

**Product Name:** Nature Valley Soft-Baked Cinnamon Brown Sugar Oatmeal Bars  
**Manufacturer Code:** 14535676  
**Availability:** Target, Walmart, Amazon

**Allergens & Warnings:**  
**CONTAINS WHEAT, EGG, MILK AND SOY; MAY CONTAIN PEANUT INGREDIENTS**



**Ingredients:** Whole Grain Oats, Whole Wheat Flour, Brown Sugar, Canola Oil, Tapioca Syrup, Sugar, Vegetable Glycerin, Molasses Flavored Coating (sugar, palm kernel oil, reduced minerals whey, skim milk, molasses, maltodextrin, palm oil, soy lecithin, natural flavor), Chicory Root Extract, Egg Yolk, Raisin Juice Concentrate, Water, Baking Soda, Gum Arabic, Egg White, Salt, Cinnamon, Natural Flavor.

## NUTRITION INFORMATION

Serving Size	1 square
Calories	150
Total Fat 5g	
Saturated Fat 1g	
Trans Fat 0g	
Cholesterol 20mg	
Sodium 130mg	
Potassium 0mg	
Carbohydrate 23g	
Dietary Fiber 2g	
Sugars 9g	
Protein 2g	
Iron	4%

**Product Name:** Nature Valley Soft-Baked Cinnamon Brown Sugar Oatmeal Bars  
**Manufacturer Code:** 14535676

 **Your product is compliant!**


For future reference and report documentation, enter the brand, product name, and then print.

Brand:

NATURE VALLEY

Product:

SOFT BAKE CINN BARS

 Print

## Nutrition Facts

Competitive Snack

Whole Grain rich item

A whole grain is not the first ingredient, but the vendor has confirmed that the product is 51% or more whole grain by weight.

Serving Size	35	<input type="radio"/>	Ounces
		<input checked="" type="radio"/>	Grams (Use grams where available)
Servings Per Container	1		
Calories Per Serving	150	Calories from Fat	50
Total Fat (g)	5		
Saturated Fat (g)	1		
Trans Fat (g)	0		
Sodium (mg)	130		
Sugars (g)	9		

	Elementary School	Compliant
	Middle/High School	Compliant

Elementary School	Middle/High School
≤ 35% calories from fat.	≤ 35% calories from fat.
< 10% calories from saturated fat	< 10% calories from saturated fat
≤ 35% sugar by weight	≤ 35% sugar by weight
< 0.5 grams trans fat per serving	< 0.5 grams trans fat per serving
≤ 200 milligrams sodium	≤ 200 milligrams sodium
≤ 175 calories per item/container	≤ 200 calories per item/container