percent Disagree |
| <i>Physical exercise helps to improve mental health.</i>                         | 80.0%         | 20.0%            | 79.0%           | 21.0%            | 75.0%             | 25.0%            |
| <i>Good sleep helps to improve mental health.</i>                                | 88.2%         | 11.8%            | 84.0%           | 16.0%            | 90.5%             | 9.5%             |
| <i>The sooner mental health problems are identified and treated, the better.</i> | 89.4%         | 10.6%            | 81.5%           | 18.5%            | 90.5%             | 9.5%             |
| <i>Having a balanced diet helps to improve mental health.</i>                    | 77.6%         | 22.4%            | 72.8%           | 27.2%            | 76.2%             | 23.8%            |
| <i>Doing something one enjoys helps to improve mental health.</i>                | 85.9%         | 14.1%            | 80.2%           | 19.8%            | 85.7%             | 14.3%            |
| <i>Talking over problems with someone helps to improve mental health.</i>        | 74.1%         | 25.9%            | 80.0%           | 20.0%            | 76.2%             | 23.8%            |

## MH Knowledge

| Results by Ethnicity   | White (N=86)  |                  | Hispanic (N=83) |                  | Other Race (N=21) |                  |
|--|---------------|------------------|-----------------|------------------|-------------------|------------------|
|  | Percent Agree | Percent Disagree | Percent Agree   | Percent Disagree | Percent Agree     | Percent Disagree |
| <i>Mental health problems often develop during adolescence.</i>                                  | 62.8%         | 37.2%            | 59.3%           | 40.7%            | 52.4%             | 47.6%            |
| <i>People with mental health problems can get better and many recover completely.</i>            | 64.0%         | 36.0%            | 66.7%           | 33.3%            | 52.4%             | 47.6%            |
| <i>Some mental illnesses are more serious than others.</i>                                       | 86.0%         | 14.0%            | 77.8%           | 22.2%            | 71.4%             | 28.6%            |
| <i>People with mental illness are more likely to be a victim of a crime than commit a crime.</i> | 55.8%         | 44.2%            | 51.9%           | 48.1%            | 23.8%             | 76.2%            |
| <i>Mental illness is a medical problem just as diabetes or asthma are.</i>                       | 66.3%         | 33.7%            | 59.3%           | 40.7%            | 47.6%             | 52.4%            |
| <i>[It is not true that] depressed people can just feel happier if they try.</i>                 | 25.6%         | 74.4%            | 12.3%           | 87.7%            | 23.8%             | 76.2%            |
| <i>Many people with mental illness don't go for treatment because they are embarrassed.</i>      | 61.6%         | 38.4%            | 55.6%           | 44.4%            | 42.9%             | 57.1%            |