

Product Name: Triscuit Hint of Sea Salt
Manufacturer Code: 50409331
Availability: Target, Walmart, Amazon

Allergens & Warnings:
CONTAINS: WHEAT



NUTRITION FACTS	
Serving Size: Serving per container About 9	
Amount Per Serving	
Calories	120
Calories from Fat	
	% Daily Value*
Total Fat	3.5g 4.0%
Saturated Fat	0g 7.0%
Trans Fat	0g
Monounsaturated Fat	
Cholesterol	0mg
Sodium	50mg 2.0%
Potassium	118mg 2.0%
Total Carbohydrate	20g 7.0%
Dietary Fiber	
Sugars	0g 7.0%
Protein	3g 7.0%
Vitamin A	Calcium 0.0%
Vitamin C	Iron 8.0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholest	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carb	300g 375g
Fiber	25g 30g

INGREDIENTS: WHOLE GRAIN WHEAT, CANOLA OIL, SEA SALT

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✔ Your product is compliant!

For future reference and report documentation, enter the brand, product name, and then print.

Brand:

TRISCUIT

Product:

HINT OF SEA SALT

Nutrition Facts

Print

Competitive Snack

Whole Grain rich item

A whole grain is the first item on the ingredients list: The following terms denote a whole grain: Cracked wheat, crushed wheat, whole wheat flour, graham flour, entire wheat flour, bromated whole wheat flour, whole durum wheat four, the term "berries" or "groat" are also used for example wheat berries or oat groats, rolled oats or oatmeal (including old fashioned, quick cooking and instant), reconstituted whole wheat, brown rice, brown rice flour, wild rice, quinoa, millet, teff, amaranth, buckwheat or sorghum. Additional information regarding whole grains can be found at <http://www.fns.usda.gov/tn/whole-grain-resource> (see pages 6-7).

Serving Size	28	<input type="radio"/>	Ounces
		<input checked="" type="radio"/>	Grams (Use grams where available)
Servings Per Container	1		
Calories Per Serving	120	Calories from Fat	29
Total Fat (g)	3.5		
Saturated Fat (g)	0		
Trans Fat (g)	0		
Sodium (mg)	50		
Sugars (g)	0		

<input checked="" type="radio"/>	Elementary School	Compliant
<input checked="" type="radio"/>	Middle/High School	Compliant

Elementary School	Middle/High School
≤ 35% calories from fat.	≤ 35% calories from fat.
< 10% calories from saturated fat	< 10% calories from saturated fat
≤ 35% sugar by weight	≤ 35% sugar by weight
< 0.5 grams trans fat per serving	< 0.5 grams trans fat per serving
≤ 200 milligrams sodium	≤ 200 milligrams sodium
≤ 175 calories per item/container	≤ 200 calories per item/container