

Product Name: Organic Whole Grain Blueberry Fruit & Grain Bars
Manufacturer Code: 54515212
Availability: Target

Allergens & Warnings:

CONTAINS: SOY AND WHEAT. PROCESSED IN A FACILITY THAT ALSO HANDLES EGG, MILK, PEANUT AND TREE NUT INGREDIENTS.



| Nutrition Facts | |
|---|--------------------|
| 6 servings per container | |
| Serving size | 1 bar (37g) |
| Amount per serving | |
| Calories | 140 |
| % Daily Value* | |
| Total Fat 3.5g | 4% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 80mg | 3% |
| Total Carbohydrate 25g | 9% |
| Dietary Fiber 1g | 4% |
| Total Sugars 14g | |
| Includes 14g Added Sugars | 28% |
| Protein 1g | |
| Vitamin D 0mcg 0% • Calcium 190mg 15% | |
| Iron 2.1mg 10% • Potassium 40mg 0% | |
| Vitamin A 200mcg 20% • Thiamin 0.3mg 25% | |
| Niacin 4.5mg 30% • Vitamin B ₆ 0.4mg 25% | |
| Folate 65mcg DFE 15% • Zinc 1.3mg 10% (40mcg folic acid) | |
| * The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. | |

Ingredients: Crust (Organic Whole Oat Flour, Organic Enriched Flour [Organic Wheat Flour, Organic Malted Barley Flour, Niacin, Reduced Iron, Thiamin, Mononitrate, Riboflavin, Folic Acid], Organic Sunflower Oil, Organic Whole Wheat Flour [Contains Organic Malted Barley Flour], Organic Cane Sugar, Organic Invert Sugar, Organic Isomalto-Oligosaccharides, Organic Whole Rolled Oats, Organic Agave Nectar, Organic Molasses, Vitamins And Minerals [Calcium Carbonate, Niacinamide, Vitamin A Palmitate, Reduced Iron, Zinc Oxide, Pyridoxine Hydrochloride, Thiamin, Hydrochloride, Folic Acid], Leavening [Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate], Organic Natural Flavor, Sodium Bicarbonate, Organic Guar Gum, Organic Honey, Organic Soy Lecithin, Salt, Xanthan Gum), Organic Blueberry Filling (Organic Glucose Syrup, Organic Cane Sugar, Organic Blueberry Puree, Organic Apple Puree, Pectin, Citric Acid, Organic Color [Organic Elderberry Juice Concentrate], Tricalcium Citrate, Potassium Carbonate, Natural Flavor).


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 **Your product is compliant!**

For future reference and report documentation, enter the brand, product name, and then print.

Brand:

Product:

 Print

Nutrition Facts

Competitive Snack

Whole Grain rich item

A whole grain is not the first ingredient, but the vendor has confirmed that the product is 51% or more whole grain by weight.

| | | | |
|------------------------|-----|----------------------------------|-----------------------------------|
| Serving Size | 37 | <input type="radio"/> | Ounces |
| | | <input checked="" type="radio"/> | Grams (Use grams where available) |
| Servings Per Container | 1 | | |
| Calories Per Serving | 140 | Calories from Fat | 31.5 |
| Total Fat (g) | 3.5 | | |
| Saturated Fat (g) | 0 | | |
| Trans Fat (g) | 0 | | |
| Sodium (mg) | 80 | | |
| Sugars (g) | 14 | | |

| | | |
|---|--------------------|-----------|
|  | Elementary School | Compliant |
|  | Middle/High School | Compliant |

| Elementary School | Middle/High School |
|-----------------------------------|-----------------------------------|
| ≤ 35% calories from fat. | ≤ 35% calories from fat. |
| < 10% calories from saturated fat | < 10% calories from saturated fat |
| ≤ 35% sugar by weight | ≤ 35% sugar by weight |
| < 0.5 grams trans fat per serving | < 0.5 grams trans fat per serving |
| ≤ 200 milligrams sodium | ≤ 200 milligrams sodium |
| ≤ 175 calories per item/container | ≤ 200 calories per item/container |