## Product Name: Nature Valley—Crunchy Oats 'N Honey Granola Bars

Manufacturer Code: 12935981 Availability: Target, Walmart, Costco Notes: Approved ONLY for Middle School Use



## **INGREDIENTS:**

Whole Grain Oats, Sugar, Canola Oil, Rice Flour, Honey, Salt, Brown Sugar Syrup, Baking Soda, Soy Lecithin, Natural Flavor.

ALLERGY INFORMATION:

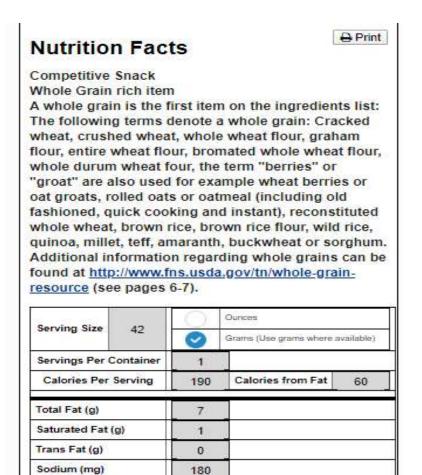
CONTAINS: SOY. MAY CONTAIN: ALMOND, PEANUT, PECAN

## Serving Size

NUTRITION INFORMATION

Serving Size	2 bars
Calories	190
Total Fat 7g	
Saturated Fat 1g	
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	7%
Potassium 0mg	0%
Carbohydrate 29g	
Dietary Fiber 2g	
Sugars 11g	
Protein 3g	
Iron	4%

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Sugars (g)

Elementary School	Middle/High School
≤ 35% calories from fat.	≤ 35% calories from fat.
< 10% calories from saturated fat	< 10% calories from saturated fat
≤ 35% sugar by weight	≤ 35% sugar by weight
< 0.5 grams trans fat per serving	< 0.5 grams trans fat per serving
≤ 200 milligrams sodium	≤ 200 milligrams sodium
≤ 175 calories per item/container	≤ 200 calories per item/container